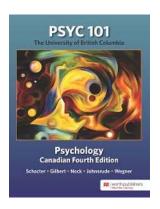
# PSYCH 101/004

## Term 1 2019

### **About This Course**

Psychology is a science and an academic discipline. Today, this discipline is concerned with *the scientific study of behavior and the mind, and their cognitive and neurobiological bases*. Psychology also has an applied component, where professionals with training and clinical skills help people cope with life/school/work issues and with mental health problems.

This course is an introductory level survey of the methods and findings of psychology as a science. It focuses on the scientific method and its use in research on the following topics: Attention & consciousness, sensation, perception, learning and memory. PSYCH-102 is a related course that introduces other content areas of scientific psychology, such as personality, emotions and motivation, as well as mental wellness and illness.



### Goal & Objectives

The overall goal of this course is to increase scientific literacy and foster critical thinking about a wide range of issues/topics in psychology. We have translated this goal into a number of learning objectives. By the end of this course, you should be able to:

- 1. Define modern psychology and identify major theoretical perspectives within it.
- 2. Remember, connect and discuss psychological as well as neurobiological concepts and theories from specific content areas of psychology (e.g., perception, learning, memory).
- **3.** Recall, interpret and apply findings and phenomena from the different content areas of psychology.
- **4.** Critically evaluate and discuss evidence about behavior and the mind that occurs in the context of our daily life.
- 5. Apply your understanding of psychological concepts, theories and facts when making predictions about yourself, others, and events which are likely to occur in the context of daily life.
- **6.** Communicate your understanding of psychology more effectively in spoken and written form.

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### **Class Meetings**

Classes occur every Mon, Wed and Fri, from 10:00 to 10:50 am, in CIRS Room 1250. The CIRS building is located at 2260 West Mall.

Please respect your peers and instructors by arriving on time and by not leaving early. You do not need to bring your textbook to class.

We will be using iClicker Reef for many class meetings. iClicker Reef is a tool for in-class Student polling, quizzing, tracking class participation, etc. To participate in all such activities, please download the iClicker Reef App to your phone or computer (for instructions on downloading the iClicker app, see page 3).



#### Course Leaders

The course leaders are here to facilitate learning, to answer questions, to help you understand course materials and requirements ... to lead you to a successful course completion. The course leaders also are responsible for preparing and delivering lectures and other course activities (i.e., demos, quizzes, tests) and for keeping records.



The instructor for this course is Professor Peter Graf

Office phone: 604.822.6635

Office location: CIRS 4352 (upstairs from the classroom)

Office hours: Mondays & Fridays from 9:00 to 9:45 am, I will be at THE LOOP café, located in the lobby of the CIRS building. If this 'office hour' schedule does not work for you, please make an appointment.

Email: pgraf@psych.ubc.ca. Please include "PSYCH 101" in the subject line of your email. Keep in mind that a response to your question might be in your class notes, in this syllabus, or on Piazza -- the course-web discussion forum.

The teaching assistants for this course are:



#### Xiaolei Deng

I am a PhD student in the clinical psychology. My research centers on the prediction of problematic gambling; I am interested in learning about and treating gambling, gaming, and internet addictions. In my spare time, I enjoy reading books, playing basketball, and listening to music.

Office Location: Kenny Bldg 2011.

Office hours: TBA. My office hours will be online. Find the link to the online office hours on the course's Canvas page under 'Modules', by clicking Online Office Hours'

Email: xdeng@psych.ubc.ca (please include "Psych 101" in the subject line).



#### Lexis Kepler

I am a student in the Cell & Developmental Biology Graduate Program. I am interested in how variations in our genes alter our ability to learn and sleep. My research focusses on assessing how ASD candidate genes regulate habituation learning and whether behavioral impairments caused by the functional loss of a gene are reversible after development.

Office Hours: Mondays, 2:00-3:00 pm. To schedule individual appointments, please email me with a brief description of the topic(s) you would like to discuss.

Office Location: Kenny Bldg 3525.

Email: lexis.kepler@psych.ubc.ca (please include "PSYCH 101" in the subject line).

### What you Need for this Course

In order to achieve the course objectives, we will use the following 5 resources:

A. Textbook: Schacter, D.L., Gilbert, D.T., Wegner, D.M., Nock, M.K. & Johnsrude, I. (2018). Psychology (Canadian 4<sup>th</sup> edition + Launchpad). NOTE: We are using an edition customized for UBC. This edition comes bundled with a sophisticated online learning platform called LaunchPad. The customized edition is available in four versions, but **ONLY at the UBC textbook store**.

Version 1: Schacter Looseleaf Vol 1 with 6M LP:

Short Title: PSY4EV1 UBC WILLO & LPONL

ISBN-10: 1319263003 ISBN-13: 9781319263003

Version 2: Schacter Looseleaf full text (Vol 1 & 2) with 24M LP

Short Title: PSY 4E UBC WILLO & LPONL

ISBN-10: 131926297X ISBN-13: 9781319262976 Version 3: VB Schacter 6M LP access:

Short title: VB LPAD ONL 6M PSY 4E CAN UBC - P2

ISBN-10: 9781319252687 ISBN-13: 1319252680

Version 4: Schacter 24M LP access:

Short title: VB LPAD ONL 24M PSY 4E CAN UBC - P2

ISBN-13: 9781319252694

Please keep the receipt from your text purchase; you will need this receipt for creating/validating your LaunchPad account.

NOTE: If you purchase your text elsewhere, or if you have a different edition of the text, you will not be able to access LaunchPad.

**B.** LaunchPad: LaunchPad is a platform with learning tools such as videos, quizzes, flash cards, as well as something called *learning curve*. Nearly every week, a number of activities need to be completed to keep up with the course and master a chapter in the textbook. On-time completion of the learning activities and quizzes counts for 8% of your final course grade.

