

PSYCHOLOGY 309a
COGNITIVE PROCESSES

Section 001 Winter 2022-23, Term 1, Tu-Th 2:00-3:20

INSTRUCTOR

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PLEASE NOTE: I DO NOT MONITOR OR RESPOND TO EMAILS ON THE CANVAS SYSTEM

LEARNING OBJECTIVES

The goal of this course is to give you a general introduction to human cognition, or the mental processes that support our perceptions, thoughts, emotions, decisions, and behaviors. However, it is not a course that emphasizes learning about the science of how we study cognition. Rather, it's a course that emphasizes learning how that science helps us to understand what we experiences in our own everyday lives. It's a course that teaches you how to observe your own mind and discover the nuances of how it works. As such, at the end of the course, the successful student should be able to:

1. Understand how the brain helps to reveal the structure and organization of our cognitive processes, and how this organization relates to our normal, everyday experiences.
2. Understand how biases in our cognitive processes impact our thinking, behavior, and decisions.

ATTENDANCE DURING COVID-19

FIRST, on the day you attend, please complete a self-assessment for COVID-19 symptoms (<https://bc.thrive.health/covid19/en>) prior to attending, and stay home if you do have any symptoms. There is currently no provincial or UBC mandate for wearing masks indoors, but please remain aware that non-medical masks that cover our noses and mouths are a primary tool for combating the spread of COVID- 19. While I would encourage wearing masks for the term, it is a personal choice, and some students may have medical accommodations for not wearing a mask; so please, maintain a respectful environment regardless of your personal views on masks.

SECOND: It is my personal preference to maintain social distancing when taking questions after class, both at the lectern and, when necessary in the hall outside of class.

FINALLY: We need to recognize that the trajectory of the pandemic remains difficult to predict, and we may at any point have to transition to an on-line format. Some of the policies and procedures outlined here may have to be altered if such a transition becomes necessary.

BUYER BEWARE: ATTENDANCE AND LAPTOPS

Towards promoting a learning-positive agenda, this course has two important policies in place. First, learning begins with coming to class on a regular basis. To encourage this, ***each of the three exams (see below) will include at least 2 1-point questions based on happenings and/or discussions exclusive to lecture and that thus that directly reward attendance.*** So beware: this is not a good course for the attendance-challenged. Second, research has shown that the use of laptops in lecture settings (1) distract the user and those around them from the lecture, and (2) students who take notes by hand show greater retention of material from lecture, relative to students who take notes on laptops. Likewise, not all students may have access to laptops/tablets, which arguably might confer an unfair advantage on those that do have laptop/tablet access. *As such, laptops, tablets, phones, and other forms of attention-distracting technology are not to be used in class.* For insight into the science on this, please see the WHY NO LAPTOPS IN CLASS? module on the course Canvas site.

LECTURE SLIDES

In the LECTURE SLIDES module on the course Canvas site, I will post the slides for each lecture. Although I will always try to post each lecture's slides the evening (or morning) before each class, I can only guarantee that slides will be posted shortly after each lecture. Please note, however, that this is a privilege that can be revoked at any time; so please, don't be demanding about posting times.

ASSIGNED READINGS

There is no textbook for this course. Instead, we will be reading one assigned research article per lecture, beginning with Lecture 2. All of the assigned readings can be found in pdf format on the course Canvas site, under the ASSIGNED READINGS module. There you will find three files, one containing the readings for each of the three parts of the course (see the course lecture schedule at the end of this syllabus). For each of the assigned papers, I also include a brief summary or introduction to each paper in the reading files, along with a few key terms that would be helpful to Google prior to reading the paper. For the file containing the readings for Part 1 of the course, I also include some important introductory comments on the papers themselves, what you should focus on in general when reading them, and a set of strategies for reading each paper that will hopefully help maximize what you learn while minimizing anguish and stress. As I note in these notes, I STRONGLY encourage you to read each paper prior to the class for which it is assigned. I don't assign a lot of pages of reading; rather, I expect you to spend quality time with what is assigned.

EXAMS

There are **three** non-cumulative exams for the course. Dates for the exams can be found on the lecture schedule below; **Exam 1 is worth 56 points, Exam 2 is worth 64 points, and Exam 3 is worth 64 points.** The first two exams will take place during the regularly-scheduled lecture time. The third exam will take place during the final exam period at the end of the term, with the time and date TBA. As such, the duration for Exams 1 and 2 will be 75 minutes (or 1 class period), while the duration for Exam 3 will be 2.5 hours (or the duration of the final exam slot).

The following points should also be noted regarding exams:

1. Each exam will consist of a mix of fill-in-the-blank and short answer questions.
2. Exams will begin 5 minutes into the class period.
3. No extra time will be given to those who are late for an exam.
4. **Make-up exams will only be considered for students facing exceptional emergency circumstances that are communicated to the instructor prior to the time of the exam.** The format of any make-up exam granted will be at my discretion.
5. Cheating on exams will not be tolerated. Any student found cheating will get a "0" for that exam. Please see the UBC Calendar for information regarding academic offences and penalties.
6. UBC accommodates students whose religious obligations conflict with attendance or completing scheduled examinations. Please let me know **by email no later than Thursday, September 22** if you will require any accommodation on these grounds. Students who plan to be absent for varsity athletics, family obligations, or other similar commitments cannot assume they will be accommodated, and should discuss their commitments with the instructor before the drop date.

