**PATRICK KLAIBER**

University of British Columbia

Department of Psychology

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**EDUCATION**

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| *2019 - present* | **University of British Columbia, Vancouver, Canada**  Doctor of Philosophy: Health Psychology  Supervisor: Dr. Nancy Sin |
| *2017 - 2019* | **Freie Universität Berlin, Germany**  Master of Science: Clinical and Health Psychology  Thesis: The impact of agentic and communal values on social comparison in romantic relationships  Supervisor: Dr. Nina Knoll |
| *2016 - 2017* | **University of British Columbia, Vancouver, Canada,**  **Social Health Lab**  Visiting International Research Student  Supervisor: Dr. Frances Chen |
| *2013 - 2016* | **University of Freiburg, Germany**  Bachelor of Science (Psychology)  Thesis: Associations between habitual and spontaneous emotion regulation in youths – an emotion-specific approach  Supervisor: Dr. Brunna Tuschen-Caffier |

**ACADEMIC POSITIONS AND RESEARCH EXPERIENCES**

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| *10/2017 – 07/2019* | **Freie Universität Berlin, Germany, Division of Health Psychology**  (supervision Prof. Dr. Nina Knoll and Prof. Dr. Ralf Schwarzer)  *Student Assistant*  (Project: Clinical Trial: Self-regulatory interventions to facilitate physical exercise maintenance) |
| *08/2018 -*  *10/2018* | **University of British Columbia, Vancouver, Canada,**  **Social Health Lab**  (Supervisor: Prof. Dr. Frances Chen)  *Visiting Researcher*  (data collection for Social Experiences in Couples Study) |
| *01/2016 - 07/2016* | **Freiburg School for Behavioral Therapy** (Freiburger Ausbildungsinstitut für Verhaltenstherapie), Freiburg, Germany (Supervisor: Prof. Dr. Dr. Jürgen Bengel)  *Student Assistant*  (data analysis, quality management, communication with students) |

**WORK EXPERIENCE**

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| *since 06/2020* | **University of British Columbia, Department of Psychology,** Vancouver, Canada  *Statistical Consultant* |
| *02/2015 - 05/2015* | **Klinik Haus Vogt**, Clinic for Psychiatry, Psychotherapy and Psychosomatic Medicine for Youths, Titisee-Neustadt, Germany  *Intern* |
| *05/2012 - 08/2013* | **Day Nursery, Student Services**, Reutlingen, Germany  *Voluntary Year of Social Service* |

**FELLOWSHIPS**

**German National Scholarship Foundation**

(Studienstiftung des Deutschen Volkes, all funding merit-based)

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| *07/2019* | *Travel Grant:* 250 €  SIPS Convention 2019, Rotterdam, Netherlands |
| *02/2019* | *Travel Grant;* 1,300 €  SPSP Convention 2019, Portland, OR, USA |
| *08/2018 -10/2018* | *Travel Stipend;* 2,100 €  Short research stay at the University of British Columbia |
| *03/2018* | *Travel Grant;* 1,175 €  SPSP Convention 2018, Atlanta, GA, USA |
| *10/2017 - 09/2019* | *Full Scholarship;* 22,800 €  Master of Science |
| *09/2016 - 06/2017* | *Travel Stipend;* 14,650 €  Research stay at the University of British Columbia, |
| *01/2014 - 09/2016* | *Full Scholarship;* 27,000 €  Bachelor of Science |

**University of British Columbia**

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| *09/2019 – 08/2023* | *4-Year Doctoral Fellowship* (includes full tuition waiver)*;* CAD 72,000 |
| *09/2019* | *R Howard Webster Foundation Fellowship* (Entrance Award for Green College Residents); CAD 3,000 |
| *05/2020* | *President's Academic Excellence Initiative PhD Award;* CAD 325 |

**AWARDS**

First Place Poster Award (150 €), *Division for Health Psychology of the German Psychological Society* (2017)

Poster Award, *Master’s Level Research Conference, Freie Universität Berlin* (2019)

**TEACHING**

**University of British Columbia, Department of Psychology**

(Instructor: Dr. Nancy Sin), Teaching Assistant

Health Psychology (PSYC 314, 2019W, including guest lecture on health behavior change)

**University of Freiburg, Division for Social Psychology and Methodology**

(Instructor: Dr. Karl Christoph Klauer), Teaching Assistant (weekly review course)

