Instructor: Dr. Gillian Watson
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Teaching Assistant: Lindsey Thomas
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Office Hours: Wednesday 1:00-2:00 pm

READINGS
Required:

Optional:
There are also additional learning aids (e.g., study guide) which are optional but can be useful in directing your attention to material you should know.

COURSE MATERIAL

Psychology is the scientific study of behaviour and the aim of this course is to introduce you to all major areas of this very complex topic. A broad range of psychological theories and research will be introduced that explain behaviour from many different perspectives including internal biological, cognitive and emotional processes, and external environmental and social influences.

Term 1 covers mostly basic aspects of behaviour including biology, learning, memory and motivation. In Term 2 we investigate more complex psychological issues such as the nature of intelligence, the effects of stress, psychological disorders and social relationships.

This material will be presented in lectures, films, demonstrations and text material. There will be topics covered in the classes that are not in the text and topics in the text that are not covered in class. You will be responsible for both in examinations.

COURSE EVALUATION & EXAMS
<table>
<thead>
<tr>
<th>Term 1</th>
<th>Weight</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Revision Tests</td>
<td>5%</td>
<td>Mondays Sept. 24 &amp; Nov. 5, 2001</td>
</tr>
<tr>
<td>Midterm - Exam #1</td>
<td>20%</td>
<td>Monday, 15 October, 2001</td>
</tr>
<tr>
<td>End of Term - Exam #2</td>
<td>25%</td>
<td>Between 4-20 December, 2001</td>
</tr>
</tbody>
</table>

**Term 2**

| 2 Revision Tests                         | 5%     | Mondays Jan. 28 & Mar. 18, 2002 |
| Midterm - Exam #3                        | 20%    | Friday, 15 February, 2002       |
| End of Term - Exam #4                    | 25%    | Between 9-25 April, 2002        |

**REVISION TESTS** The four revision tests are intended to help you keep up with course material by providing a small test (worth 2.5% each) some time prior to a major exam. These tests will consist of 20 multiple choice questions and 5 fill-in-the-blank questions. Each test covers only material that has not previously been tested and that has been covered since the last major exam or revision test. Although each one of these tests has a low weight, in total they can have a significant impact on your final mark.

**EXAMINATIONS** Each major examination will cover only reading and lecture material since the beginning of term (for the midterms) or since the previous major examination (for End of Term exams): So, Exam #1 covers everything from the beginning of the course, Exam #2 covers everything since Exam #1, Exam #3 covers everything from the beginning of Term 2, and Exam #4 covers everything since Exam #3.

**Midterm** examinations will consist of multiple choice, fill-in-the-blank and paragraph-answer questions. They will cover reading and lecture material since the beginning of that term.

**End of term** examinations will contain only multiple choice and fill-in-the-blank questions. Again, these exams will cover reading and lecture material introduced since the previous midterm.

**Make-up Exam:** If a major exam is missed for medical reasons and a doctor's note provided, you will be able to do a make-up exam which will consist of four short written questions (no multiple choice or fill-in-the-blank). No make-up is provided for the Revision Tests.

**Note:** The Registrar's Office schedules the end of term exams any time during the examination periods noted above. Students are responsible for ensuring that they are available throughout that period.
EXAMINATION MARKS & MISSED CLASSES OR ASSIGNMENTS
The marks for each exam will be posted on the course website [click on "GRADES" in the Index] and on the notice board in the lobby of the Kenny Building with student numbers, but not the names of students. Students who wish to inspect their exams may do so by visiting the teaching assistant, during office hours. If classes are missed, the student is responsible for getting class notes from another student. If an exam or test is missed, a medical note from a physician is required to ensure no loss of marks. Make-up assignments, consisting of 4 written questions, will be provided only for the major Exams but not for the Revision Tests. Please hand this medical note in to the instructor as soon as you return to school.
For the UBC policy on such concessions refer to "Academic Concessions" in either the 2001-2002 UBC Calendar (p.39) or the Student Services Web site - http://students.ubc.ca/publications/calendar - then click on "Academic Regulations > Academic Concessions".

EXAM SECURITY & ACADEMIC DISHONESTY
During exams, except for exam invigilators, you must not communicate with others in any way. All exam booklets must remain in the exam room when you leave. You should also bring your student ID or a picture ID to each examination.
For the University's policies on cheating and plagiarism, please read "Student Discipline" in either the 2001-2002 UBC Calendar (p. 41) or the Student Service Web site - http://students.ubc.ca/publications/calendar - then click on "Academic Regulations > Student Discipline". This policy will be enforced. Please do not risk your academic career.

EXTRA CREDIT SCHEME:
You can gain extra credit for this course (maximum 4 %) by participation in accredited psychological experiments or by completing a library project.

Experimental Participation: You may sign up for experiments posted on the notice board in the lobby of the Psychology Department (Kenny Building 2nd floor) or experimenters occasionally come to class to request participation. You will receive Participation Record forms from experimenters which detail amount of credit earned (1% per hour). One part of these forms should be placed in the box in the Kenny Lobby (beneath the notice boards). You keep the other part of these forms for your records, as proof of participation. The last day for submitting the forms in the Psychology Department is Friday April 5, 2002.

