

# GET INVOLVED: BUILDING A SOCIAL NETWORK

DR. BENJAMIN CHEUNG, LECTURER



THE UNIVERSITY OF BRITISH COLUMBIA  
Department of Psychology





What helps students connect  
with each other/build  
community?





**UBC**Psychology

## Workshop Overview

- Student Clubs
- Overview of events within Dept of Psych
- Tips on how to connect with other students

## **Student clubs**

- Psychology Student Association
- Psi Chi
- Undergraduate Journal of Psychology

# Psychology Students' Association of UBC





# Academic Events



Careers Night

Grad School Workshop

CV & LoR Workshops

Network with Profs

How to Get Into Research Labs

Mental Wellness Workshops

Psychology Undergrad Research Conference

# Social Events



Monthly Student Faculty Socials

Halloween Escape Room

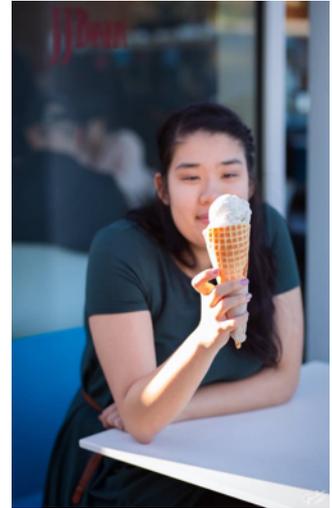
2000s Dance Party



Speed Caking

End of Year Gala

# Humans of UBC Psychology





# Find Us At

**Facebook** (PSA of UBC)

**Twitter** (@PSA\_UBC)

**Instagram** (@ubc.psa)

## Office Hours

Kenny Building, Room 2007

Hours to be posted soon!

<https://psa.psych.ubc.ca/>





# How to Join??

## Clubs Day

Day to actually sign up to be a member

Booth in the Nest

\$10 membership fee for the year

Access to most events, except ticketed events such as Gala and 2K Party

Members: discounted rates available for ticketed events



# UBC Chapter



## UBC Chapter

**458 members:** a community of undergraduate students, graduate students, and faculty

- Psychology, Cognitive Systems, and Integrated Sciences
- Undergrads are in the **top 35%** of students

Since 2011, we have given out **\$12,950** in undergraduate awards!



## 2017-2018 UBC Chapter Award Winners

**Samantha Wong**  
Suedfeld Scholar

**George Kachkovski**  
Distinguished Undergraduate Research Award (DURA)

**Vrinda Munjal**  
Eich Undergraduate Travel Award (EUTA)

A total of **\$1000** was awarded last year!



## Eligibility Requirements

- Visit [psichi.psych.ubc.ca](https://psichi.psych.ubc.ca) to examine your unique eligibility requirements!
  - Requirements differ depending on your program (e.g. BA Psychology)
- Not eligible until 2<sup>nd</sup> term of Year 2
- Cumulative *and* psychology GPAs must be in the top 35% of all UBC students (~75%)

***Fall membership applications open soon!***

**We wish you the best with your undergraduate years!**

**Contact:  
[psichi@psych.ubc.ca](mailto:psichi@psych.ubc.ca)**



## NETWORKING IN THE DEPARTMENT

- Dept annual events
  - Quinn Memorial Lecture
  - Colloquia
  - PsychFest



**Dr. Jeremy Biesanz**  
University of British Columbia

*What have we learned  
from new analytical models  
of interpersonal perception?*

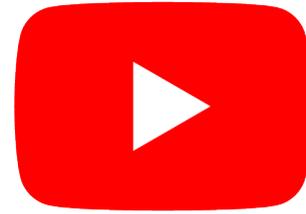


## NETWORKING IN THE DEPARTMENT

- Student Engagement Officer
  - Katherine Moore: Rm 2519, [katherine.moore@ubc.ca](mailto:katherine.moore@ubc.ca), 604-822-6733
  - Mental health workshops
  - Psychology themed movie nights
  - Feedback is always welcome!



NETWORKING IN THE DEPARTMENT



@UBCpsych

UBC Psychology



UBC Department of Psychology



# LiveSlides web content

To view

**Download the add-in.**

[liveslides.com/download](https://liveslides.com/download)

**Start the presentation.**



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# NETWORKING IN THE DEPARTMENT

- Stay informed!
  - UBC Psychology Event Bulletin
  - UBC Psychology Update
    - FYI: Website change Nov 1
  - TV Displays

The screenshot shows the UBC Psychology Department website. At the top, the UBC logo and the text "THE UNIVERSITY OF BRITISH COLUMBIA" and "Vancouver Campus" are visible. Below this is a blue navigation bar with the text "Department of Psychology" and a search icon. A secondary navigation bar contains links for "ARTS", "Undergraduate", "Graduate", "People", "Research", "Community", "Alumni", "Giving", and "Internal", along with an "APPLY NOW" button. The main content area is titled "Home / Community / Newsletter". On the left is a vertical menu with items: "News, stories and features", "Events", "Psi Blog", "Newsletter" (highlighted), "Equity and Inclusion", "Get Involved in Research", "UBC Psychology Clinic", "Annual Report", "UBC Psychology at 50", "1915-2015: A Century of Psychology at UBC", and "Related Links". The main content area features a "NEWSLETTER" section with a description of the newsletter's content and distribution schedule. Below this is an "ARCHIVED ISSUES" section listing various issues from 2015 to 2018. Further down are sections for "SUBSCRIBE", "EVENT BULLETIN", and "WHAT'S ON YOUR MIND?", each with a brief description and a link to sign up or submit content.

THE UNIVERSITY OF BRITISH COLUMBIA  
Vancouver Campus

Department of Psychology

ARTS Undergraduate Graduate People Research Community Alumni Giving Internal APPLY NOW

Home / Community / Newsletter

News, stories and features >  
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Related Links >

## NEWSLETTER

UBC Psychology's newsletter contains insightful stories, profiles, and articles about our community. Distributed in October, February and June to over 9,000 faculty, students, staff, alumni, and friends, the UBC Psychology Update keeps our community up-to-date on the latest department news and events.

### ARCHIVED ISSUES

UBC Psychology Update | June 2018 | Issue 1.9  
UBC Psychology Update | February 2018 | Issue 1.8  
UBC Psychology Update | October 2017 | Issue 1.7  
UBC Psychology Update | June 2017 | Issue 1.6  
UBC Psychology Update | February 2017 | Issue 1.5  
UBC Psychology Update | October 2016 | Issue 1.4  
UBC Psychology Update | June 2016 | Issue 1.3  
UBC Psychology Update | February 2016 | Issue 1.2  
UBC Psychology Update | October 2015 | Issue 1.1

### SUBSCRIBE

Want to receive the UBC Psychology Update in your inbox? **Subscribe now.**

### EVENT BULLETIN

UBC Psychology distributes an events newsletter each month. If you would like to receive our monthly event bulletin, **sign-up here.**

### WHAT'S ON YOUR MIND?

If you would like to share your thoughts and ideas for future stories, **submit your content.**

# NETWORKING IN THE DEPARTMENT

- Douglas T. Kenny building
  - Atrium(s)
  - Suedfeld Lounge
  - Office hours



# HOW TO CONNECT WITH OTHER STUDENTS

- In class







**UBC**Psychology



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