Statistics I (Winter 2014 and 2015)

Statistics II (Summer 2015 and 2016)

**SKILLS**

**Data Analysis:**

* **Software:** R (and RStudio), IBM SPSS and SPSS Amos, JAGS, MPlus
* **Statistical Methods** (list is not extensive): multiple regression, logistic regression, resampling methods, multilevel modeling, item response theory, structural equation modeling, path analysis, Bayesian statistics, machine learning, and propensity score methods

**Research Methods include:**

Intensive longitudinal designs (e.g., daily diary, ecological momentary assessment), ambulatory health monitoring, clinical trials, interventions

**Reference Management:** Citavi, EndNote, Zotero

**SERVICE**

**Universities:**

**Psychology Student Council, University of Freiburg**, Germany

*2014 - 2016:*Volunteer (Communication and Organization)

**Faculty Council for Economy and Behavioral Sciences, University of Freiburg**, Germany

*2015 - 2016:*Elected member

**Graduate Student Council, Department of Psychology, University of British Columbia, Vancouver,** Canada

*2019 – 2020:* Faculty/Staff Recognition Representative

**Green College, University of British Columbia, Vancouver,** Canada

*2019 – 2020*: Academic Committee

**Societies:**

**Society for Personality and Social Psychology**

*2018*: Reviewer for the SPSP Undergraduate Poster Competition

**Gerontological Society of America**

2020: Abstract Reviewer

**PUBLICATIONS**

**Klaiber, P.,** Wen, J.H., DeLongis, A., Sin, N.L. (*in press*) The ups and downs of daily life during COVID-19: Age differences in affect, stress, and positive events, *The Journal of Gerontology: Series B, Psychological and Social Sciences*

**Klaiber, P**., Whillans, A.V., Chen, F.S. (2018), Long-term health implications of students’ friendship formation during the transition to university, *Applied Psychology: Health and Well-being, 10*(2), 290-308*.* doi:10.1111/aphw.12131

Ward-Griffin, E., **Klaiber, P**., Collins, H. K., Owens, R. L., Coren, S., & Chen, F. S. (2018), Petting Away Pre-Exam Stress: The Effect of Therapy Dog Sessions on Student Well-Being, *Stress and Health*, *34*(3), 468-473. doi: 10.1002/smi.2804

**PUBLICATIONS (SUBMITTED, UNDER REVIEW & IN PREPARATION)**

**Klaiber, P**., Reese, Z., Knoll, N., Chen, F.S. (*in preparation*), The impact of agency and communion on social comparison in romantic relationships

Sin, N.L., Wen, J.H., **Klaiber, P**., Buxton, O.M., Almeida, D.M. (*minor revision*). Sleep duration and affective reactivity to stressors and positive events in daily life

Keller, J., Kwasnicka, D., **Klaiber, P**., Radau, L., Fleig, L. (*under review*), Effects of Time- and Routine-based Cues on Habit Formation and Plan Enactment: A Randomized Controlled Trial

**Klaiber, P**., Wen, J.H., Ong, A.D., Almeida, D.M., Sin, N.L. (*in preparation*), Engagement and responsiveness to daily positive events: Zautra et al. (2005) reloaded with the Big Five personality traits

Paulhus, D., **Klaiber, P**. (*submitted*), HEXACO, Dark Personalities and Brunswik Symmetry, *an invited comment on* Ashton, M.C., Lee, K. Objections to the HEXACO Model of Personality Structure—And Why Those Objections Fail, *European Journal of Personality*

Hill, P.L., **Klaiber, P.,** Burrow, A.L., DeLongis, A., Sin, N.L. (under review). Purposefulness and Daily Life in a Pandemic: Predicting Daily Affect and Physical Symptoms during the First Weeks of the COVID-19 Response

Hill, P.L., **Klaiber, P.,** DeLongis, A., Sin, N.L. (in preparation). The Purpose-Forecasted Life: Examining Daily Forecasts of Purposefulness during the COVID-19 Response

Sin, N.L., **Klaiber, P.,** Wen, J.H., DeLongis, A. (under review). Daily prosocial activities and affective and social well-being amid the COVID-19 outbreak

**CONFERENCE PRESENTATIONS**

\*stars denote undergraduate mentees

**Klaiber, P**., Almeida, D.M. Sin, N.L. (2020). *Perceived social Integration predicts engagement and responsiveness to positive events: test of age moderation*. Paper submitted to the Annual Scientific Meeting of the Gerontological Society of America, Philadelphia, PA.