Library Project: As an alternative to experimental participation, students may obtain subject credit by completing a library project. Such projects consist of reading and summarizing (in written form) any article in a journal published by the
American Psychological Society, American Psychological Association, Canadian Psychological Association, or Psychonomic Society. The article must be recent \textit{(within the last 12 months)}, and the summary should be about \textbf{500 words} in length. The student will receive \textbf{one} (1\%) Participation Credit for each article summary. Article summaries must be submitted to Dr. Paul Hewitt, in Kenny 3404, \textbf{at least 10 days before the last class of the year}.

\textbf{Withdrawal Dates:} If you wish to withdraw from this course without any record of the course on your transcript, you must do so on or before September 21, 2001. If you wish to withdraw with a "W" on your transcript, you must do so on or before November 23, 2001.

\begin{table}[h]
\centering
\begin{tabular}{|l|p{9cm}|p{2cm}|}
\hline
\textbf{Week} & \textbf{Class Topic} & \textbf{Assigned Reading} \\
\hline
\textbf{Sept. 3-7} & Sept 3: Labour Day - UBC closed  
Course Outline & Organization  
How to study for Psychology & Ch. 1 \\
\textbf{Sept 10-14} & \textbf{WHAT IS PSYCHOLOGY:}  
Topic, history & trends & Ch 2 \\
\textbf{Sept 17-21} & \textbf{PSYCHOLOGICAL RESEARCH:}  
Scientific Method & Ch 3 \\
\textbf{Sept 24-28} & \textbf{**Revision Test 24 Sept**}  
\textbf{EVOLUTION & HEREDITY} & Ch 4 \\
\textbf{Oct 1-5} & \textbf{BIOLOGY & BEHAVIOUR:}  
The nervous system & Ch 4 cont'd \\
\textbf{Oct 8-12} & Oct. 8: Thanksgiving - UBC closed  
The brain & endocrine system & Ch 5 \\
\textbf{Oct 15-19} & \textbf{**Oct 15: EXAM #1**}  
\textbf{LEARNING PROCESSES:}  
Classical conditioning & Ch 5 cont'd \\
\textbf{Oct 22-26} & Operant conditioning  
MEMORY:  
Sensory, Short-term & long-term memories & Ch 8 \\
\textbf{Oct 29 - Nov 2} & \textbf{**Nov 5: Revision Test**}  
\textbf{CONSCIOUSNESS:}  
Awareness and attention & Ch 9 \\
\textbf{Nov 5-9} & Nov. 12 - UBC Closed  
Ch 9 cont'd \\
\textbf{Nov 12-16} & \\
\hline
\end{tabular}
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**MOTIVATION & EMOTION:**
- Eating and sexuality
- Aggression and emotion

**END OF TERM - EXAM #2**
- During exam period: December 4-20

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## TERM 2 COURSE CALENDAR

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Assigned Readings</th>
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</thead>
<tbody>
<tr>
<td>JAN 4</td>
<td>SENSATION &amp; PERCEPTION</td>
<td>Ch 6 (only p. 162-192) up to section on Audition only</td>
</tr>
<tr>
<td></td>
<td>The senses</td>
<td>Ch 7</td>
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<tr>
<td>JAN 7-11</td>
<td>Perception of the visual world</td>
<td>Ch 11</td>
</tr>
<tr>
<td>JAN 14-18</td>
<td>COGNITION &amp; INTELLIGENCE</td>
<td>Ch 11 cont'd</td>
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<tr>
<td></td>
<td>Classification, reasoning and problem solving</td>
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<tr>
<td>JAN 21-25</td>
<td>Intelligence testing and theory</td>
<td>Ch 11 cont'd</td>
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<tr>
<td>JAN 28- FEB 1</td>
<td>LIFE SPAN DEVELOPMENT</td>
<td>Ch 12</td>
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<td></td>
<td>Issues in Development</td>
<td>Ch 12</td>
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<tr>
<td>FEB 4-8</td>
<td>Changes in Adult Development</td>
<td>Ch 16</td>
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<tr>
<td>FEB 11-15</td>
<td>STRESS &amp; HEALTH</td>
<td>Ch 16</td>
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<tr>
<td></td>
<td>Lifestyles, stress and coping</td>
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<td><strong>Feb 15: EXAM #3</strong></td>
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<tr>
<td>FEB 18-22</td>
<td>MIDTERM BREAK</td>
<td>Ch. 14</td>
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<tr>
<td></td>
<td>No lectures</td>
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<td>FEB 25- MAR 1</td>
<td>PERSONALITY</td>
<td>Ch 17</td>
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<tr>
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<td>Theories, types and tests</td>
<td>Ch 17 cont'd</td>
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<td>MAR 4-8</td>
<td>PSYCHOLOGICAL DISORDERS</td>
<td>Ch 17</td>
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<tr>
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<td>Definitions and classification</td>
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<td>MAR 11-15</td>
<td>Diagnosis &amp; symptoms</td>
<td>Ch 18</td>
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<td><strong>Mar 18: Revision Test</strong></td>
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<tr>
<td>MAR 18-22</td>
<td>THERAPIES</td>
<td>Ch 18</td>
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<td>Insight, behavioural and physiological</td>
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<td>SOCIAL PSYCHOLOGY</td>
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<td></td>
<td>Social cognition and Prejudice</td>
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<tr>
<td>MAR 25-29</td>
<td>Mar 29: Good Friday - UBC closed</td>
<td>Ch 15</td>
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</tbody>
</table>
Apr 1: Easter Monday - UBC closed
Social influence and Relationships
**END OF TERM
EXAM #4**
During examination period: April 9-25
Ch 15 cont'd