

**PSYCHOLOGY 102**  
**INTRODUCTION TO PSYCHOLOGY**  
**PEOPLE IN PERSPECTIVE**  
**TERM 2 2013**

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	<b>Professor:</b>	<b>TA:</b>	<b>TA:</b>
	<b>TONI SCHMADER, PH.D.</b>	<b>SAM RUMAK</b>	<b>MEIGHEN ROES</b>
Office:	Kenny Building 3533	Kenny 1910	Kenny 1910
Office hours:	Mon 11:00 – 12:00 pm	Tues 11:00 – 12:00 pm	Wed 11:30-12:30 pm

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**CONTACT INFO:**

FOR FREQUENTLY ASKED QUESTIONS	CONSULT THE FAQ SHEET ON THE VISTA WEBSITE	
FOR COURSE AND EXAM RELATED QUESTIONS:	EMAIL SAM:	s.rumak@psych.ubc.ca
FOR QUESTIONS ABOUT ACTIVITY ASSIGNMENTS:	EMAIL MEIGHAN:	m.roes@psych.ubc.ca
FOR GENERAL QUESTIONS ABOUT PSYCHOLOGY:	EMAIL DR. SCHMADER:	tschmader@psych.ubc.ca

\*\*Emails should be written in a profession and courteous manner. We will strive to respond to your questions within 48 hours during the business week.

**CLASS MEETINGS:** (DEPENDING ON YOUR SECTION NUMBER)  
PSYC 102-002: M, W, F: 9 – 10 a.m., CIRS 1250  
PSYC 102-003: M, W, F: 10 - 11 a.m., CIRS 1250

**CLASS WEBSITE:** ACCESS AT [www.vista.ubc.ca](http://www.vista.ubc.ca). Check the website for announcements, lecture slides, and grades.

**TEXTBOOK:** Myers *Psychology* (10<sup>th</sup> Edition: ISBN 1429261781)  
Use other editions of Myers at your own risk!!!!

**COURSE GOALS & FORMAT:**

Do you like to people watch? Are you constantly wondering why people do the things they do? Are you curious about what babies know? Or how people with mental illness get better? Or the best way to cope with stress? Do you care that the answers to these questions are grounded in scientific evidence attained from careful observation or experimentation rather than people's armchair, self-help sound bites? Then psychology is the field for you!

Psychology is the scientific study of behavior. Humans behavior and experience is rooted in physiological mechanisms, but our ability to engage in conscious and abstract thought makes us complex subjects of study. To understand that complexity, psychologists devise clever techniques and sophisticated theories to isolate patterns of thought and behavior that can be predicted and explained by a combination of biology, the cultural environment, and immediate social context.

The primary goal of this course is to give you a broad survey of several subareas of psychology. While Psych 101 covers the more biological, perceptual, and cognitive aspects of human psychology, in Psych 102 we will cover the developmental, social, and clinical aspects of the discipline. This coverage will focus on classic theories and research to give you a solid foundation for future specialty courses on these topics. However, as psychology is a science, the current knowledge base is always growing and

expanding. That's what makes it exciting! So we will also learn about some recent trends and cutting edge findings in the field.

The course will follow a lecture format, but I will expect you to ask questions and engage in discussions about the material we will cover. **Lectures are designed to clarify as well as extend the text, therefore, lectures will cover material that is not in your text. Furthermore, there will be plenty of information in the text that we won't have time to cover in class.** This means that to be successful in this course you must carefully read the text *and* consistently attend every lecture.

### **Lecture Slides:**

Because I make changes to my lecture slides right up until the time the class meets, slides will not be available before class time. However, they will be posted to the course website in PDF format by the following class meeting so that you can print them out to help you review your notes in preparation for your exams. These slides merely provide an outline for the course material, and there will be details presented in class that will not be on the slides. **They do not substitute for taking notes.**

### **GRADING POLICY:**

Exam I (covering chapters Prologue, 1, 5, 10)	25%.
Exam II (covering chapters 11, 12)	25%
Final Exam (covering chapters 13, 14, 15, 16)	40%
Activity Assignment	8%
Research Experience Component	2%

Anticipated grade distribution:

- A ~ 80 – 100%.**
- B ~ 68 – 79%**
- C ~ 55 – 67%**
- D ~ 50 – 54%**
- F ~ < 50%**

Faculties, departments and schools reserve the right to scale grades in order to maintain equity among sections and conformity to university, faculty and department or school norms. Thus, please note that the unofficial grades you will receive from me – the instructor – might be changed by the faculty, department or school. Grades are not official until they appear on the student's academic record. If necessary, the grades from this course will be scaled (curved) to obtain an average between 65 and 67%, with an SD of 14%.