Keller, J., Kwasnicka, D., **Klaiber, P.,** Lally, P., Fleig, L. (2020). *Modelling habit formation following routine-based versus time-based cue planning: A randomized controlled trial.* Talk submitted to the conference of the European Health Psychology Society, Bratislava, Slovakia/

Rahimisoureh, A.\*, **Klaiber, P.,** Sin, N.L. (2020). *Differentiating between Trait and State Measures of Purpose in Life and their Relationships to Physical Activity*. Poster submitted to the 100th convention of the Western Psychological Association, San Francisco, CA.

**Klaiber, P**., Almeida, D.M. Sin, N.L. (2020). *Plan your morale boosters: Daily positive events mediate the link between future planning and life satisfaction*. In N.L. Sin (Chair), *The contributions of psychosocial factors to health and well-being: Linking micro-level daily processes to long-term outcomes*. Symposium talk to be held at the 100th convention of the Western Psychological Association, San Francisco, CA.

**Klaiber, P.**, Puterman, E., Sin, N.L., (2020) *Physical activity and affect variability: Differential associations for positive versus negative affect*. Poster accepted for the 78th Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA. *[Abstract accepted but talk not given due to conference cancellation for COVID-19 outbreak]*

Sin, N. L., Wen, J. H., **Klaiber, P**., Buxton, O. M., & Almeida, D. M. (2020). *Bidirectional relationships between sleep duration and affective responsiveness to daily positive events*. In B. Jenkins (Chair), *Affect dynamics and health: How changes in affect predict and account for behavioral, physiological, and physical health outcomes*. Symposium talk accepted for the Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA. *[Abstract accepted but talk not given due to conference cancellation for COVID-19 outbreak]*

Oldenburg, M., **Klaiber, P.**, Keller, J., Blanke, E. S., Rauers, A., Knoll, N., Riediger, M. (2019). *Show me Your Feelings: The Interplay Between Affective Empathic Accuracy and Health-Related Factors.* Poster presented at the 14th Conference for Health Psychology, Division for Health Psychology of the German Psychological Society, Greifswald, Germany.

* *Poster Award*

**Klaiber, P**., Wen, J. H., Ong, A. D., Almeida, D. M. & Sin, N. L. (2019). *Engagement and responsiveness to daily positive events: Zautra et al. (2005) reloaded with the Big Five personality traits.* In G. Luong (Chair), *The positive side of stressors and daily events: Implications for adult development.* Symposium at the Society for the Study of Human Development Conference, Portland, OR.

**Klaiber, P.,** Sin, N. L. (2019) *Planning positive events or just going with the flow? – Effects of planning on engagement in and reactivity to daily positive events*. Pre-study poster presented at the Conference of the Society for the Improvement of Psychological Science, Rotterdam, Netherlands

**Klaiber, P**., Svatko, Y., Chen, F.S. (2019). *The impact of agentic and communal values on social comparison in romantic relationships*. Talk presented at

the Close Relationships Preconference of the Society for Personality and Social Psychology, Portland, OR

**Klaiber, P**., Patena, K., Chen, F.S. (2018). *Am I upset because of you or me? – Social comparisons in homo- and heterosexual romantic couples*. Poster presented at

the Society for Personality and Social Psychology, Atlanta, GA, <https://osf.io/mra4h/>

* *Finalist - Graduate Student Poster Competition*

**Klaiber, P**., Whillans, A.V., & Chen, F.S. (2017). *Making friends for your health: Friendship formation and health in university students - a longitudinal study*. Poster presented at the 13th Conference for Health Psychology, Division for Health Psychology of the German Psychological Society, Siegen, Germany.

**INVITED TALKS**

*Doing better – feeling worse? Social Comparison in Romantic Relationships*. (Jan, 2020) Green College, University of British Columbia, Vancouver, Canada – Resident Member Series

**PROFESSIONAL ASSOCIATIONS**

American Psychosomatic Society

Deutsche Gesellschaft für Psychologie (DGPS; German Psychological Society)

Gerontological Society of America