

**Psychology 102.008 & .009 TERM 2 2021**  
**People in Perspective:**  
**Introduction to Development, Social, Personality, & Clinical Psychology**

<b>Professor:</b> <b>TONI SCHMADER, PH.D.</b>	<b>Office hours (PST):</b> Tuesdays 10:30 – 11:00 & 12:00 – 12:30	<b>Email &amp; Zoom link</b> tschmader@psych.ubc.ca <a href="https://ubc.zoom.us/j/64247516390?pwd=eENUblIDMGhXeE91aXN2L1g4S4ZrQT09">https://ubc.zoom.us/j/64247516390?pwd=eENUblIDMGhXeE91aXN2L1g4S4ZrQT09</a> (link can be accessed through Canvas)	Contact for general questions about course content & psychology
<b>Teaching Assistants:</b> <b>BRITTANY ZHANG</b>	<b>Office hours (PST):</b> Wednesdays 11 am -12 pm <a href="https://ubc.zoom.us/j/69367273816?pwd=bHl5dkpKSTluRTRoNm1MZmhPTC8vdz09">https://ubc.zoom.us/j/69367273816?pwd=bHl5dkpKSTluRTRoNm1MZmhPTC8vdz09</a>	<b>Email &amp; Zoom link</b> tianrui.zhang@alumni.ubc.ca <a href="https://ubc.zoom.us/j/62013204317?pwd=b2xwQjBPUDVGMll6dVpOeUllelZTz09">https://ubc.zoom.us/j/62013204317?pwd=b2xwQjBPUDVGMll6dVpOeUllelZTz09</a>	Contact for essay and exam review by last name & section Section.008 A-L CfA accommodations
<b>XIAOLEI DENG</b>	Tuesdays 7:00 -8:00 pm <a href="https://ubc.zoom.us/j/67576671358?pwd=NitGZmdrWDNDMXNmeVFRMUxEM0RIUT09">https://ubc.zoom.us/j/67576671358?pwd=NitGZmdrWDNDMXNmeVFRMUxEM0RIUT09</a>	xiaolei.deng@gmail.com	Section.008 M-Z
<b>BRANDON TOMM</b>	Thursdays 10 am – 11 a.m. <a href="https://ubc.zoom.us/j/62612409969?pwd=dEpEQkVWSTISN2h1VUZqZDM4TGs4QT09">https://ubc.zoom.us/j/62612409969?pwd=dEpEQkVWSTISN2h1VUZqZDM4TGs4QT09</a>	brandon.tomm@psych.ubc.ca	Section.009 A-L
<b>ABIGAIL YUEN</b>	Thursdays 11:30 am-12:30 pm <a href="https://ubc.zoom.us/j/62612409969?pwd=dEpEQkVWSTISN2h1VUZqZDM4TGs4QT09">https://ubc.zoom.us/j/62612409969?pwd=dEpEQkVWSTISN2h1VUZqZDM4TGs4QT09</a>	yabigail@mail.ubc.ca	Section.009 M-Z
<b>PIAZZA DISCUSSION BOARD</b>	Sign up at the following link: <a href="https://piazza.com/ubc.ca/winterterm22020/102008009">https://piazza.com/ubc.ca/winterterm22020/102008009</a>		For frequently asked questions about assignments and exams

\*\*Emails should be professional and courteous. We will strive to respond to your questions within 2 business days.

**CLASS MEETINGS:** ASYNCHRONOUS LECTURE CONTENT WILL BE COVERED IN VIDEOS POSTED ON CANVAS

Synchronous sessions (optional):

PSYC 102.008: Live sessions every Tuesday 9:30 – 10:30 a.m.

PSYC 102.009: Live sessions every Tuesday 11:00 – 12:00 a.m.

Each Tuesday will be a Live class meeting (or a Test day). Live class meetings are optional opportunities for increased engagement and extra credit. You can attend either the 9:30 or 11 a.m. session via Zoom:

<https://ubc.zoom.us/j/64247516390?pwd=eENUblIDMGhXeE91aXN2L1g4S4ZrQT09>

We acknowledge that UBC resides on the traditional, ancestral, and unceded territory of the Musqueam people.

