PSYCHOLOGY 301 - Section 001

Brain Dysfunction and Recovery 3 credits

University of British Columbia, Vancouver

Fall 2012

MWF 1:00 - 2:00

Swing 221

Instructor: Dr. Michael Souza ("sues-uh") TA: Melissa Ellamil

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Office Hours: *Mondays 2:00 – 5:00 PM Office Hours: Wednesdays 2:00 – 3:00 PM

I. About your instructor and teaching assistant





<u>Dr. Souza</u> is a faculty member in Psychology. He received his Ph.D. in Psychology from Berkeley. His interests revolve around higher-order cognitive functions, neurological injury and rehabilitation.

<u>Melissa</u> is a Cognitive Science graduate student in the Department of Psychology. She received her B.Sc. in Psychology from the University of

Toronto. She uses fMRI to study the neural bases of spontaneous thought, creativity, and meditation.

II. Course description and goals

The brain is arguably the most complex system in the universe. Though we have learned an incredible amount about neuroanatomy and brain injury to this point, there is still much to discover about how the brain repairs itself – providing that it does – when certain functions are compromised. There are three primary goals of this course: (1) to better understand the mechanisms of brain impairment and how neurologists and clinical psychologists assess neurological/psychological health; (2) to explore the rehabilitation literature across a variety of major domains (e.g., memory); and (3) to extend this survey to select psychological disorders. This course is designed to be ideal for students with an interest in medicine, clinical psychology, neuroscience, speech-language pathology and other related fields.

III. Required textbook

Stuss, D.T., Winocur, G. & Robertson, I.H. (Eds.). (2008). Cognitive neurorehabilitation: evidence and application (2nd ed). New York: Cambridge.

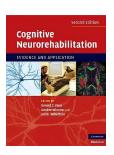
IV. Course webpage

http://vista.ubc.ca (location for important announcements, lecture slides and grades)

V. Course requirements

Midterm Examinations I & II (28% for MT1 and 32% for MT2)

Each midterm will consist of short-answer and multiple-choice questions. Short-answer questions will require a ~1-5 sentence response based on the complexity of the question and may also require the creation of a visual aid (e.g., diagram). Short-answer questions will be weighted based on difficulty – not all questions



^{*}These are open office hours for my PSYC 101, 207 and 301 courses this term. First come, first served basis.

will be worth the same number of points. Multiple-choice questions will have with five options each and these questions may come in various formats, including (but not limited to) questions with diagrams and "all of the above" or "none of the above" options. There will be more of a focus from lecture versus the textbook but for superior performance, you must have a clear understanding of both lecture and the textbook.

Final Examination (40% of course grade)

The Final will be structurally similar to the midterms but it will be <u>cumulative</u> and longer. For the Final, every lecture is fair game *but* only the assigned readings <u>after</u> MT2 will be testable. There will be more of a focus from lecture versus the textbook but to perform well, you must have a clear understanding of both lecture and the textbook. <u>Please note</u>: the date of the final will not be announced until mid-October and so I strongly advise you NOT to plan travel until you learn the dates of your final exams. You cannot take the final at a different date/time unless you have a medical reason that must be discussed Arts or Science Advising.

VI. Research participation (extra credit opportunity)

You have the opportunity to earn up to three (3) extra percentage points on your overall final grade by participating in studies regularly conducted by the Psychology Department and coordinated through the human subject pool (HSP). This provides the valuable opportunity to observe the research process directly and to contribute to the ongoing research activities at UBC. The extra grades are obtained by signing up for the Introductory Psychology Subject Pool through their web site: https://hsp.psych.ubc.ca/. Please note that any inquiries about credits should be directed to HSP or the experimenters that you worked with, *not* the instructor.

One percentage point is assigned to your final grade for each hour of participation and partial credits will be rounded <u>down</u> (i.e., 1.5 hours = 1% extra credit). Credits can be recorded and tracked via the subject credit website. These credits are added to your grade at the end of the course. Make sure that you retain your portion of the experimental credit receipt in the event that verification of participation is required when the final grades are compiled. <u>If you do not correctly assign your credits to this course, you will NOT receive credit. Please make sure you have done this correctly prior to the end of the term.</u>

As an alternative to participating in studies, you may choose to complete library writing projects, in which you read and summarize a research article; each article summary counts as one hour of research participation. You must select a research article (<u>not</u> a letter to the editor, commentary, or review paper) published between 2000-present in the journal *Psychological Science*. Each summary should be about 500 words and should include the purpose, method and results of the study. If you choose the library option, you must create an account on the online HSP system and follow the instructions provided at this link: http://www.psych.ubc.ca/hsp/Subject%20Pool%20Information%20For%20Participants.pdf.