The course web (URL: canvas.ubc.ca) includes a link to LaunchPad. You can find instructions for accessing and validating your LaunchPad account on the course web, by clicking the link called "How to Mats", or by clicking this link: https://youtu.be/4-RPO\_9nie0 Note: You can use LaunchPad for free for 2 weeks after creating a LaunchPad account.

If you have technical issues with Launchpad, help is available via two routes.

- Search the extensive LaunchPad knowledge base, here: <a href="https://macmillan.force.com/macmillanlearning/s/search#pageNum%3D1%26sortBy%3D\_score%26orderBy%3Ddesc%26res">https://macmillan.force.com/macmillanlearning/s/search#pageNum%3D1%26sortBy%3D\_score%26orderBy%3Ddesc%26res</a> ultsPerPage%3D5%26exactPhrase%3D%26withOneOrMore%3D%26withoutTheWords%3D%26selectedType%3D
- 2. Contact the MacMillan support team, here: <a href="https://macmillan.force.com/macmillanlearning/s/contactsupport">https://macmillan.force.com/macmillanlearning/s/contactsupport</a>
- C. TurnItIn: As part of this course, you will write a research essay and submit it for review and evaluation by your peers. We are using TurnItIn in connection with the research essays. TurnItIn is -- among other things -- a plagiarism-identification service, and UBC subscribes to this service. When you submit your research essay to this service, it checks its originality, and thereby helps avoid and prevent plagiarism.

Please create an account on TurnItln. To create an account, go to:

https://www.turnitin.com/newuser\_type.asp?r=92.4176455626981&svr=20&lang=en\_us&

You will need this information: Class ID: 21829530

Class Name: PSYCH 101 004 10AM

Enrollment Key: WeAre004

If you already have a TurnItIn account, you will need the information above in order to join Psych 101 004.

D. iClicker Reef: MC questions and polls will be included in many class meetings, and your responses to them will count toward your course grade. A subscription to iClicker Reef is included at no extra cost with the purchase of the text for this course.

#### Here is what you need to do.

Step 1: Create a iClicker Reef Account. You need to do this on a computer; it will not work on your mobile.

- ► On your computer, go to <a href="https://www.iclicker.com">www.iclicker.com</a>
- ► Click on "Create an Account", and fill in all required parts.
- Click "Menu"
- Click "Subscriptions"
- Click "Polling"
- ▶ Enter your Reef Access Code provided by me (your instructor). You will receive this code on the first day of class.
- Click "Submit"

Step 2: Download & install the iClicker App on your mobile device (the device you will have with you in class):

- ► Go to your App store and download iClicker Reef. It looks something like this:
- Install the App on your device, and open it.
- ► Login using the credentials you created in Step 1
- Click on the + next to 'Courses'.
- In the field called 'Find your institution', add/select University of British Columbia Vancouver
- ► In the field called 'Find your course', type PSYC 101 004
- ► Check the course information, and if this is the correct course, click 'Add this Course'. You are done.
- E. Course Website. The website for this course is on canvas (URL: canvas.ubc.ca). Use your CWL (campus wide login) to connect to this site. This site is where you will find everything you need for the course, the most up-to-date copy of this syllabus, pdfs of slides used in lectures, instructions for assignments, announcements, links to discussion groups, links to TurnltIn, LaunchPad and Piazza, as well as a record of grades. Go to this website early in the course and return to it frequently at least a few times each week -- for announcements, discussions on current issues, problems and their solutions, as well as for connecting with other students, for finding answers to common questions, etc.
- F. Piazza: Piazza is a versatile tool for discussing course issues, asking questions, practicing question-answering skills, honing peer teaching skills, connecting with other students, commiserating with other students, etc. For most issues/questions that you have



about any aspect of the course, turn to Piazza rather than the instructor or TAs because your issues/questions are likely to be of interest to other students, and other students are likely to have the answers you are seeking. We will be on Piazza at least a few times each day, in order to guide discussions, clarify questions and answers, correct misinformation, ask questions, etc.

Piazza provides detailed data about the number of postings/contributions viewed by each student, the number of questions asked by each student, the number of questions answered by each student, etc. These data determine your class participation grade.

Please create an account on Piazza. To create a Piazza account associated with the correct class, please use this link: piazza.com/ubc.ca/winterterm12019/psyc101004. If you have an account, go to Piazza by clicking the link the course website.

### What We Expect From You

Participation in Class and on Piazza: The course makes use of lectures, demonstrations and peer-to-peer learning, and relies on feedback and participation as well as discussions in small groups. We expect you to speak up, to formulate your ideas in writing, to listen critically and provide feedback, to participate and respond to clicker questions. Lectures and class meetings are an opportunity for asking questions, for testing your understanding of issues and for augmenting insights provided by the text and for building your course notes.

Attendance: Come to every class, always prepared to participate, with an open and critical mind. To every class, bring your iClicker App, and bring materials for making notes. If you miss a class, you are responsible for obtaining notes and informing yourself about announcements. You will not be able to make up clicker questions/responses that occurred during your absence.

Respectful & Ethical Conduct: We expect you to treat your classmates, instructor and teaching assistants with respect at all times, whether face-to-face, on-line or in emails. We are committed to a zero tolerance for cheating in any form, including dishonest use of the iClicker, copying from a classmate or submitting the work of others as your own. All forms of misconduct will be dealt with as described later in this syllabus and in the UBC calendar (see Academic Misconduct).

On-Time Completion of LaunchPad Activities: You are required to complete a few "Learning Curve" activities and one quiz in connection with each chapter of the text. These activities are open book, not time limited, can be repeated up to three times, but must be completed by the due date specified on LaunchPad, as well as in the Schedule of Course Activities included later in this syllabus. If you attempt a quiz more than once, we will use only the highest score you have achieved. The purpose of all LaunchPad activities is to encourage you to read each chapter ahead of the date when we begin course activities related to the chapter topic, and to reinforce your learning immediately after we have covered each topic. Learning is most effective when it is 'distributed' in time.