**CLASS WEBSITE:** ACCESS AT <https://canvas.ubc.ca/courses>

Check the website for announcements, lecture slides and videos, and grades.

**TEXTBOOK:** GROSS, SCHMADER, ANDERSON, & MARTIN HARD (2020)

*Canvas Digital: Interactive Psychology: People in Perspective with InQuizzative for Willo*

- This is a digital text, the 'canvas print' version (that provides print copies of chapters) is optional. All Browsers are supported, but Chrome might work best.
- Once you purchase the digital text, you will be given an access code that you will enter when you first try to access the text through Canvas.

## COURSE SUMMARY:

Do you like to people watch? Are you constantly wondering why people do the things they do? Are you curious about what babies know? Or how people with mental illness get better? Or the best way to cope with stress? Do you care that the answers to these questions are grounded in scientific evidence attained from careful observation or experimentation rather than people's armchair, self-help sound bites? Then psychology is the field for you!

Psychology is the scientific study of behavior. Humans behavior and experience is rooted in physiological mechanisms, but our ability to engage in conscious and abstract thought makes us complex subjects of study. To understand that complexity, psychologists devise clever techniques and sophisticated theories to isolate patterns of thought and behavior that can be predicted and explained by a combination of biology, the cultural environment, and immediate social context.

The primary goal of this course is to give you a broad survey of several subareas of psychology. While Psych 101 covers the more biological, perceptual, and cognitive aspects of human psychology, in Psych 102 we will cover the developmental, social, and clinical aspects of the discipline. This coverage will focus on classic theories and research to give you a solid foundation for future specialty courses on these topics. However, as psychology is a science, the current knowledge base is always growing and expanding. That's what makes it exciting! So we will also learn about some recent trends and cutting-edge findings in the field.

## Learning Outcomes:

Students completing this course will be able to:

- *Use basic psychological terminology appropriately to explain behavior and mental processes.*
- *Describe both classic and contemporary theoretical perspectives in psychology.*
- *Identify key historical figures and findings in the history of psychology.*
- *Distinguish between intuitive ideas and evidence-based methods for understanding behavior*
- *Describe how researchers design studies to test theory using different methods.*
- *Critique research findings by identifying strengths and limitations in different methods and design.*
- *Distinguish between related psychological constructs and apply them to new examples.*
- *Learn material both through independent reading and discussion of topics in class.*

## Top 10 Tips for Doing Well in this Class

- 1) Watch every lecture video and take good notes on the content (see tips in Chapter 1)
- 2) Read assigned chapters, including embedded interactives, and complete InQuizzative quizzes.
- 3) Start studying for tests one week ahead of time.
- 4) Study information from the chapters that was not covered in lectures (and vice versa)
- 5) Attend the Live Zoom Classes (or watch recordings) to engage with the material.
- 6) Ask questions on Piazza or during virtual office hours.
- 7) Find a study partner that you can review information with.
- 8) Strive to improve over time; everything gets easier with practice.
- 9) Have fun with the material and stay curious. Try to relate information to things you observe.

## COURSE FORMAT:

Although we can't meet in person, the course will provide you with some opportunities to interact with me and the instructional team, and more importantly, with each other. Information will be shared with you in two formats, and **you can be tested on material covered in either of these sources of content.**

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### *Sources of content*

1. Textbook chapters: The course schedule outlines which chapters we will cover. You are *strongly* encouraged to complete the interactives embedded in the chapters and InQuizzative chapter quizzes as they are assigned to enhance your understanding of the content. **There will be information in the text that we won't have time to cover in class, but you are still responsible for it.**
2. Prerecorded lecture videos and PDFs of slides: There will be three to four videos per chapter posted to Canvas (along with PDF's of the slides) by Wednesday evening the previous week. **Lectures are designed to clarify as well as *extend* the text, therefore, lectures will cover material that is not in your text and you will be responsible for that information.** Plan to take notes as you watch the videos (see Ch. 1 for advice on note-taking) as the slides merely provide an outline for the material. There will be details presented in the video that are not on the slides.

