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Education

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| September 2017 – Present | University of British Columbia – Vancouver, British Columbia
Social Psychology M.A. |
| August 2013 – May 2017 | Indiana University – Bloomington, Indiana
Psychology B.S. Summa Cum Laude with Departmental Honors
3.94 GPA (3.93 Psychology)
- Minor in Animal Behavior
Thesis: Who's normally nice? Sex differences in donating and norm compliance |

Grants, Fellowships, and Scholarships

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- Faculty of Arts Graduate Fellowship Award (\$21,761.26) – University of British Columbia, September 2017
 - International Tuition Award (\$3,200) – University of British Columbia, September 2017
 - Faculty of Arts Graduate Award (\$995) – University of British Columbia, September 2017
 - Excellence in Research Award (\$100) – Indiana University, Spring 2017
 - Hutton Thesis Award (\$750) – Indiana University, Spring 2017
 - Academic Excellence Scholarship (\$4,500/semester) – Indiana University, Fall 2013 - Spring 2017
 - Australian Exchange Grant (\$1,500) – Indiana University, Spring 2015
 - Hutton International Experiences Program Grant (\$2,200) – Indiana University, Spring 2015
 - Hutton Summer Research Grant (\$1,350) – Indiana University, Summer 2016

Honors and Awards

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- Executive Dean's List – Indiana University, Fall 2013 - Spring 2017
 - Founder's Scholar – Indiana University, Spring 2016
 - Phi Beta Kappa Academic Honor Society – Indiana University, Spring 2016
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Publications

- Tracy, J. L., Steckler, C. M., **Heltzel, G.** (in press, *Journal of Personality and Social Psychology*). The Physiological basis of psychological disgust and moral judgments.
- Motz, B. A., Eyink, J. R., **Heltzel, G.**, Liddel, T. M. (under review). The role of “fit” in social norm interventions: The case of self-regulated studying behaviors. *Journal of Experimental Social Psychology*
- Eyink, J. E., Hirt, E. R., Crawford, J., Karpen, S., & **Heltzel, G.** (revised and submitted). Give me your best effort (or not): Sex differences in compliance with injunctive and descriptive norms. *Personality and Social Psychology Bulletin*
- Heltzel, G.**, Eyink, J. R., Hirt, E. R. (in prep) Who’s normally nice? Sex differences in donating and norm compliance.

Conference Presentations

- Heltzel, G., & Laurin, K. (2019, February). *Reactions to political perspective taking*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology. Portland, Oregon.
- Motz, B. A., Eyink, J.R., Heltzel, G., & Liddel, T. M. (2019, February). *The role of “fit” in social norm interventions: The case of self-regulated studying behaviors*. Poster to be presented at the Society for Teaching Psychology Preconference at the annual meeting of the Society for Personality and Social Psychology. Portland, Oregon.
- Laurin, K., **Heltzel, G.**, & Kreps, T. (February 2019). *Interpersonal dynamics of ideological conflict management*. Talk to be presented at the Society for Personality and Social Psychology. Portland, OR.
- Heltzel, G., & Tracy, J. (2018, May). *Cultural background and ideology influence pride and shame responses to morally relevant situations*. Poster presented at the annual meeting of the Association for Psychological Science. San Francisco, California.
- Heltzel, G., & Laurin, K. (2018, March). *Political perspective taking*. Poster presented at the Political Psychology Pre-Conference at the annual meeting of the Society for Personality and Social Psychology. Atlanta, Georgia.
- Heltzel, G., Eyink, J., Hirt, E. (2017). *Sex differences in compliance to altruistic norms*. Eighteenth annual meeting of the Society for Personality and Social Psychology, Jan 19-21, 2017. San Antonio, Texas.
- Heltzel, G., Eyink, J., Hirt, E. (2017). *Sex differences in compliance to altruistic norms*. Annual meeting of the Midwestern Psychological Association, April 20-22, 2017. Chicago, Illinois.

Professional Service

Social-Personality Psychology Workshop Coordinator, University of British Columbia Department of Psychology. September, 2018 – Present.

-Responsibilities include taking guest speakers to lunch, coordinating speaker schedule, introducing speakers, and managing other students’ catering responsibilities.

Teaching Experience

September 2017 – Present

Graduate Teaching Assistant, Department of Psychology
University of British Columbia (Vancouver, British Columbia)

Last update: November 16, 2018

- TA for Dr. Steve Heine's Cultural Psychology course.
- TA for Dr. Alan Kingstone's History of Psychology course.
- TA for Dr. David King's Personality Psychology course

March 2016 – May 2017

Tutor, Department of Brain and Psychological Sciences
Indiana University (Bloomington, Indiana)

August 2015 – December 2016

Undergraduate Teaching Assistant, Department of Brain and Psychological Sciences
Indiana University (Bloomington, Indiana)

-TA for IU's first online *Introductory Psychology I* course. Developed a report on course evaluations to improve course efficiency and student satisfaction.

-TA for Dr. Anita Kim's *Laboratory in Social Psychology* course. Helped students with SPSS, graded APA style academic papers. Gave guest lecture on Obedience and Conformity.

Mentoring Experience

Undergraduate thesis advisor, University of British Columbia

- Mentored 1 undergraduate student in conducting an Honors thesis

Research Interests

Moral psychology; emotion; cultural, religious, and political psychology; evolutionary psychology; psychology of the self