

Psyc. 100'

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## **READINGS**

### **Required:**

Carlson, N.R., Buskist, W., Enzle, M.E., Heth, C.D. (2002). Psychology: the Science of Behaviour. Second Canadian edition. Scarborough, Ont.: Allyn & Bacon.

### **Optional:**

There are also additional learning aids (e.g., study guide) which are optional but can be useful in directing your attention to material you should know.

## **COURSE MATERIAL**

Psychology is the scientific study of behaviour and the aim of this course is to introduce you to all major areas of this very complex topic. A broad range of psychological theories and research will be introduced that explain behaviour from many different perspectives including internal biological, cognitive and emotional processes, and external environmental and social influences.

Term 1 covers mostly basic aspects of behaviour including biology, learning, memory and motivation. In Term 2 we investigate more complex psychological issues such as the nature of intelligence, the effects of stress, psychological disorders and social relationships.

This material will be presented in lectures, films, demonstrations and text material. There will be topics covered in the classes that are not in the text and topics in the text that are not covered in class. You will be responsible for both in examinations.

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## **COURSE EVALUATION & EXAMS**

	<b>Weight</b>	<b>Date</b>
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**Term 1**

2 Revision Tests	5%	Mondays Sept. 24 & Nov. 5, 2001
Midterm - Exam #1	20%	Monday, 15 October, 2001
End of Term - Exam #2	25%	Between 4-20 December, 2001

**Term 2**

2 Revision Tests	5%	Mondays Jan. 28 & Mar.18, 2002
Midterm - Exam #3	20%	Friday, 15 February, 2002
End of Term - Exam # 4	25%	Between 9-25 April, 2002

100%

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**REVISION TESTS** The four revision tests are intended to help you keep up with course material by providing a small test (worth 2.5 % each) some time prior to a major exam. These tests will consist of 20 multiple choice questions and 5 fill-in-the-blank questions. Each test covers only material that has not previously been tested and that has been covered since the last major exam or revision test. Although each one of these tests has a low weight, in total they can have a significant impact on your final mark.

**EXAMINATIONS** Each major examination will cover only reading and lecture material since the beginning of term (for the midterms) or since the previous major examination (for End of Term exams): So, Exam #1 covers everything from the beginning of the course, Exam #2 covers everything since Exam #1, Exam # 3 covers everything from the beginning of Term 2, and Exam #4 covers everything since Exam #3.

**Midterm** examinations will consist of mutiple choice, fill-in-the-blank and paragraph-answer questions. They will cover reading and lecture material since the beginning of that term.

**End of term** examinations will contain only multiple choice and fill-in-the-blank questions. Again, these exams will cover reading and lecture material introduced since the previous midterm.

**Make-up Exam:** If a major exam is missed for medical reasons and a doctor's note provided, you will be able to do a make-up exam which will consist of four short written questions (no multiple choice or fill-in-the-blank). No make-up is provided for the Revision Tests.

**Note:** The Registrar's Office schedules the end of term exams any time during the examination periods noted above. Students are responsible for ensuring that they are available throughout that period.

### **EXAMINATION MARKS & MISSED CLASSES OR ASSIGNMENTS**

The marks for each exam will be posted on the course web site [click on "GRADES" in the Index] and on the notice board in the lobby of the Kenny Building with student numbers, but not the names of students. Students who wish to inspect their exams may do so by visiting the teaching assistant, during office hours. If classes are missed, the student is responsible for getting class notes from another student. If an exam or test is missed, a medical note from a physician is required to ensure no loss of marks. Make-up assignments, consisting of 4 written questions, will be provided only for the major Exams but **not** for the Revision Tests. Please hand this medical note in to the instructor as soon as you return to school. For the UBC policy on such concessions refer to "Academic Concessions" in either the 2001-2002 UBC Calendar (p.39) or the Student Services Web site - <http://students.ubc.ca/publications/calendar> - then click on "Academic Regulations > Academic Concessions".

### **EXAM SECURITY & ACADEMIC DISHONESTY**

During exams, except for exam invigilators, you must not communicate with others in any way. All exam booklets must remain in the exam room when you leave. You should also bring your student ID or a picture ID to each examination.

For the University's policies on cheating and plagiarism, please read "Student Discipline" in either the 2001-2002 UBC Calendar (p. 41) or the Student Service Web site - <http://students.ubc.ca/publications/calendar> - then click on "Academic Regulations > Student Discipline". This policy will be enforced. Please do not risk your academic career.

### **EXTRA CREDIT SCHEME:**

You can gain extra credit for this course (maximum 4 %) by participation in accredited psychological experiments or by completing a library project.