Policy on late LaunchPad activities: All LaunchPad activities are due on the date/time specified on LaunchPad and in the Schedule of Course Activities. The graded versions of the quizzes are no longer be available on LaunchPad after its due date/time. A grade of zero (0) is recorded for every LaunchPad activity that has not been completed by the due date/time.

On-Time Submission of Research Essay & of Peer Evaluations of Research Essays: Writing and evaluating the written work of others are important elements of this course. For these reasons, you are required to examine one of several topics (details included in *Essay Assignment Description & Rubric*) and write a brief essay about it.

In addition, you also will evaluate/assess and provide critical, constructive comments on the research essays submitted by 6 of your classmates/peers.

A detailed description of and instructions for the research essay & of the peer evaluations of the research essay is included in the document called *Essay Assignment Description & Rubric*. This document is available on the course website (click on the link called *Modules*, then on *Essay Assignment Description & Rubric*).

**Policy on late research essays:** Because we are using peer assessment for essay grading, any essay not submitted by the due date WILL NOT BE INCLUDED in the peer evaluation cycle. For this reason, if you fail to submit your essay by the due date, you will automatically forfeit any course grades that are available for the evaluation component. For late submissions of essays, a 10% deduction is made for every 24-hour period past the due date/time.

Policy on late peer reviews: Late completions of peer evaluations are not accepted and are assigned a grade of zero (0).

**Policy on re-grading:** If, after receiving a grade & feedback on your research essay, you feel strongly that your essay was graded unfairly by your peers, you may choose to have your essay re-graded by emailing such a request to your TA within 1 week of the grades being released. Note that re-grading may result in a grade increase or decrease, and a re-grade is final.

On-Time Completion of the Peer Assessment Training Workshop (PAW). You are required to complete an on-line (Note: on-line on the course web) workshop that we have developed for teaching you how to assess the research essays of your peers in a

valid and reliable manner. The workshop is an opportunity for practicing your assessment skills and for comparing your grading with the grading provided by experienced peers and by the instructor. In addition, this workshop gives insight into of how to prepare your own high-quality essay for this course. Completion of the workshop requires between 1 and 2 hours.

The workshop will be available from Sunday September 22 2019, and must be completed by no later than the end of day Sunday October 6 2019.

**Policy on peer assessment workshop completion:** The peer assessment training workshop is not available after the completion deadline. If you have not completed it by the deadline, you receive a grade of zero (0) for this course component.

**Presence at Syllabus Quiz:** Your presence in class is essential on September 20 for a quiz on this course syllabus. The quiz consists of multiple-choice questions. There is no make-up for missing this quiz! A grade of zero is assigned if you miss the quiz.

Presence at Midterm Test: Your presence at the mid-term – scheduled for Friday October 11 -- is required. If you must be absent from the mid-term for a valid reason, notify the course instructor immediately in order to make alternative arrangements. Alternate arrangements are made only for valid & properly documented exceptional cases. There are no make-ups for the mid-term. A grade of zero is assigned for an unexcused missed midterm.

Presence at Final Exam: Your presence at the Final Examination in December 2019 (exact date to be determined by the Faculty of Arts) is mandatory. If you absolutely must miss the final examination for a valid reason, you or your caregiver must apply for an Academic Concession by contacting your Faculty's Advising Office (e.g., Arts Advising through the Centre for Arts Student Services).

**Policy on Unreadable Scantron Forms**: We will be using Scantron forms for the syllabus quiz, for the mid-term and for the final examination. You must use a #2 pencil for completing all of the required parts of each Scantron form. A 10% penalty is applied to each quiz/test/exam that was submitted with an unreadable/unidentifiable Scantron form.

### What You Can Expect From Us

Availability: We – the Course Leaders -- are here for you, to facilitate your learning, to answer your questions, to help you understand course materials and requirements ... to lead you to a successful course completion. Make effective use of us, for example, by visiting us during office hours. A visit is typically more effective than an email, a phone call, or a brief after class chat. If our office hours absolutely cannot work for you, write to us for alternative date/time meeting options.

Slides & Lecture PDFs: PDFs related to class presentations & activities will be available AFTER class on the course website. For copyright reasons, the posted pdfs may be different from those used in class. Keep in mind also that the pdfs are not lecture notes; they are notes for reminding and guiding the lecturer, for highlighting core concepts, etc. Posted pdfs are not sufficient for catching up with class activities.

Feedback/Grades: We will endeavor to provide you with feedback on all learning assignments (e.g., syllabus quiz, mid-term test, final examination, Piazza posts, etc.) as promptly and with as much detail as manageable for a large class.

**Respectful Ethical Conduct:** At all times, we will strive to treat you with respect, and to make decisions with the highest standards of ethics in mind. If you feel you have been treated in any other way, disrespected in any way by us or by a classmate, we invite you to talk to us so we can address the issues together.

Please note that failing to make course concessions for you (e.g., changing a due date or test date) is not a sign of disrespect. Ethical conduct requires us to uphold all course requirements and UBC standards and regulations, and to apply them fairly and in a consistent manner to all students. [Hint: Before you come to us with a request for some sort of concession, ask yourself whether we would be able to offer this same concession to all students in the course. If the answer is NO, don't bother asking.]

Equity, Inclusion, Diversity & Respect. The classroom and the course discussion platform are places that should be conducive to learning and rigorous intellectual inquiry. They are also places where everyone should feel included and respected -- regardless of race, ethnicity, gender identity, gender expression, sexual orientation, political or religious affiliations, ability, age, social status, etc. All students are encouraged to speak up and participate during class meetings. And, when you express yourself in class, it's important that you do so in a manner that shows respect for every other class member. (I encourage you to read UBC's policy on maintaining a Respectful Environment on campus and in the classroom: <a href="http://www.hr.ubc.ca/respectful-environment/">http://www.hr.ubc.ca/respectful-environment/</a>.)