Please note: no other extra credit opportunities are available for this course.

VII. Course grading

Your final grade consists of the items described in Section V. Performance for each of the items above will be put into a calculator that outputs your final course percentage earned. As mentioned in Section VI, any extra credit earned will be added to this final score.

In order to reduce grade inflation and maintain equity across multiple course sections, all psychology courses are required to comply with departmental norms regarding grade distributions. According to departmental norms, the mean grade in a 300-level class is 70 for a good class, 68 for an average class, and 66 for a weak class, with a standard deviation of 13. Scaling may be used in order to comply with

these norms; grades may be scaled up or down as necessary by the professor or department. Grades are not official until they appear on a student's academic record. You will receive both a percent and a letter grade for this course. At UBC, your course percentage is converted according to the key below:

A+	90-100%	B+	76-79%	C+	64-67%	D	50-54%
Α	85-89%	В	72-75%	C	60-63%	F	0-49%
Α-	80-84%	B-	68-71%	C-	55-59%		

Remember, you are earning a degree at a highly reputable post-secondary institution. Therefore, criteria for success are high. The Faculty of Arts offers the following guidelines that broadly characterize the kind of work that is generally associated with the main grade ranges. These characteristics help to put the Psychology Department Grading Policies into context. Please note that adequate performance is in the C range, which is the typical class average.

A RANGE: Exceptional Performance. Strong evidence of original thinking; good organization in written work; capacity to analyze (i.e., break ideas down) and to synthesize (i.e., bring different ideas together in a coherent way); superior grasp of subject matter with sound critical evaluations; evidence of extensive knowledge base.

B RANGE: Competent Performance. Evidence of grasp of subject matter; some evidence of critical capacity and analytic ability; reasonable understanding of relevant issues; evidence of familiarity with the literature.

D-C RANGE: Adequate Performance. Understanding of the subject matter; ability to develop solutions to simple problems in the material; acceptable but uninspired work; not seriously faulty but lacking style and vigor.

F RANGE: *Inadequate Performance*. Little or no evidence of understanding of the subject matter; weakness in critical and analytical skills; limited or irrelevant use of the literature.

VIII.Course policies

Class participation

Active learning is a critical component of a proper education and for that reason it will be frequently promoted during the term. You may be asked to answer questions at any point in class and you are expected to do your best. It is OK to not know the answer in this context but it is NOT acceptable to not try.

Attendance and Powerpoint slides

Attendance is expected for every class period. In the event you miss a lecture, it is strongly suggested that you get notes from a fellow classmate because the lecture slides alone will be insufficient. For your convenience, lecture slides will usually be posted by 10PM the evening before a lecture. They will be posted in PDF format in two versions only (2 slides and 6 slides per page). Instructional materials are only for the purpose of learning in this course and must not be distributed or used for any other reason.

Reading the textbook

The textbook is designed to reinforce lecture concepts and to introduce pieces of information that were not discussed in lecture. In addition to questions covering lecture, the exams will also have questions exclusively from the textbook. Thus, superior performance on the exams will require a thorough reading and understanding of the textbook. Note: you should read the relevant book chapter(s) *prior* to that class period.

E-mail policy

In most cases, e-mails will be answered within 48 hours of receipt (not including weekends). If you send the instructor or teaching assistant an email, the email subject should include the course and nature of the inquiry (i.e., "PSYC 301 – question about neurogenesis"). Emails that you send should contain no more than one question and you should try to explain your current understanding of the concept in the email (which will be affirmed or corrected).

<u>Dr. Souza and Melissa will **NOT** accept emails through Vista so please use our email addresses</u>. If you have more than one question, you should visit office hours. Please note that emails about test questions may not be answered the day before an exam so please plan accordingly.