### *Supplemental content*

Podcasts /other videos:

I'll provide information on one podcast or outside video per chapter to provide examples of how to connect what we learn to broader issues and facets of life. These are supplemental and will help you engage with the material. **You will not be tested on this content.**

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### *Opportunities to interact*

1. Live zoom classroom: Each week, there will be a one hour *optional*/live, interactive session on zoom. We will use breakout rooms for activities and Q&A. Although not mandatory, these sessions will provide a way to connect with each other and me. They will be recorded and posted on Canvas. You can attend either session and can earn some extra credit for participating in these sessions.
  2. Piazza: Piazza is the class discussion board for all your questions. Whenever possible, rather than emailing questions about the class to me or the teaching staff, you are asked to post your questions on Piazza. You are encouraged to ask and answer questions you see. The TA's will also monitor the board for any questions that cannot be answered by fellow students in the class, and will be answered on Piazza and in the live zoom sessions.  
**signup at: <https://piazza.com/ubc.ca/winterterm22020/102008009>**
  3. Office hours: You are encouraged to come to virtual office hours to ask questions or get help on issues related to the course. Zoom links are linked in Canvas.
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## Assessments

<b>Tests</b>	For each test, you will have 40 minutes to answer 20-30 multiple choice questions cover content from assigned chapters and lecture videos. Tests are open book / open note, but you will not have the time to look up information so you are advised to treat each test as a closed book test.
Test 1	15% Chapters 1 & 2: Introduction, Methods, & Syllabus content
Test 2	15% Chapters 11 & 8.16-8.22: Developmental; Intelligence
Test 3	15% Chapters 9 & 10: Emotion & Motivation; Stress and Health
Test 4	15% Chapters 13 & 14: Clinical Disorders; Treatment
Test 5 (Final Part 1)	15% Chapters 12 & 15: Personality; Social Psychology
Cumulative Exam (Final Part 2)	10% In addition to Test 5, the final exam will include 20-30 multiple choice questions asking you to integrate content across topics <b>focusing on material covered in the lecture videos.</b>
<b>Activity Assignment (AA)</b>	10% See below for more information.
<b>InQuizzative Quizzes (IQ)</b>	3% See below for more information.
<b>Research Experience (REC)</b>	2% See below for more information.
<b>Extra Credit (EC)</b>	2% See below for more information.

## Final Grades

Faculties, departments and schools reserve the right to scale grades in order to maintain equity among sections and conformity to university, faculty and department or school norms. Thus, please note that the unofficial grades you will receive from me, the instructor, might be changed by the faculty, department or school. Grades are not official until they appear on the student's academic record. If necessary, the grades from this course will be scaled (curved) to obtain an average between 68-72%, with an SD of 14%.

## Test-Related Policies

When are tests held? Tests will be taken through Canvas during the regularly scheduled class time (9:30 a.m. PST for PSYC102.008 and 11:00 a.m. PST for PSYC 102.009), *unless you request permission to take the test at the alternative time for those in distant time-zones.* The alternative test time will be announced after an initial survey establishes the need among students in the course.

## Can I take a make-up test?

No, instead of scheduling make-up tests, every student has the option to drop one of their five test scores so that their grade is instead calculated as follows: 4 tests worth 18% each + cumulative final worth 13%.

If you miss or perform poorly on a test *for any reason*, this flexibility is built into the grading scheme so that you can avoid a zero or low score. If you do miss a test, you must inform me via email *as soon as possible*. If you miss more than one test, you must contact me to discuss your progress in the course.

### *InQuizzative (IQ) chapter quizzes*

Your digital text comes packaged with end of chapter practice quizzes that gamify learning the material in the assigned chapters. **You must access the ebook and the quizzes from within the Canvas site for the class.** Completing these InQuizzative quizzes will help you assess your comprehension of the chapter material as you prepare for tests. These chapter quizzes are directly accessible within each test module on Canvas. The total percentage score received on these quizzes **by each assigned deadline (11 p.m. PST the night before the test for that topic)** will be worth 3% of your final grade.

### *Activity Assignment:*

You will be required to complete **one activity assignment** during the course (out of 3 possible opportunities). Please note that **you cannot do all three to earn extra credit.** These assignments are designed to help you think more deeply about some of the topics we discuss in this course in a fun, insightful, and interactive way. Each assignment will have a video explainer and instruction sheet that will be posted to Canvas 2-3 weeks before the assignment is due. Each assignment includes two steps:

- An interactive component that requires some activity or involvement on your part
- A written essay that addresses the questions from the instruction worksheet on Canvas

Highest marks will be given to students who not only complete all aspects of the assignment, but whose final paper is evaluated by the TA to be of exemplary quality compared to others in the class. The assignment must be completed independently.