Some course content introduce topics that may be perceived as controversial or sensitive. When talking about such topics, it is especially important for us all to express ourselves in a thoughtful, nonjudgmental, and socially responsible manner. Of course, people aren't perfect and slip-ups are possible (e.g., someone might say something that is perceived as insensitive by someone else). It is important also to respond to such slip-ups in a responsible manner. If something is expressed by someone -- whether it's by the instructor, a TA, a fellow student, or an author of the one of the assigned course readings -- that you perceive to violate our goals for

equity and inclusion and diversity and universal respect, I encourage you to bring it to my attention in whatever way is most comfortable to you. (You may speak to me, or communicate anonymously -- for instance by asking a third party to relay a message to me.) By doing so, you will be doing a good deed by helping to educate other people (including me!) and by promoting an inclusive educational environment.

### Learning Appraisals & Due Dates

Activity	Value	Due Dates
Syllabus quiz - in-class: 10-15 MC questions	2%	Friday September 20 2019
Peer assessment training workshop (PAW)	2%	Sunday October 6 2019
pdf uploaded (for practice) to TurnItIn & CANVAS	1%	Sunday October 13 2019
Research essay – DUE DATE/TIME – 6 AM	12%	Sunday Nov 3 2019 – <b>6 AM</b>
Peer evaluations of research essays – DUE DATE/TIME – 6 AM	4%	Sunday November 17 2019 – 6 AM
Critical-constructive comments on research essays – DUE Date/time 6 AM	2%	Sunday November 17 2019 – 6 AM
In-class mid-term test, focused on materials covered up to the date of the test	25%	In-class on Friday October 11 2019
(approximately 40 MC questions and 12 short answer [SA] questions)		
Clicker-accuracy: 3% for correct on 80%+ items; 2.5% for correct on 70%; 2%	3%	Ongoing throughout the term
for correct on 60%; 1.5% for correct on 50%; 1% for correct on 40%; .5% for		
correct on 30% of items.		
Clicker-participation: One (1) participation point for every class with responses	2%	Ongoing throughout the term
to > 75% of all clicker items. At the end of year, the 2% are allocated as		
follows: 2% for students earning 4/5 of all available participation points; 1.5%		
for earning 3/5 of participation points; 1% for earning 2/5 of participation points;		
.5% for earning 1/5 of participation points.		
Piazza (points for making <b>meaningful</b> contributions on Piazza): 4% for >40	4%	Ongoing throughout the term
contributions; 3.5% >35 contributions; 3% for >30 contributions; 2.5% for >25		Participation
contributions; 2% for >20 contributions; 1.5% for > 15 contributions; 1% for >		
10 contributions; .5% for > 5 contributions. Note: <i>A maximum of 10</i>		
contributions made in the last 2 weeks of classes will count for grades.	00/	On a clin at the result to a towns
LaunchPad work, based on the average of best grades: Max 4% for completing	8%	Ongoing throughout the term
the LearningCurve activities; max 4% for chapter quizzes.	220/	During the exemination period
Cumulative final examination (approximately 75 MC and 20 SA items).	33%	During the examination period, between December 3 & 18 2019
Descarch experience component	2%	
Research experience component  Total points available for course work	100%	Friday November 29 2019
Total points available for course work		Friday Nayambar 20 2010
Bonus points for optional research participation	3%	Friday November 29 2019

iClicker & Piazza: To get the maximum out of this course, you need to become actively engaged in every part of it, come prepared to class with issues/questions that occurred when reading the text, or in conversations with class mates, friends or family. Take part in class discussions and in Q&A sessions, and respond thoughtfully to all clicker items/questions. Your engagement and participation in course counts for 2% of your grade, and your correct responses to in-class clicker questions counts for 3% of your course grade.

Your engagement in the course outside of class meetings counts for 4% of your course grade. These 4% are awarded for making meaningful, thoughtful and constructive contributions on Piazza, according to the scheme in the list of *Learning Appraisals*. [Note: Writing a Piazza question that asks for information included in this syllabus or that was announced in class does not count as a meaningful contribution.]

LaunchPad activities, Syllabus Quiz, Mid-term, and Final Examination: The LaunchPad activities – which count for 8% of your grade -- are intended to make you familiar with each topic covered in the course, to prepare you for class activities, to ascertain your mastery of the materials covered in each chapter, etc.

The syllabus quiz is an incentive for you to become thoroughly familiar with the syllabus, with everything that is required for succeeding in this course, to encourage you to pay attention to deadlines, etc.

The mid-term is given in the classroom at the same time as the regularly scheduled class, on Friday October 11 2019, while the final examination, a 2-hour event, is scheduled by the Faculty of Arts between December 3 and 18, 2019. NOTE: Do not make any travel

arrangements before you know the date of the final examination. Being away from UBC is not accepted as a reason for missing the examination.

The mid-term test and the final examination will consist of a combination of Multiple-Choice [MC] and Short-Answer [SA] questions based on materials covered in the text, in the lectures and in class-activities. The final examination is cumulative.

The SA items on the test and exam usually create more anxiety than the MC items, probably because the former are less familiar. The SA items will require a short-response, from a few words to a maximum of 1 or 2 sentences. Nearly all SA items included on the midterm test or on the final examination will be based on or direct duplicates of questions asked in class or on Piazza. Therefore, pay attention in class, take careful notes, and above all, participate in class activities and on Piazza by generating responses/answers to all questions/items. Practice makes perfect!

Research Essay & Peer Evaluations of Research Essays: The document called "Essay Assignment Description & Rubric" gives detailed specifications for these two course components.

Your Research Essay must address one of the assigned topics, must be prepared according to the American Psychological Association (APA) format, and must be submitted – to both TurnItIn & Canvas -- by the due date.

The essay is designed to help you apply course materials to everyday life situations, events and experiences, and to help develop and polish your written communication skills.

