



# INTRODUCTORY PSYCHOLOGY

## Psychology 100: Section 001 9:00am – 10:00am, MWF (IKB 182)

**COURSE WEB SITE:** [www.vista.ubc.ca](http://www.vista.ubc.ca)

On this site, you will find lecture notes, review questions, exam grades, updated course outline & handouts. Please visit this site regularly for the duration of the course.

**ACCESS:** Use your CWL to login into “[www.vista.ubc.ca](http://www.vista.ubc.ca)”. Click the link “*PSYC 100 - 001 - Introductory Psychology - 2012W - Wehr*”.

### COURSE DESCRIPTION

This course will introduce you to all major areas of psychology. A broad range of psychological theories, issues, concepts, and research will be presented to familiarize students with the scientific study of behaviour. Students will also be encouraged to think critically about how concepts and theories are developed and researched in the behavioural sciences.

**Term 1** covers fundamental aspects of behaviour including the biological roots of behaviour, and the processes of sensation, perception, consciousness, learning, and memory. In **Term 2**, more applied psychological processes will be introduced such as the nature of language and thought, the constituents of intelligence, motivation and emotion, human development, personality, the effects of stress, and the origins and treatment of psychological disorders.

	INSTRUCTOR	TEACHING ASSISTANTS	
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<b>Office Hours</b>	Wednesdays, 12:00pm – 2:00pm (or by appointment)	Thursdays, 1pm – 2pm (or by appointment)	Mondays, 1:30pm – 2:30pm (or by appointment)

**Note:** Every attempt is made to respond to emails within 24 hours, or by the end of Monday if received on the weekend.

### TEXTBOOK

**REQUIRED:** Weiten, W. & McCann, D. (2013). *Psychology: Themes & Variations. Third Canadian Edition.* Nelson.

**OPTIONAL:** Additional learning aids, such as the Study Guide & Concept Charts are also available. These resources might be useful in directing your attention to important content and for enhancing retention of textbook material. They should not, however, comprise the entirety of your preparation for examinations! Attending class and focusing on lecture material is absolutely essential.

## ASSESSMENT

<i>TERM 1</i>			<i>TERM 2</i>		
<i>Exam</i>	<i>Date</i>	<i>Percentage</i>	<i>Exam</i>	<i>Date</i>	<i>Percentage</i>
Midterm 1	Oct 5	10%	Midterm 3	Feb 1	10%
Midterm 2	Nov 14	10%	Midterm 4	Mar 18	10%
Article Report	Oct 26	10%	Group Project	Mar 1	10%
Final 1		19%	Final 2		19%
			Research Participation		2%

### EXAMS:

Exams will cover all material in the assigned chapters and all lecture material. This includes material covered in the classes that do not appear in the text and material in the text that is not covered in class. You should focus, however, on material that overlaps both the textbook and the lectures. **Midterm exams** will consist of 21 multiple-choice questions and 3 short-answer questions. **Final exams** will consist of 52 multiple-choice questions and 6 short-answer questions; finals will cover ALL content covered during the term. The exact dates of final exams will be announced once the university publishes the final exam schedule.

The Registrar's Office could schedule the end of term exams for any time during the examination periods. **Students are responsible for ensuring that they are available throughout that period.** Bring picture I.D. (student card) to all examinations.

**Make-up Exams:** If a midterm or final exam is missed for a legitimate reason (e.g., severe illness or prison), and a doctor's note or other official verification is provided, a make-up exam will be permitted. Contact the instructor as soon as possible in the event of a missed exam (beforehand if possible).

### ARTICLE REPORT:

A psychological research article will be assigned for students to read and summarize during term 1. Each student will write a short article report (3 double spaced pages max) summarizing and critiquing the article. Guidelines for the article report will be distributed later in the semester.

Feel free to work in groups when *discussing* the article report, but the paper must be written *independently!* Submitting the same paper as another student is prohibited. Copying from other students is prohibited. Allowing others to copy from you is also prohibited.

### GROUP PROJECT:

During term 2, students (working in teams of 2 or 3) will conduct their own psychological experiment on an assigned topic. The instructor will distribute project guidelines at the beginning of the second semester describing the project in more detail. In essence, the students will be responsible for designing and conducting the experiment and submitting a report. Students will submit ONE report per group.

## RESEARCH PARTICIPATION (2%)

Many of the studies that you will learn about in this course were carried out at universities just like ours! As part of this course, you will be asked to complete a research experience component (REC) as a way of introducing you to cutting edge research in psychology. This REC will be worth 2% of your grade in the class and you are free to choose one of two options:

### EXPERIMENTAL PARTICIPATION:

Most students will choose to earn their research experience component by spending **four hours participating in psychology studies (worth .5% point for each hour)** through the Department of Psychology's Human Subject Pool (HSP). You can locate, create an account, and sign up for studies by going to <https://hsp.psych.ubc.ca>. **Please register in the system by the end of the first month of classes to have the opportunity to earn your first ½ hour credit by completing a brief online survey that will increase your eligibility for studies.**

Once registered in the system, you will be able to select the studies you wish to participate in, sign up for an available timeslot, and confirm your accumulated credits afterward. At the end of the last day of class in April, the subject pool will be closed. At that point, you will no longer be able to receive credits. It is strongly encouraged that you to participate in and confirm your credits long *before* the last week of class. It is preferable that you complete half in term 1 and half in term 2 but that's not necessary. Further instruction on how to use the HSP online system can be found at <http://www.psych.ubc.ca/resguide.psy> in the document entitled "Subject Pool Information for Participants."