### **Policy on Make-up Exams:**

You *must* take exams on the date and time they are scheduled. Make-up exams will not be allowed for trips out of town or sleeping late. The only case in which a make-up exam will be given is if a student is ill on the date of the exam. If this occurs, you must (a) inform me that you will be unable to take the scheduled exam *prior* to the exam time and (b) obtain a written excuse from a physician. Make-up exams must be completed within one week of the scheduled exam.

### **Format of Exams**

Exams will be multiple choice. You will be tested on topics covered both in the lecture and in the text. **Please note you will be tested on material from the book that we do not cover in lecture.** The text is very readable and complements the material we will discuss. I think you will enjoy the reading.

### **Activity Assignment:**

You will be required to complete **one activity assignment** during the course (out of 3 total opportunities). Please note that extra assignments will not earn you extra credit, you can only do one. These assignments are designed to help you think more deeply about some of the topics we discuss in this course in a fun, insightful, and interactive way. You must be in attendance when the assignment is announced so that you know what the assignment is. These assignments will involve time and effort on your part outside of class and will include a writing component and a peer review component. Each assignment will include several steps:

- An interactive component that requires some activity or involvement on your part
- An initial written summary that addresses several questions that are provided on a worksheet that will be uploaded to Vista. This initial summary will be peer reviewed by other students in the class
- You will peer review 4 summaries written by other students in the class
- Revision of your initial summary expanded to answer new questions that are provided.
- This final paper uploaded on **turnitin.com** will be graded by the TA's.

Your activity assignment will be graded on an 8 pt scale that factors in each of the above components. In other words, highest marks will be given to students who not only complete all aspects of the assignment, but who give excellent initial summaries as judged by peers in the class and provide very useful critical feedback to peers themselves (worth 3 pts), and whose final paper is evaluated by the TA's to be of exemplary quality compared to others in the class (worth 5 pts).

**Peerscholar.** Each activity assignment will have its own information sheet which will be announced and posted on the vista website. Written work will be submitted to the peerscholar system at [www.peerscholar.ca](http://www.peerscholar.ca). To access this system, you will need to determine your username and password as follows:

Peerscholar username: Your last name + last two digits of your student number [e.g., schmader34]

Peerscholar password: Your 8 digit student number [22687334]

### **Honour Code**

Written work **must be** the result of your independent work. Evidence of cheating or plagiarism (from a published or online source or from another student) will result in an immediate zero in the class and notification to University authorities. Please familiarize yourself with the definition of plagiarism and the penalties at UBC:

**<http://www.arts1.arts.ubc.ca/arts-one-program/ubc-plagiarism-policy.html>**

**<http://vpacademic.ubc.ca/integrity/ubc-regulation-on-plagiarism/>**

### **Research Experience Component (REC) – 2%**

Psychology is an active and exciting scientific discipline. Many of the studies that you will learn about in this course were carried out at universities just like ours! As part of this course, you will be asked to complete a research experience component (REC) as way of introducing you, in a more hands on and interactive way, to cutting edge research in psychology. This REC will be worth 2% of your grade in the class and you are free to choose one of two options:

#### **Participate in the Psychology Department Human Subjects Pool**

Most students will choose to earn their research experience component by spending **two hours participating in psychology studies (worth 1% point for each hour)** through the Department of Psychology's Human Subject Pool (HSP) system. You can locate, create an account, and sign up for studies by going to <https://hsp.psych.ubc.ca>. **Please register in the system by the end of the first month of classes to have the opportunity to earn your first ½ hour credit with a brief online survey that will increase your eligibility for more studies.**

Once registered in the system, you will be able to browse through and select which studies you wish to participate in, sign up for an available timeslot, and confirm your accumulated credits afterward. At the end of the last day of class for the term, the subject pool is closed. At that point, you will no longer be able to receive credits. I strongly urge you to participate in and confirm your credits long *before* the last week of class. Further instruction on how to use the HSP online system can be found at <http://www.psych.ubc.ca/resguide.psy> in the document entitled "Subject Pool Information for Participants."

