# PSYCHOLOGY 102

Section 4 (CIRS 1250): MWF 12 pm

Section 5 (CIRS 1250): MWF 2 pm

Instructor: Dr. Del Paulhus

## **Instructor information**:

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Office Hours: Thursday 3-4 pm

TA information		
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Office hour: Wednesday 3-4	Office hour: Monday 3-4	

#### **Course web site:**

http://www.psych.ubc.ca/~dpaulhus/teaching/jan\_2013/

#### READINGS

**Required:** Lindsay, D.S., Paulhus, D.L., & Nairne, J. (2003). *Psychology: the Adaptive Mind (3rd Canadian edition)*. Chapters 9-16.

<u>Optional:</u> There are also additional learning aids (e.g., study guide; PsychLink CD-ROM) which are optional but can be useful in directing your attention to material you should know.

#### **COURSE MATERIAL**

Psychology is the scientific study of behavior and the aim of this course is to introduce you to all major areas of this very complex topic. A broad range of psychological theories and research will be introduced that explain behavior at many different levels from the biological to the social.

Those of you who took Psychology 101 covered fundamental aspects of behavior, examining the evolutionary and biological roots of behavior, and the processes of sensation, perception, learning, memory, and consciousness.

In Psychology 102, we investigate more complex psychological processes and issues such as the nature of motivation and emotion, defining and measuring intelligence, personality, the effects of stress, the origins and treatment of psychological disorders, and social influences on behavior.

This material will be presented in lectures, films, demonstrations and text material. There will be topics covered in the classes that are not in the text and topics in the text that are not covered in class. You will be responsible for both in examinations. Lecture headings will be posted early morning before the lecture. However, there may be corrections up to 5 pm on the day of the lecture.

#### **COURSE EVALUATION & EXAMS**

At the end of the course, your two exams will be averaged and your extra credit points will be added. The contribution of the exams will be weighted by the number of chapters covered (i.e., 3 vs. 5). You are also required to do two writing exercises in class.

#### **EXAMINATIONS**

Each exam will cover only reading and lecture material since the last exam: So, the midterm exam covers everything from the beginning of January. The final exam covers everything after the midterm exam.

**Midterm Exam** will consist of 50 multiple choice questions. It will cover material since the beginning of the Term.

**Final Exam** may contain both multiple choice and short answer questions. The content will only include textbook and lecture material covered since the midterm.

**Make-up Exam**: If you have a doctor's note (with phone number), you may be able to do a make-up exam. It has to be done as soon as possible after the original exam date. It will likely consist of essay questions rather than multiple-choice.

<u>Note 1</u>: The Registrar's Office schedules the final exams any time during April. You must ensure that you are available throughout that period.

<u>Note 2</u>: DON'T MISS THE MIDTERM EXAM. It will take place on February 15. If you cannot attend (e.g., sports team, early vacation), then do not take this course.

#### **EXAM MARKS**

The marks for each exam will be posted on the course web site. Although grades are not usually scaled up or down in this course, I reserve the right to do so. Students who wish to inspect their exams may do so by visiting the teaching assistant during office hours.

#### **ATTENDANCE**

The material taught in class will go beyond the textbook material. The class material assumes that you have been keeping up in the text. If you have to miss a class, you are responsible for getting class notes from another student. If an exam or test is missed, a medical note from a physician is required in order to avoid receiving a zero for that assignment. Please hand the note in to the instructor as soon as you return to school. Refer to the UBC Calendar for a more detailed discussion of medical problems.

#### **CLASSROOM BEHAVIOR**

If you disrupt the class by excessive chatting or other disruptions, you will be asked to leave. Such behavior distracts the other students and me, the instructor. Turn your cell phone off <u>before</u> class starts.

## **ACADEMIC DISHONESTY**

Academic dishonesty will not be tolerated and a report will be passed on to the Dean of your faculty. In past years this has led to penalties ranging from receiving a grade of zero for the whole course to being expelled from the university. Please read the UBC Calendar ("Student Discipline") for the University's policies on cheating and plagiarism. This policy will be enforced. Please do not risk your academic career. You should bring picture I.D. (e.g., student card) to all examinations.

# **EXTRA CREDITS**

You can gain extra credit for this course (maximum 3% for the entire course) by participation in accredited psychological experiments or by completing a library project. Details are on this link: <u>REC.credits</u>.

# **COURSE SCHEDULE (approximate)**

Week	Topic	Readings
JAN 2-4	Overview and methods	Appendix A
JAN 7-11	PERSONALITY	Ch 12
JAN 14-18	PERSONALITY - continued	
JAN 21-25	INTELLIGENCE:	Ch 9
JAN 28-FEB 1	INTELLIGENCE - continued	
FEB 4-8	DEVELOPMENTAL	Ch 10
FEB 11-15	DEVELOPMENTAL - continued	
	** MIDTERM EXAM ** February 15	
FEB 18-22	READING BREAK	
FEB 25-MAR 1	MOTIVATION & EMOTION	Ch. 11
MAR 4-8	SOCIAL PSYCHOLOGY -social cognition	Ch 13
MAR 11-15	SOCIAL PSYCHOLOGY -relationships	
MAR 18-22	PSYCHOLOGICAL DISORDERS	Ch 14
MAR 25-29	THERAPIES	Ch 15
APR 3-5	STRESS & HEALTH	Ch 16

Other holidays: Feb 11; March 29; April 1.

<sup>\*\*</sup> FINAL EXAM \*\* DATE TO BE ANNOUNCED LATER