### LIBRARY ALTERNATIVE:

As an alternative to participating in the Subject Pool, you can instead choose to complete four library research projects (worth .5% each). For this assignment, you will read and summarize four research articles. You must select a research article (not a letter to the editor, commentary, or review paper) published between 2000-present in the journal *Psychological Science* – one of the disciplines' leading journals. Each summary should be about 500 words long and should describe the purpose, method and results of the study *in your own words*. Please see the "Subject Pool Information for Participants" document found at <http://www.psych.ubc.ca/resguide.psy> for further instructions. **If you choose the library option, you must, a) submit your summaries and a copy of the articles no later than 10 days before the end of classes, and b) submit each summary to turnitin.com.** If you don't have a turnitin account already (from a previous course), you will need to create a user account. For the library assignment the class ID is 2828541, password is *library*. See [www.turnitin.com](http://www.turnitin.com), and click on the "Training" link at the top of the page for detailed instructions on how to submit papers to Turnitin. **Any student who is suspected of plagiarism will, at a minimum, not be granted credit, and their course instructor will be notified. Further action might be taken at a departmental or university level.**

### EXTRA CREDIT (OPTIONAL)

You may earn up to **3% extra credit** that will be added to your final grade. These extra credit points can be earned by doing up to six additional hours of study participation in the HSP (or summarizing another six additional journal articles for the library option) as described above in the research experience component of the course.

## WITHDRAWAL DATES

If you wish to withdraw from this course without any record of the course on your transcript, you must do so on or before **September 21<sup>ST</sup>, 2012**. If you wish to withdraw with a "W" on your transcript, you must do so on or before **November 23<sup>RD</sup>, 2012**.

## GRADING & ATTENDANCE

### GRADING:

The marks for each exam will be posted on the course web site under "Grades". Students who wish to inspect their exams may do so by visiting the teaching assistant during office hours or by appointment.

All faculties, departments and schools at UBC reserve the right to scale grades in order to maintain equity among sections and conformity to university, faculty, department or school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty or department. Grades are not official until they appear on a student's academic record. With regard to this grading practice, 1<sup>st</sup> and 2<sup>nd</sup> year courses in Psychology are obliged to achieve a grade average at the end of the course of between 63 - 67%. Therefore, although this seldom occurs, grades may be scaled to meet this requirement.

### ATTENDANCE:

In this course, material that is taught in class may be different from or supplement the text material. It is, therefore, essential that you attend classes and it is strongly recommended to read ahead in the text. If, however, you do have to miss a class you are responsible for getting class notes from another student. If an exam is missed, a medical note from a physician (or verification of another valid excuse) is required in order to avoid receiving a zero for that exam. Make-up exams will only be provided for students with valid absences. Please submit your documentation to the instructor as soon as possible. Refer to the UBC Calendar for details of 'academic concession'.

The University accommodates students with disabilities who have registered with the Disability Resource Centre. The University also accommodates students whose religious obligations conflict with attendance or scheduled tests or exams. Please let the instructor know in advance if you will require any accommodation on these grounds. Other absences for varsity athletics, family obligations or other similar commitments are not part of University policy and students should not assume that they would be accommodated. If you have a pressing issue that conflicts with an exam, you should discuss this with your instructor as soon as possible.

## PSYCHOLOGY DEPARTMENT'S POSITION ON ACADEMIC MISCONDUCT

Cheating, plagiarism, and other forms of academic misconduct are very serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. In the first place, the Department has implemented software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students' responses. In addition, the Department subscribes to *TurnItIn*--a service designed to detect and deter plagiarism. All materials (term papers, lab reports, etc.) that students submit for grading will be scanned and compared to over 4.5 billion pages of content located on the Internet or in TurnItIn's own proprietary databases. The results of these comparisons are compiled into customized "Originality Reports" containing several, sensitive measures of plagiarism; instructors receive copies of these reports for every student in their class.

In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript.

All graded work in this course, unless otherwise specified, is to be original work done independently by individuals. If you have any questions as to whether or not what you are doing is even a borderline case of academic misconduct, please consult your instructor. For details on pertinent University policies and procedures, please see Chapter 5 in the UBC Calendar (<http://students.ubc.ca/calendar>) and read the University's Policy 69 (available at <http://www.universitycounsel.ubc.ca/policies/policy69.html>).