Class discussion board on Vista

For your convenience, discussion threads will be created to improve information flow in our course. Logistical questions may be directed to the instructor on the 1st thread. Inquiries, requests for class notes or study partners *directed to fellow students* may be posted on a 2nd thread. Please note that you are NOT allowed to post class notes on the Vista discussion board. Finally, current research in psychology will be posted on a 3rd thread. Negative remarks on any of these discussion forums will not be tolerated and failure to respect this policy may result in your access to our course website being revoked.

Syllabus changes

There may be minor changes to the syllabus during the term. You will be notified of these changes ASAP and no changes will be instituted that dramatically affect your ability to properly prepare for an examination (e.g., reading two extra chapters the week of the midterm).

Research articles added to assigned reading

You may have 3-4 research articles added to your assigned reading during the term. These readings are "fair game" for the exams and will be assigned no later than 7 days prior to an examination.

Office hours

You are strongly encouraged to visit office hours if you have questions or concerns about any of the material. If you cannot attend regularly scheduled office hours, you should send an email to try to make an appointment for another time (please give at least 48 hours of notice). You may also come to office hours to ask about graduate school, research or other related questions. If we cannot answer your question(s) about topics beyond the course, we'll direct you to someone who can.

You will need to visit Melissa's office hours to review your midterm exams, if you so choose. Please feel free to talk with Dr. Souza after reviewing your exam if you have any outstanding questions. Any grading disputes other than calculation errors for the midterms must be handled with Dr. Souza within three weeks of when the scores were released.

Classroom conduct

Our classroom is a place where you should always feel safe and respected. It is also a place that is conducive to learning and intellectual curiosity. Any behaviors compromising this environment will not be tolerated and the student(s) and/or individual(s) will be asked to leave.

Taking an examination

In my opinion, punctuality to lectures and exams is a sign of respect to your instructor, teaching assistant and fellow students. Tardy students should not ask the instructor or teaching assistant for what they missed from lecture because they can ask a fellow student. Furthermore, a student will not be allowed to write a midterm or the Final if (1) s/he is tardy 30 minutes or more, or (2) a student has already finished and

submitted their exam, whichever occurs first. Students in this situation will not be allowed to write the exam and will receive a "o." Absolutely no exceptions will be made so please do not put yourself in this position.

There will be no "in and out" privileges once you've started an exam (e.g., bathroom break) unless you have a documented medical reason. Medical documentation must be disclosed with Dr. Souza at least 24 hours prior to the exam.

When time is called at the end of the exam, you must immediately stop working and submit your exam and scantron form. You will not be allowed more time for any reason, including (but not limited to): putting your name or ID on the exam or filling in or changing an answer. You must also remain completely silent until every exam has been collected. Failure to stop working when time is called or to stay silent until all exams have been collected will result in a 'o' on the exam. No exceptions will be made.

Missing a midterm or the Final

The midterms cannot be written at another time. You will not be accommodated for missing a midterm unless you have a valid doctor's note (which will be verified). You must meet with an academic advisor from Arts or Science Advising within 48 hours of missing the exam and after meeting with them, a recommendation will be sent to me as to whether you should be excused or not. Final decisions are at the discretion of the instructor.

If you are excused from Midterm 1, that portion of the course grade will be evenly split between Midterm 2 and the Final. If you are excused from Midterm 2, that portion of the course grade will be added to the Final. If you are excused from both Midterm 1 and Midterm 2, you will be assigned a paper or project to make up for the portion of the grade corresponding to Midterm 2. In the case of the Final, make-ups will only be allowed in special cases that are approved by Arts or Sciences Student Services. Make-ups for the final may differ from the Final used for the rest of the class.

Access and Diversity

UBC is committed to equal opportunity in education for all students including those with documented physical or learning disabilities. If you believe you fall in this category, please visit this website (http://www.students.ubc.ca/access/disability-services/support-students/exam-accommodations/) to take the necessary steps to ensure that you have every opportunity that you deserve to excel here at UBC. If you have accommodations, please submit your exam forms for the entire term to the instructor as early as possible.