The best method for learning to write effectively is to evaluate and provide critical, constructive feedback on the written work of peers. For this reason, you will be reviewing/assessing/evaluating/commenting on the essays of 6 of your peers. Immediately after the due date for submitting the research essay, each essay will be allocated to 6 peers (i.e., randomly selected from among all students in the course) for evaluation/assessment and for critical, constructive comments. Each student/peer is required to evaluate/assess the research essay of 6 different peers, assign a grade to each, as well as to write one critical, constructive comment (i.e., a comment which identifies a specific weak, confusing, unclear aspect in the essay, and which recommends at least one way in which this shortcoming could be corrected) about each.

Peer Evaluations must be completed by the due date. Failure to complete ALL of the required peer evaluations by the due date will result in a grade of zero for this course component.

The validity of the grades & the quality of the critical constructive comments written by each student/peer assessor will be graded by the TAs and instructor, and will count for 4% and 2% respectively, of your course grade. The essay authors look forward to your thoughtful, critical-constructive comments & to your fair and thoughtful grading of their work.

The final grade awarded to each research essay is the median of the grades assigned by the 6 peer evaluators. Research has shown that grades derived in this manner are of the same or higher quality than grades assigned by a TA or by an instructor (see Cho, Schunn & Wilson, 2006). More importantly, by using peer evaluators, the author of each submission will not only receive a grade on his/her work, but will also receive the written comments from 6 different peers. In addition, by serving as a peer evaluator, each student has the opportunity to compare his/her own work to that of her/his class mates.

pdf uploading practice: For this small assignment, you are required to upload a pdf – any pdf (the content of this file does not matter) – in two places: on TurnItIn and on the Canvas module called 'Research Essay Management System'. The purpose of this assignment is for you to practice uploading a pdf to the sites where you will need to submit your research essay later in the term.

Research Experience & Optional Research Participation: One way to learn more about psychology is to be a participant in ongoing psychology research projects. As part of this course, you are asked to complete a research experience component worth 2% of your grade. In addition, you have the option of earning 3 bonus points (i.e., giving you a 3% increase in your final course grade) by participating in additional approved experiments that are posted on the web of the Department of Psychology Human Subject Pool (HSP) or by completing alternative assignments. Detailed instructions about these course components appear in the next section of this document.

### Research Experience Component & Optional Research Participation

Psychology is an active and exciting scientific discipline. Many of the studies that you will learn about in this course come from universities just like ours! As part of this course, you will be asked to complete a research experience component (REC) as way of introducing you, in a more hands-on and interactive way, to cutting-edge research in psychology. This REC is worth 2% of your course grade, and you are free to choose one of two options:

#### 1. Participate in the Psychology Department Human Subjects Pool.

Most students choose to earn their research experience component by spending two hours participating in psychology studies (worth 1% for each hour) through the Department of Psychology's Human Subject Pool (HSP) system. You can create an account, and sign up for studies by going to <a href="https://document.com/ubc-psych.sona-systems.com">ubc-psych.sona-systems.com</a>. Please register on the system by the end of the first month of classes to have the opportunity to earn your first ½ hour credit with a brief online survey that will increase your eligibility for more studies.

Once registered on the system, you will be able to browse through and select which studies you wish to participate in, sign up for an available time slot, and confirm your accumulated credits afterward. At the end of the last day of class for the term (on November 29 2019), the subject pool will close, meaning that you will no longer be able to receive credits. I strongly urge you to participate in and confirm your credits long *before* the last week of class.

Further instruction on how to use the HSP online system can be found at <a href="http://www.psych.ubc.ca/resguide.psy">http://www.psych.ubc.ca/resguide.psy</a> in the document entitled "Subject Pool Information for Research Participants".

#### 2. Alternative assignment: The Library Option

As an alternative to participation in psychology subject pool experiments, you may complete library-writing projects. Such projects consist of reading and summarizing 1) the research question, 2) the methods and 3) the results (in written form) of a research article from the peer reviewed journal *Psychological Science*. You will receive one (1) research participation credit for each article summary that meets the following requirements.

#### Requirements:

- The article must have been published in the journal titled "Psychological Science".
- The article must have a publication date from the year 2000 to present (i.e. papers from 2001 are acceptable; those from 1999 or earlier are not).
- · The article must be a research article; it cannot be a review article, a news item, a notice, or a letter to the editor, for example
- The summary should be approximately 500 words in length.
- You must include your name, student number, course, section, instructor and email address on each summary.
- You must log on to the Human Subject Pool system (<u>ubc-psych.sona-systems.com</u>) and create an account before submitting your article summaries. Research credits are assigned using the online system.

You may obtain the same number of extra credits via the library option as specified in the course syllabus (i.e. the same number of credits available for students who participate in research).

Summaries must be submitted no later than 10 days before the end of classes.

You are to submit your article <u>and</u> your summary to turnitin.com. If you don't have a turnitin account already (from a previous course), you will need to create a user account on Turnitin. For the library assignment, the class ID is **22182206**, the class name is **Library Option for HSP**, and the password is **Research**. To create an account and to learn about TurnItIn, go to <u>www.turnitin.com</u>, click on the "Training" link at the top of the page for detailed instructions on how to submit papers to Turnitin.

Any student who is suspected of plagiarism will, at a minimum, not be granted credit, and their course instructor will be notified. Further action may be taken at a departmental or university level.

#### Research Participation Bonus Points.

You may earn up to 3% extra credit or bonus points that will be added to your final grade. These extra credit points can be earned by doing up to three additional hours of participation in the HSP (or summarizing another three additional journal articles for the library option) as described above as the research experience component of the course.

Participating in a 1-hour research project, or completing one of the alternative assignments, earns you 1 point. The 2 points available for the REC will be included when computing your course grade. By contrast, the 3 points available via the optional research participation will be used to increase your final course grade, but they are added only after any scaling that may need to be applied to the course grades.