## RECOMMENDATIONS FOR INCOMING STUDENTS

1. Taking notes is extremely important for understanding and organizing the material. You should be taking notes in class and it is recommended that you rewrite your notes following class; revisiting the material on a weekly basis may seem like more work now, but this time is saved later when preparing yourself for examinations!
2. Although, there is usually considerable overlap, some material covered in the text is not discussed in class, and some material covered in class does not appear in the text; thus, it is important to both read the textbook and attend class. In order to prepare for the day's lesson, and to prevent falling behind on reading assignments, it is strongly recommended to read the text material *before* attending class.
3. Find a study partner. Missing a lecture here or there can mean the difference in a letter grade. Study partners can share notes, and can help highlight problem content.
4. Don't hesitate to approach your instructor for help. By far, the most important and least utilized resource available to students is the course instructor. Use office hours and time before & after class to talk to your instructor in order to clarify content. Come prepared with questions or thoughts written down.

## TERM 1 SCHEDULE

<b>WEEK (DATES)</b>	<b>CLASS TOPIC</b>	<b>ASSIGNED READING</b>
Week 1 (Sept 05 – 07)	Course Outline & Recommendations for first year students	Chapter 1
Week 2 (Sept 10 – 14)	<b>EVOLUTION OF PSYCHOLOGY</b> Topics, History & Trends	Chapter 2
Week 3 (Sept 17 – 21)	<b>RESEARCH ENTERPRISE</b> Scientific Methods & Statistics	Appendix B
Week 4 (Sept 24 – 28)	<b>BIOLOGICAL BASIS OF BEHAVIOUR</b> The Nervous System and the Brain	Chapter 3
Week 5 (Oct 01 – 05)	Evolution & Heredity Oct 05: <b>EXAM 1</b>	Journal Article
Week 6 (Oct 08 – 12)	<b>SENSATION &amp; PERCEPTION</b> Vision <b>Oct 8th – Thanksgiving – UBC Closed</b>	Chapter 4
Week 7 (Oct 15 – 19)	Audition, Olfaction, Gustation	
Week 8 (Oct 22 – 26)	<b>VARIATIONS IN CONSCIOUSNESS</b> Levels of Awareness & Alternate States <b>Oct 26 – Article Summary Report Due</b>	Chapter 5
Week 9 (Oct 29 – Nov 02)	<b>LEARNING PROCESSES</b> Classical & Operant conditioning	Chapter 6
Week 10 (Nov 05 – 09)	Observational Learning	
Week 11 (Nov 12 – 16)	<b>HUMAN MEMORY</b> The structure of memory <b>Nov 12th – Remembrance Day – UBC Closed</b> Nov 14: <b>EXAM 2</b>	Chapter 7
Week 12 (Nov 19 – 23)	<b>LANGUAGE &amp; THOUGHT</b> Language	Chapter 8
Week 13 (Nov 26 – 30)	Problem Solving & Decision Making	
	<b>Final Examination Period: December 5 – 19, 2012</b>	

*Note:* Occasionally it will be necessary for a topic to be extended into a prior or subsequent week.

## TERM 2 SCHEDULE

<b>WEEK (DATES)</b>	<b>CLASS TOPIC</b>	<b>ASSIGNED READING</b>
Week 1 (Jan 02 – 04)	<b>INTELLIGENCE &amp; PSYCHOLOGICAL TESTING</b> Assessing Intelligence	Chapter 9
Week 2 (Jan 07 – 11)	<b>MOTIVATION &amp; EMOTION</b> Motivation	Chapter 10
Week 3 (Jan 14 – 18)	Emotion	
Week 4 (Jan 21 – 25)	<b>HUMAN DEVELOPMENT</b> Childhood	Chapter 11
Week 5 (Jan 28 – Feb 01)	Adolescence & Adulthood Feb 01: <b>EXAM 3</b>	
Week 6 (Feb 04 – 08)	<b>PERSONALITY</b> Personality Assessment	Chapter 12
Week 7 (Feb 11 – 15)	Theory & Research <b>Feb 11<sup>th</sup> – Family Day – UBC Closed</b>	
Week 8 (Feb 18 – 22)	<b>Reading Week – no classes</b>	
Week 9 (Feb 25 – Mar 01)	<b>STRESS &amp; COPING</b> Mar 01 – <b>Group Projects Due</b>	Chapter 13
Week 10 (Mar 04 – 08)	<b>PSYCHOLOGICAL DISORDERS</b> Mood & Anxiety Disorders	Chapter 14
Week 11 (Mar 11 – 15)	schizophrenia & personality disorders	
Week 12 (Mar 18 – 22)	<b>PSYCHOLOGICAL TREATMENT</b> Insight, Behavioural, Medical Therapies Mar 18: <b>EXAM 4</b>	Chapter 15
Week 13 (Mar 25 – 29)	<b>SOCIAL PSYCHOLOGY</b> Attributions & Attitudes <b>Mar 29<sup>th</sup> – Good Friday – UBC Closed</b>	Chapter 16
Week 14 (Apr 01 – 05)	Group Behaviour, Obedience & Conformity <b>Apr 1<sup>st</sup> - Easter Monday – UBC Closed</b>	
	<b>Final Examination Period: April 11 – April 25, 2011</b>	

*Note:* Occasionally it will be necessary for a topic to be extended into a prior or subsequent week..