TERM MARKS

Marks for the term will be based on a total of 184 points, as distributed across 3 exams. However, if the grade distribution for the final course marks fails to meet the Psychology Department's norms, scaling will be applied to final course marks. For details on scaling course marks, please see below.

DEPARTMENT SCALING POLICY

In order to reduce grade inflation and maintain equity across multiple course sections, all psychology courses are required to comply with departmental norms regarding grade distributions for final course marks. According to departmental norms, the mean course mark in a 300-level class is 70 for a good class, 68 for an average class, and 66 for a weak class, with a standard deviation of 13. Final course marks may be scaled up or down as necessary by the professor or department in order to comply with these norms. For official UBC policy on grade scaling, please see: <http://students.ubc.ca/calendar/index.cfm?tree=3,42,96,0>.

CONTACTING THE INSTRUCTOR

As noted above, I will not be available for questions at the lectern either before or after class. If your questions aren't answered during class time (I will try to make time available for that at the beginning and end of each lecture), then email is the appropriate option.

AND PLEASE NOTE: I DO NOT MONITOR OR RESPOND TO EMAILS ON THE CANVAS SYSTEM

WITH RESPECT TO EMAILING QUESTIONS (to todd@psych.ubc.ca): To avoid having your emails automatically deleted as spam, the subject header must read "Psych 309." The answers to questions regarding lecture/reading content may often be useful for the entire class to hear. As a consequence, questions may be answered in the live lecture rather than via an email response. **Please also note** that while I try to be responsive to student emails, there are limits that must be put in place when dealing with large classes. Unfortunately, in a large lecture course I can not respond to students who generate excessive/frequent emails or who generate long lists of questions, as in the name of fairness it would be impossible for me to provide this level of service to all students. **Finally, in order to promote good problem solving skills, I will deduct 1 point from a student's final course mark for each email question that can be answered by consulting this syllabus, the Department of Psychology web page, and/or the UBC web page.** Examples of such questions would be *When is the next exam?*, *Where/when is Exam 3?* and *What are the assigned readings for the next exam?*

ACADEMIC CONCESSIONS

Arts Students must contact Arts Advising as soon as you are aware you may need an [in-term concession](#). Please review [their website](#) for concession criteria as well as process to follow. Students in other Faculties should contact their Faculty advising office for direction.

OUTSIDE RESOURCES

If you run into trouble and need information on effective studying, preparing for exams, how to take notes, or manage your academic time, free workshops and advice are available from the Student Resources Center, which can be reached through the School and College Liaison Office at 822-4319. UBC provides resources to support student learning and to maintain healthy lifestyles but recognizes that sometimes crises arise and so there are additional resources to access including those for survivors of sexual violence. UBC values respect for the person and ideas of all members of the academic community. Harassment and discrimination are not tolerated nor is suppression of academic freedom. UBC provides appropriate accommodation for students with disabilities and for religious and cultural observances. UBC values academic honesty and students are expected to acknowledge the ideas generated by others and to uphold the highest academic standards in all of their actions. Details of the policies and how to access support are available here: (<https://senate.ubc.ca/policies-resources-support-student-success>)

LECTURE SCHEDULE

NOTE: All assigned readings are available in pdf format on the course Canvas page.

Part 1: Neurocognitive Processing

Date	Lecture	Topic	Assigned Reading
9/8	1	Course Introduction	Course Syllabus
9/13	2	Motor processing	Kim (2017)
9/15	3	Visual processing	Goodale (1991)
9/20	4	Emotional processing	van Honk (2002)
9/22	5	Language processing	Rose (2017)
9/27	6	Processing interactions	Stephens (2009)
9/29	7	CLASS Q & A	--
10/4	Exam 1:	On Lectures 1-7	

Part 2: Cognitive Biases

Date	Lecture	Topic	Assigned Reading
10/6	8	Priming	Tal (2017)
10/11	9	Processing fluency	Alter (2013)
10/13	10	Unconscious thinking	Bos (2008)
10/18	11	Metacognition	Ackerman (2017)
10/20	12	Loss aversion	Schindler (2017)
10/25	13	The Ikea and free effects	Norton (2012)
10/27	14	Mind wandering	Smallwood (2009)
11/1	15	CLASS Q & A	--
11/3	Exam 2:	On Lectures 8-15	

Part 3: Social Cognition

Date	Lecture	Topic	Assigned Reading
11/8	16	Emotion recognition	Adams (2003)
11/15	17	Mimicry	McIntosh (2006)
11/17	18	Mentalizing	Larsen (2016)
11/22	19	Social evaluation	Boothby (2018)
11/24	20	Social exchange	Rim (2019)
11/29	21	Shared experiences	Boothby (2014)
12/1	22	Social status	Oveis (2016)
12/6	23	CLASS Q & A	--
TBA	Exam 3:	On Lectures 16-23	