# Schedule of Course Activities

I will announced in class and on the course web site, (if/when) any changes made to this schedule.

Day	Date		Tasks, Assignments/Tests, Readings & Due Dates
Mon	Sep 2	Introductions all	Labor Day: UBC is closed
Wed	Sep 4		To do this week: Read the syllabus, make a study-plan, get the textbook and read its preface & the chapter called "A
Fri	Sep 6	Around	Practical Guide to Study Skills", download the iClicker Reef App, create a Piazza account & befriend a few classmates.
Sun	Sep 8		
Mon	Sep 9	Evolution of	Due End of Today: Read Chapter 1 & complete the assigned LearningCurve activities
Wed	Sep 11	Psychology	Read the chapter called "Psychology & Sustainability"
Fri	Sep 13	rsychology	Due End of Today: Chapter 1 on-line quiz
Sun	Sep 15		
Mon	Sep 16		Due End of Today: Read Chapter 2 & complete assigned LearningCurve activities
Wed	Sep 18		
Fri	Sep 20	Research Methods & Statistics	In-Class Quiz on Syllabus
Sun	Sep 22		Beginning of Today: Peer assessment training workshop opens
Mon	Sep 23		
Wed	Sep 25		
Fri	Sep 27		Guest Lecture: Topic To-be-announced
Sun	Sep 29		
Mon	Sep 30		Due End of Today: Chapter 2 on-line quiz
Wed	Oct 2		Due End of Today: Read Chapter 3 & complete assigned LearningCurve activities
Fri	Oct 4	Neuroscience &	End of Taday Days accessed to initiative contribution along
Sun	Oct 6	Behavior	End of Today: Peer assessment training workshop closes
Wed	Oct 7 Oct 9		Due End of Today: Chapter 3 on-line quiz
Fri	Oct 11		MIDTERM: HELD IN CLASS
Sun	Oct 13		Due End of Today: practice pdf upload on TurnItln & on Canvas
Mon	Oct 14		Thanksgiving Day: UBC is closed
Wed	Oct 16	Sensation &	Due End of Today: Read Chapter 4 & complete assigned LearningCurve activities
Fri	Oct 18	Perception	
Sun	Oct 20		

Mon	Oct 21		
Wed	Oct 23		Due End of Today: Chapter 4 on-line quiz
Fri	Oct 25		Due End of Today: Read Chapter 5 & complete associated LearningCurve activities
Sun	Oct 27	Attention &	
Mon	Oct 28	Consciousness	
Wed	Oct 30		Due End of Today: Chapter 5 on-line quiz
Fri	Nov 1		Guest Lecture: Topic To-be-announced
Sun	Nov 3		Due Today at 6 am: Post your essay on TurnItIn & on CANVAS
			Today 10 am: Essay peer evaluation opens
Mon	Nov 4		Due End of Today: Read Chapter 6 & complete associated LearningCurve activities
Wed	Nov 6		
Fri	Nov 8		
Sun	Nov 10		
Mon	Nov 11	Memory	Remembrance Day: UBC is closed
Wed	Nov 13	,	
Fri	Nov 15		
Sun	Nov 17		Due Today at 6 am: Essay peer evaluation closes
Mon	Nov 18		Due End of Today: Chapter 6 on-line quiz
Wed	Nov 20		Due End of Today: Read Chapter 7 & complete associated LearningCurve activities
Fri	Nov 22		
Sun	Nov 24	Learning	
Mon	Nov 25	Ü	
Wed	Nov 27		Due End of Today: Chapter 7 on-line quiz
Fri	Nov 29		Last Day of Classes: Review & Wrap-Up

The final examination date is set by the UBC registrar's office.

DO NOT BOOK TRAVEL DURING THE EXAMINATION PERIOD: December 3 to 18 2019.

The final examination is cumulative, but it will emphasize those materials covered after the mid-term.

### **UBC Policy on Grading& Scaling**

UBC courses are graded on a percentage basis; corresponding letter grades are assigned automatically by the Registrar.

Percent	Grade	Level of Achievement	Percent	Grade	Level of Achievement
90-100	A+	exceptional	64-67	C+	adequate
85-89	Α	exceptional	60-63	С	adequate
80-84	A-	exceptional	55-59	C-	adequate
76-79	B+	competent	50-54	D	adequate
72-75	В	competent	00-49	F *	inadequate
68-71	B-	competent			

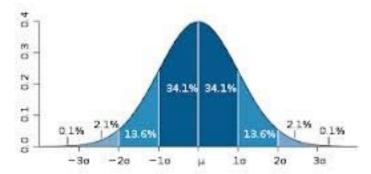
**Grading Criteria:** The following guidelines offer a broad-brush characterization of the type of work that might be associated with various ranges of grades. The intent here is to encourage general consistency across the faculty rather than to provide precise specifications.

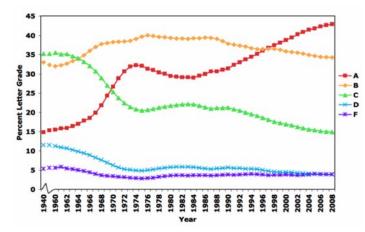
- ✓ 80% to 100% (A- to A+): Exceptional performance: strong evidence of original thinking; good organization; capacity to analyze and synthesize; superior grasp of subject matter with sound critical evaluations; evidence of extensive knowledge base.
- ✓ 68% to 79% (B- to B+): Competent performance: evidence of grasp of subject matter; some evidence of critical capacity and analytic ability; reasonable understanding of relevant issues; evidence of familiarity with the literature.
- ✓ 50% to 67% (D to C+): Adequate performance: understanding of the subject matter; ability to develop solutions to simple problems in the material; acceptable but uninspired work, not seriously faulty but lacking style and vigor.
- ✓ 00% to 49% (F): Inadequate performance: little or no evidence of understanding of the subject matter; weakness in critical and analytic skills; limited or irrelevant use of the literature.