#### **Alternative assignment: Library writing projects**

As an alternative to participating in the Subject Pool, you can instead choose to complete two library writing projects (worth 1% point each). For this assignment, you will read and summarize two research articles. You must select a research article (not a letter to the editor, commentary, or review paper) published between 2000-present in the journal *Psychological Science* – one of the disciplines' leading journals. Each summary should be about 500 words and should describe the purpose, method and results of the study *in your own words*. Please see the "Subject Pool Information for Participants" document found at <http://www.psych.ubc.ca/resguide.psy> for further instructions. **If you choose the library option, you must, a) submit your summaries and a copy of the articles no later than 10 days before the end of classes, and b) submit each summary to turnitin.com.** If you don't have a turnitin account already (from a previous course), you will need to create a user account in Turnitin. For the library assignment the class ID is 2828541, password is *library*. See [www.turnitin.com](http://www.turnitin.com), and click on the "Training" link at the top of the page for detailed instructions on how to submit papers to Turnitin. **Any student who is suspected of plagiarism will, at a minimum, not be granted credit, and their course instructor will be notified. Further action may be taken at a departmental or university level.**

#### **Extra credit (optional)**

You may earn up to **3% extra credit** that will be added to your final grade. These extra credit points can be earned by doing up to three additional hours of study participation in the HSP (or summarizing another three additional journal articles for the library option) as described above as the research experience component of the course.

### **Top 10 Tips for Doing Well in this Class**

- 1) Come to every class period.
- 2) Take good notes on what I say.
- 3) Read the corresponding chapters prior to each lecture topic.
- 4) Start studying for exams one week ahead of time.
- 5) Study information from the text that was not covered in class
- 6) Do self-tests available in the study guide packaged with your textbook
- 7) Go to a TA's office hours after the midterm to go over your test.
- 8) Find a study partner that you can review information with.
- 9) Participate during class; ask questions if you want something clarified.
- 10) Have fun with the material. Try to relate information to things you observe.

### **Class Etiquette**

Because this class is large, I will need your help to limit the number of distractions during class. Please follow these simple rules and if another student in the class is causing a disruption, please bring it to my attention.

- Absolutely no talking or whispering during class.
- Turn off your cell phone. If you need to have a cell phone with you to be contacted in case of an emergency, please let me know before class and set the phone to vibrate.
- Please arrive to class on time and wait until class has ended to leave. If you know that you will need to arrive late to class or leave early please inform me or a TA ahead of time.
- No eating or sleeping during class
- You are welcome to take notes on a laptop but should not use time during class to surf the web. If this occurs, the entire class will lose the privilege of using laptops during lectures.

**PSYCHOLOGY 102**  
**CLASS SCHEDULE**

<b>DATE</b>	<b>LECTURE TOPIC</b>	<b>ASSIGNED READING</b>
JAN 2	INTRODUCTION TO THE COURSE	PROLOGUE
JAN 4, 7, 9	RESEARCH METHODS	CH 1
JAN 11, 14, 16, 18	DEVELOPMENT	CH 5
JAN 21, 23, 25	INTELLIGENCE	CH 10
<b>JAN 28</b>	<b>EXAM I (25%)</b>	
JAN 30, FEB 1, 4	MOTIVATION	CH 11
FEB 6, 8, 13	EMOTION	CH 12 P 458-486
FEB 15, 25, 27	STRESS AND HEALTH	CH 12 P 486—509
<b>MAR 1</b>	<b>EXAM II (25%)</b>	
MAR 4, 6, 8	PERSONALITY	CH 13
MAR 11, 13, 15	SOCIAL PSYCHOLOGY	CH 14
MAR 18, 20, 22, 25	PSYCHOLOGICAL DISORDERS	CH 15
MAR 27, 3, 5	TREATMENT	CH 16
<b>TBA</b>	<b>FINAL EXAM (40%)</b>	

Class does not meet for the following holidays:

- Feb 11 - Family Day
- Feb 18, 20, 22 –Reading Week
- Mar 29, Apr 1 – Easter Weekend