**Turning in your assignment is a two step process.** You will need to submit your activity assignment to two different places (as a Word doc or PDF):

**Step 1: Turnitin.com** Submit your activity assignment to **turnitin.com**, which will allow us to verify that the writing is yours and not substantially overlapping with other assignments or published resources. Information about creating a turnitin.com account will be provided on the worksheet for each assignment.

**Step 2: Submitting to Canvas** Submit the same written assignment to **Canvas** for that assignment to be marked by the TA. Due to the size of the class and the limited number of hours that your TA is paid to work, you will not receive detailed written comments on your assignment. However, you can contact your TA to discuss your mark on an activity assignment and to get general advice for improving your writing.

### *Honour Code*

Written work **must be** the result of your independent work. Evidence of cheating or plagiarism (from a published or online source or from another student) will result in an immediate zero in the class and notification to University authorities. Please familiarize yourself with the definition of plagiarism and the penalties at UBC:

<http://www.calendar.ubc.ca/Vancouver/index.cfm?tree=3,54,111,959>

<http://learningcommons.ubc.ca/resource-guides/avoiding-plagiarism/>

## Research Experience Component (REC) – 2%

Psychology is an active and exciting scientific discipline. Many of the studies that you will learn about in this course were carried out at universities just like ours! As part of this course, you will be asked to complete a research experience component (REC) as way of introducing you, in a more hands on and interactive way, to cutting edge research in psychology. This REC will be worth 2% of your grade in the class and you are free to choose one of two options:

### Option 1: Participate in the Psychology Department Human Subjects Pool (HSP)

Most students will choose to earn their research experience component by serving as a participant in one of the many different psychological studies that are being conducted by the department. For each hour of experimental participation you can earn one credit towards your final grade.

You can sign up for studies by visiting <https://ubc-psych.sona-systems.com/>. Visit <https://psych.ubc.ca/hsp> to find a detailed guide about how to participate in the HSP, how-to videos, and a list of frequently asked questions.

**Please register in the system by the end of the first month of classes to have the opportunity to earn your first ½ hour credit with a brief online survey that will increase your eligibility for more studies.**

Once registered in the system, you will be able to browse through and select which studies you wish to participate in, sign up for an available timeslot, and confirm your accumulated credits afterward. **At the end of the last day of class for the term, the subject pool is closed.** At that point, you will no longer be able to receive credits. I strongly urge you to participate in and confirm your credits long *before* the last week of class. Further instruction on how to use the HSP online system can found online at the same link provided above.

### Option 2: The Library Option

As an alternative to participation in psychology subject pool experiments, you may complete a library-writing project. Such projects consist of reading and summarizing 1) the research question, 2) the methods and 3) the results (in written form) of a research article. You can find out more about how you can earn REC credits using the library option at <https://psych.ubc.ca/hsp>.

### *Extra Credit (optional)*

You can choose one of two option for earning up to 2% points of extra credit that will be added to your grade at the end of the term.

Option 1: You can earn .5 of extra credit (up to 2 points total) for each synchronous (live) session you attend (excluding the very first day of class). To earn credit, you must attend for the full hour with your name visible (contact me if this is a problem), and will be expected to participate in small group discussion.

Option 2: You can earn 2 extra credit points by doing up to two additional hours of study participation in the HSP (or summarizing another two additional journal articles for the library option) as described above as the research experience component of the course.

## Accessibility Accommodations

UBC is committed to equal opportunity in education for all students including those with documented physical disabilities or learning disabilities. If you have a disability that affects your learning or performance on tests or exams please visit UBC's Center for Accessibility (CfA) <http://students.ubc.ca/about/access> and take the necessary steps to ensure your success at UBC. If you are enrolled at CfA, please contact Brittany Zhang ([tianrui.zhang@alumni.ubc.ca](mailto:tianrui.zhang@alumni.ubc.ca)) to make sure she has the documentation for your testing accommodation.