Scaling of Grades: Faculties, departments and schools reserve the right to scale grades in order to maintain equity among sections and conformity to university, faculty, departmental or school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty, department or school. Grades are not official until they appear on a student's academic record.

Peer graded work often requires scaling because students tend to give inflated grades. Assume that some scaling of peer graded work will occur.

Grade Inflation Policy: In order to reduce grade inflation and maintain equity in courses with multiple sections, all psychology courses are required to comply with the departmental policy on grade distributions. According to this policy, all 100 and 200 level courses are required to obtain an average grade of 69%, with a standard deviation of 14%. Grade scaling may be necessary in order to achieve these norms, and may be applied by the professor or by the department. If necessary, each assignment will be scaled to achieve the desired class mean & standard deviation.





Grade Inflation: Is the tendency for academic grades for work of comparable quality to increase over time.

#### Academic Misconduct

# I would prefer to fail with honor than to win by cheating ~ Sophocles

According to the UBC Calendar, students are responsible for informing themselves of the guidelines of acceptable and non-acceptable conduct for graded assignments established by their instructors for specific courses and of the examples of academic misconduct set out below. Academic misconduct that is subject to disciplinary measures includes, but is not limited to, engaging in, attempting to engage in, or assisting others to engage, in any of the actions described below.

- 1: Cheating, which may include, but is not limited to:
  - ✓ falsification of any material subject to academic evaluation, including research data;
  - ✓ use of or participation in unauthorized collaborative work;
  - ✓ use or possession in an examination of any materials (including devices) other than those permitted by the examiner:
  - ✓ use, possession, or facilitation of unauthorized means to complete an examination (e.g., receiving unauthorized assistance from another person, or providing that assistance); and
  - ✓ dishonest practices that breach the rules governing examinations or submissions for academic evaluation (see the Student Conduct during Examinations).
- 2: Plagiarism, which is intellectual theft, occurs where an individual submits or presents the oral or written work of another person as his or her own. Scholarship rests upon examining and referring to the thoughts and writings of others. However, when another person's words (i.e. phrases, sentences, or paragraphs), ideas, or entire works are used, the author must be acknowledged in the text, in footnotes, in endnotes, or in another accepted form of academic citation. Where direct quotations are made, they must be clearly delineated (for example, within quotation marks or separately indented). Failure to provide proper attribution is plagiarism because it represents someone else's work as one's own. Plagiarism should not occur in submitted drafts or final works. A student who seeks assistance from a tutor or other scholastic aids must ensure that the work submitted is the student's own. Students are responsible for ensuring that any work submitted does not constitute plagiarism. Students who are in any doubt as to what constitutes plagiarism should consult their instructor before handing in any assignments.
  - NOTE: UBC is a subscriber to TurnItIn, a service which is likely to uncover any occurrence of plagiarism in written work.
- 3: Submitting the same, or substantially the same, essay, presentation, or assignment more than once (whether the earlier submission was at this or another institution) unless prior approval has been obtained from the instructor(s) to whom the assignment is to be submitted.
  - NOTE: TurnItIn is likely to reveal if your written work has been submitted elsewhere (e.g., for another course, by another student, at another university).
- 4: Impersonating a candidate at an examination or other evaluation, facilitating the impersonation of a candidate, or availing oneself of the results of an impersonation.
- 5: Submitting false records or information, orally or in writing, or failing to provide relevant information when requested.
- 6: Falsifying or submitting false documents, transcripts, or other academic credentials.
- 7: Failing to comply with any disciplinary measure imposed for academic misconduct.

How to Avoid Academic Misconduct: *The UBC library* (<a href="http://learningcommons.ubc.ca/resource-guides/avoid-plagiarism/">http://learningcommons.ubc.ca/resource-guides/avoid-plagiarism/</a>) and UBC writing center (<a href="http://cstudies.ubc.ca/writing/index.html">http://cstudies.ubc.ca/writing/index.html</a>) offer online guides for preventing unintentional plagiarism. Please make use of these resources.

Do not copy and paste from any other sources when writing papers, not even when working on early drafts, because doing so is the surest way to committing plagiarism.

### Policy on Academic Concessions

What is an academic concession? A student whose academic performance is affected by injury, family or personal affliction, or illness may request and be given an academic concession, meaning a deferral or substitution of an assignment, a mid-term test or examination, or of other work which is due during the term.

The UBC Senate has recently approved a new Academic Concession Policy. This policy outlines the grounds on which students can ask for academic concessions and what forms such concessions can take.

For course policies regarding in-term academic concessions, please refer to the relevant UBC calendar entry: <a href="http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,329,0,0.">http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,329,0,0.</a>

Here is a link to a recent Ubyssey article on the new concession policy: <a href="https://www.ubyssey.ca/news/senate-passes-standardized-academic-concessions-policy/">https://www.ubyssey.ca/news/senate-passes-standardized-academic-concessions-policy/</a>).

### **Privacy Considerations**

This course makes use of three tools/apps – TurnItIn, Piazza, and iClicker Reef – and they store data on servers located outside Canada. When you access the site, you will be required to create an account. UBC cannot guarantee security of your private details on servers outside of Canada. Please exercise caution whenever providing personal information. You may wish to use a pseudonym to protect your privacy if you have concerns.

Please feel free to contact us at UBC (It.hub@ubc.ca) or *the TurnItIn, Piazza or iClicker Reef* support team if you have any questions.

If you want to learn more about UBC's Privacy policy, click this link:

https://wiki.ubc.ca/Documentation:Student\_Privacy\_and\_Consent\_Guidelines

### Getting the Most out of University

Nothing ever comes to one, that is worth having, except as a result of hard work

Booker T. Washington

In order to succeed in this course, you should expect to give it your full attention for 2 to 3 hours for each 1-hour of class time (10-15 hours per week). Take careful notes, read actively, come prepared for class, participate in class activities, demonstration and discussions, dare to make errors and keep asking questions. Apply what you learn in the course to your own learning, to making you a more effective student.