**Experimental Participation:** You may sign up for experiments posted on the notice board in the lobby of the Psychology Department (Kenny Building 2nd floor) or experimenters occasionally come to class to request participation. You will receive Participation Record forms from experimenters which detail amount of credit earned (1% per hour). One part of these forms should be **placed in the box in the Kenny Lobby (beneath the notice boards)**. You keep the other part of these forms for your records, as proof of participation. **The last day for submitting the forms in the Psychology Department is Friday April 5, 2002.**

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**Library Project:** As an alternative to experimental participation, students may obtain subject credit by completing a library project. Such projects consist of reading and summarizing (in written form) any article in a journal published by the

American Psychological Society, American Psychological Association, Canadian Psychological Association, or Psychonomic Society. The article must be recent (**within the last 12 months**), and the summary should be about **500 words** in length. The student will receive **one** (1%) Participation Credit for each article summary. Article summaries must be submitted to Dr. Paul Hewitt, in Kenny 3404, **at least 10 days before the last class of the year.**

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**WITHDRAWAL DATES:** If you wish to withdraw from this course without any record of the course on your transcript, you must do so on or before September 21, 2001. If you wish to withdraw with a "W" on your transcript, you must do so on or before November 23, 2001.

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<b>TERM 1 COURSE CALENDAR</b>		
<b>Week</b>	<b>Class Topic</b>	<b>Assigned Reading</b>
<b>SEPT. 3-7</b>	<b>Sept 3: Labour Day - UBC closed</b> Course Outline & Organization How to study for Psychology	
<b>SEPT 10-14</b>	<b>WHAT IS PSYCHOLOGY:</b> Topic, history & trends	Ch. 1
<b>SEPT 17-21</b>	<b>PSYCHOLOGICAL RESEARCH:</b> Scientific Method	Ch 2
<b>SEPT 24-28</b>	<b>**Revision Test 24 Sept**</b> <b>EVOLUTION &amp; HEREDITY</b>	Ch 3
<b>OCT 1-5</b>	<b>BIOLOGY &amp; BEHAVIOUR:</b> The nervous system	Ch 4
<b>OCT 8-12</b>	<b>Oct. 8: Thanksgiving - UBC closed</b> The brain & endocrine system	Ch 4 cont'd
<b>OCT 15-19</b>	<b>**Oct 15: EXAM #1**</b> <b>LEARNING PROCESSES:</b> Classical conditioning	Ch 5
<b>OCT 22-26</b>	Operant conditioning	Ch 5 cont'd
<b>OCT 29 - NOV 2</b>	<b>MEMORY:</b> Sensory, Short-term & long-term memories	Ch 8
<b>NOV 5-9</b>	<b>**Nov 5: Revision Test**</b> <b>CONSCIOUSNESS:</b> Awareness and attention	Ch 9
<b>NOV 12-16</b>	<b>Nov. 12 - UBC Closed</b>	Ch 9 cont'd

sleep & hypnosis

NOV 19-23

MOTIVATION & EMOTION:

Eating and sexuality

Ch 13

NOV 26-30

Aggression and emotion

Ch 13 cont'd

**\*\*END OF TERM-**

**EXAM #2\*\***

During exam period:

December 4-20

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## TERM 2 COURSE CALENDAR

Week	Topic	Assigned Readings
JAN 4	SENSATION & PERCEPTION The senses	Ch 6 (only p. 162-192) up to section on Audition only
JAN 7-11	Perception of the visual world	Ch 7
JAN 14-18	COGNITION & INTELLIGENCE Classification, reasoning and problem solving	Ch 11
JAN 21-25	Intelligence testing and theory	Ch 11 cont'd
JAN 28- FEB 1	<b>**Jan 28:Revision Test**</b> LIFE SPAN DEVELOPMENT Issues in Development	Ch 12
FEB 4-8	Changes in Adult Development	Ch 12
FEB 11-15	STRESS & HEALTH Lifestyles, stress and coping <b>**Feb 15: EXAM #3**</b>	Ch 16
FEB 18-22	MIDTERM BREAK No lectures	
FEB 25- MAR 1	PERSONALITY Theories, types and tests	Ch. 14
MAR 4-8	PSYCHOLOGICAL DISORDERS Definitions and classification	Ch 17
MAR 11-15	Diagnosis & symptoms	Ch 17 cont'd
MAR 18-22	<b>**Mar 18: Revision Test**</b> THERAPIES Insight, behavioural and physiological	Ch 18
MAR 25-29	SOCIAL PSYCHOLOGY Social cognition and Prejudice <b>Mar 29: Good Friday - UBC closed</b>	Ch 15

**APR 1-5**

**Apr 1: Easter Monday - UBC  
closed  
Social influence and Relationships  
\*\*END OF TERM  
EXAM #4\*\*  
During examination period: April  
9-25**

**Ch 15 cont'd**