## Statement from Provost for Students Studying Abroad and Remotely

During this pandemic, the shift to online learning has greatly altered teaching and studying at UBC, including changes to health and safety considerations. Keep in mind that some UBC courses might cover topics that are censored or considered illegal by non-Canadian governments. This may include, but is not limited to, human rights, representative government, defamation, obscenity, gender or sexuality, and historical or current geopolitical controversies. If you are a student living abroad, you will be subject to the laws of your local jurisdiction, and your local authorities might limit your access to course material or take punitive action against you. UBC is strongly committed to academic freedom, but has no control over foreign authorities (please visit <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,33,86,0> for an articulation of the values of the University conveyed in the Senate Statement on Academic Freedom). Thus, we recognize that students will have legitimate reason to exercise caution in studying certain subjects. If you have concerns regarding your personal situation, consider postponing taking a course with manifest risks, until you are back on campus or reach out to your academic advisor to find substitute courses. For further information and support, please visit: <http://academic.ubc.ca/support-resources/freedom-expression>

## *Class Etiquette for Live Sessions (and Piazza)*

Live sessions are an opportunity to engage with the material, with me, and with each other. To make the most out of each hour long live session you attend (and receive the .5 extra credit), the expectation is that:

1. You maintain attention on the session for the full hour (no multi-tasking). The TA or instructor will take attendance at two different points during the session and credit will be granted only to those who respond to both attendance checks.
2. You complete activities and small group discussions via break-out rooms (ideally with cameras on to allow for more natural conversations when in pairs or small-groups).
3. You use the chat and Piazza discussion board in a professional and civil manner that contributes to or asks questions of the content in a manner that is not distracting, disparaging, or offensive to the instructional team or others in the class.

## CLASS SCHEDULE

<u>DATE</u>	<u>TOPIC</u>	<u>ASSIGNED READING</u>	<u>ASSIGNMENT DUE DATES</u>
WEEK 1 <b>JAN 12</b>	INTRODUCTION	CHAPTER 1	
WEEK 2 <b>JAN 19</b>	RESEARCH METHODS	CHAPTER 2	
WEEK 3 <b>JAN 26</b>	<b>TEST 1 (15%)</b>		AA1 DATA DUE BY FRIDAY JAN 29 BY 11 P.M. PST
WEEK 4 <b>FEB 2</b>	DEVELOPMENT	CHAPTER 11	
WEEK 5 <b>FEB 9</b>	INTELLIGENCE	CHAPTER UNITS 8.16 – 8.22	
<b>THURSDAY FEB 11</b>	<b>TEST 2 (15%)</b>		
<b>READING WEEK</b>			
WEEK 6 <b>FEB 23</b>	MOTIVATION & EMOTION	CHAPTER 9	AA1 ESSAY DUE TUESDAY FEB 23 BY 11 P.M. PST
WEEK 7 <b>MAR 2</b>	STRESS & HEALTH	CHAPTER 10	AA2 DATA DUE BY FRIDAY MARCH 5 BY 11 P.M. PST
WEEK 8 <b>MAR 9</b>	<b>TEST 3 (15%)</b>		
WEEK 9 <b>MAR 16</b>	CLINICAL DISORDERS	CHAPTER 13	AA2 ESSAY DUE TUESDAY MARCH 16 BY 11 P.M. PST
WEEK 10 <b>MAR 23</b>	THERAPIES	CHAPTER 14	
WEEK 11 <b>MAR 30</b>	<b>TEST 4 (15%)</b>		
WEEK 12 <b>APR 6</b>	PERSONALITY	CHAPTER 12	AA3 ESSAY DUE TUESDAY APRIL 6 BY 11 P.M. PST
WEEK 13 <b>APR 13</b>	SOCIAL PSYCHOLOGY	CHAPTER 15	WED APR 14 FOR ALL REC FRI APR 16 FOR INQUIZZATIVE
<b>TBA</b>	<b>TEST 5 (15%) + CUMULATIVE FINAL EXAM (12%)</b>		

*Note: Lecture slides will be posted to canvas by Wed evening the week before each **Live session (Red Dates)**. InQuizzative (IQ) chapter quizzes are due by 11 p.m. PST the evening before the test covering those chapters.*