UBC has a number of web resources which provide excellent tips and insights into how to get the most out of university; browse them, use them to your advantage:

- Skylight (<a href="http://sclt.science.ubc.ca/resources">http://sclt.science.ubc.ca/resources</a>)
- Getting better grades at UBC (https://students.ubc.ca/enrolment/better-grades)
- the UBC Centre for Teaching, Learning and Technology (http://ctlt.ubc.ca/resources/learning/)
- the Carl Wieman Science Education Initiative (www.cwsei.ubc.ca)
- for advise from senior Science students, check out an account published by Ashley Welsh (http://www.cwsei.ubc.ca/resources/student\_quidance.htm).

Check out the UBC Learning Commons (http://learningcommons.ubc.ca/), an evolving collection of UBC-selected learning resources that guide students through a process of discovery. Through an emphasis on student-driven initiatives and shared-decision making, the UBC learning commons enhances the experience of all UBC students.

Take charge of your own learning, and take full advantage of all of the support available to you.

Physical or Other Learning Disabilities/Challenges: The UBC Center for Accessibility provide leadership in examining policies, processes, and programs through the lens of diversity. Contact them; the Centre provides support and programming initiatives designed to remove barriers for students with disabilities and facilitates disability related accommodations for members of the UBC Vancouver community.

We work with students, staff, and faculty to build a community for all (<a href="https://students.ubc.ca/about-student-services/access-diversity/">https://students.ubc.ca/about-student-services/access-diversity/</a>)

UBC is committed to equal opportunity in education for all students including those with documented physical disabilities or learning disabilities. If you have a disability that affects your learning or performance on tests or exams please contact us (<a href="https://students.ubc.ca/about-student-services/access-diversity/">https://students.ubc.ca/about-student-services/access-diversity/</a>) or visit Brock Hall room 1203, 1874 East Mall, Phone: 604.822.5844.

### Withdrawing From a Course

Even the best laid plans can go awry, and suddenly you might find yourself unable to cope with the demands of this course. If you arrive -- or feel you have arrived -- at such a turning point in your life as a learner, talk to one of your Course Leaders immediately, or contact your Faculty's Advising Office (http://students.ubc.ca/enrolment/courses/academic-planning/advising). If you wish to withdraw from the course, consult the UBC Academic Calendar for relevant dates: http://www.calendar.ubc.ca/vancouver/

#### Health/Wellness & Related Resources

UBC provides resources to support student learning and to maintain healthy lifestyles but recognizes that sometimes crises arise and so there are additional resources to access including those for survivors of sexual violence. Relevant information and policies can be found here: <a href="https://senate.ubc.ca/policies-resources-support-student-success">https://senate.ubc.ca/policies-resources-support-student-success</a>.

#### Here is a list of specific useful resources:

You may at some point find yourself struggling to manage your health (mental or physical) while in school. Below is a list of health-related resources on and off campus that you may wish to utilize.

Access and Diversity: Access and Diversity provides accommodations for UBC students living with physical or mental disabilities. Website: students.ubc.ca/about/access | Phone Number: 604-822-5844

BC Crisis Center: Non-profit, volunteer-driven organization that provides emotional support to youth, adults, and seniors in crisis in BC. Crisis line available 24/7. Website: crisiscentre.bc.ca | Phone Number: 604-872-3311

Distress Line: If you are in distress or are worried about someone in distress who may hurt themselves, call 1-800-SUICIDE 24 hours a day to connect to a BC crisis line, without a wait or busy signal.

Counselling Services at UBC: Counselling services offers a variety of resources to help you maintain your mental health while in school. You may see a counsellor on an individual basis, attend group counselling, or to document an illness if you should require academic concession. Website: students.ubc.ca/livewell/services/counselling-services | Phone Number: 604-822-3811

The Kaleidoscope: A confidential peer-run mental health support group that takes place on campus at least once a week. You may attend the group if you are experiencing any kind of mental health related challenges, or if you're just feeling stressed about school in general. Registration is not required to attend the group. See the website for meeting times and locations. Food and drink are provided. Website: the-kaleidoscope.com

Live Well, Learn Well: The Live Well, Learn Well initiative is a resource hub that provides students with information to help improve physical and mental wellbeing. Website: students.ubc.ca/livewelllearnwell

Mental Health Awareness Club: A club that offers opportunities to speak about mental health with others and strives to promote mental health awareness throughout the UBC community. Website: ubcmhac.sites.olt.ubc.ca/

Mood Disorders Clinic UBC: A psychiatric program designed specifically to treat individuals living with depression or bipolar disorder. Website: ubc-mooddisorders.vch.ca/

Pacific Spirit Addiction Services: A free and confidential service for youth and young adults up to the age of 24. Services include counselling, access to an addiction physician - including usage of a methadone maintenance program - and a drug education series. Phone Number: 604-267-3970

Psychology Clinic at UBC: Professional psychological services provided to the community, including assessment & treatment for children, adults & families by clinical psychology trainees. Website: clinic.psych.ubc.ca

SHARE: Self Harm Anonymous Recovery and Education is a program designed to promote self-care and educate about self-harm. SHARE support groups meet biweekly; times and locations can be found on their website. Website: <a href="https://www.vivreshare.org">www.vivreshare.org</a>

Student Health Services at UBC: Student health provides students with a variety of healthcare related services to help you maintain your health while studying. Access to doctors and registered nurses. Website: students.ubc.ca/livewell/services/student-health-service | Phone Number: 604- 822-7011

Wellness Centre at UBC: Speak with other UBC students about tips for managing stress, keeping healthy sleep and eating patterns, concerns about safe sex, etc. Website: students.ubc.ca/livewell/services/wellness-centre