Grade bumps

When computing final grades, the instructor carefully analyzes every single student to determine whether a grade bump is deserved. Bumps may be awarded for consistent performance at a major grade boundary or for marked improvement from the midterm to the final (10%+). Bumps are not guaranteed and are *not* awarded for non-academic reasons (i.e., student is graduating and/or involved in sports or other extracurricular activities). **DO NOT** send the instructor an email asking for a grade bump.

Academic Misconduct

Cheating, plagiarism, and other forms of academic misconduct are very serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. Relevant to this course, the Department has implemented software that, can reliably detect cheating on multiple-choice exams by analyzing the patterns of students' responses. This will be used for every assessment we take in this course.

In all cases of suspected academic misconduct, the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating may result in a zero credit for the

work in question. According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript.

Do note that during exams, the instructor and invigilators reserve the right to move students in their seating arrangement with no explanation provided.

IX. Links that you may find useful...

Helpful student information

UBC Academic Calendar http://www.calendar.ubc.ca/vancouver/academicyear.cfm

UBC Access and Diversity http://www.students.ubc.ca/access/index.cfm

Time management tips http://www.arc.sbc.edu/time.html

Tips to help overcome test anxiety http://www.swccd.edu/~asc/lrnglinks/test anxiety.html

UBC Psych student organizations

Psi Chi (International Honors Society)

Psychology Students' Association

Undergraduate Research Journal

http://psichi.psych.ubc.ca/
http://psa.psych.ubc.ca/
http://ubcujp.psych.ubc.ca/

Psyched! newsletter http://psa.psych.ubc.ca/newsletter

Psychology 301: Lecture and reading schedule

May be subject to minor revisions with advance notice from the instructor

<u>Lecture</u>	<u>Date</u>	<u>Day</u>	<u>Topic</u>	Assigned reading		
1	5-Sep	W	Course introduction	Ch. 1		
2	7-Sep	F	History of brain injury and neurorehabilitation	Chs. 2-4; Ch. 5		
3	10-Sep	М	Neurotransmission and gross neuroanatomy	Ch. 17; 20; 22		
4	12-Sep	W	Neurotransmission and gross neuroanatomy	Cii. 17, 20, 22		
5	14-Sep	F	The neurological exam, brain imaging and			
6	17-Sep	Μ	neuropsychological assessment	Chs. 6, 10, 13-14		
7	19-Sep	W	1 , 3			
8	21-Sep	F	Stroke	_		
9	24-Sep	М				
10	26-Sep	W	Traumatic brain injury (TBI)	Ch. 18		
11	28-Sep	F				
12	1-Oct	М	Other forms of brain dysfunction	Ch. 9		
13	3-Oct	W	Factors influencing recovery of function	Chs. 13, 14 & 16		
14	5-Oct	F	Midterm Examination I	Lectures + readings: 1-13		
15	8-Oct	М	NO CLASS - Thanksgiving holiday	-		
16	10-Oct	W	Movement	Ch. 23		
17	12-Oct	F				
18	15-Oct	Μ	NO CLASS - Dr. Souza away at SfN	to be announced		
19	17-Oct	W	·			
20	19-Oct	F	Perception and attention	Ch. 26; 29		
21	22-Oct	M				
22	24-Oct	W	Memory	Ch. 30-31; 19		
23	26-Oct	F		Ch. 25		
24	29-Oct	M	Language			
25 26	31-Oct 2-Nov	W F		Ch. 12		
27	2-Nov 5-Nov	M	Emotion			
28	7-Nov	W				
29	9-Nov	F	Executive functions	Ch. 27-28		
30	12-Nov	M	NO CLASS - Remembrance day (observed)	-		
31	14-Nov	W	Midterm Examination II	Lectures + readings: 16-29		
32	16-Nov	F	Mood disorders	TBA - student feedback		
33	19-Nov	Μ		TDA		
34	21-Nov	W	Anxiety disorders	TBA - student feedback		
35	23-Nov	F	Psychotic disorders	TBA - student feedback		
36	26-Nov	M	Developmental disorders	TBA - student feedback		
37	28-Nov	W	Addiction	TBA - student feedback		
38	30-Nov	F	Special topics lecture - topic TBA	Ch. 32		
-	TBA	-	*Optional* Q&A review session	-		
-	ТВА	-	Cumulative Final Examination	Lectures + readings: 1-38		