

Introduction to Developmental, Social, Personality, and Clinical Psychology

PSYC 102 006 2022W2

MEETINGS Monday/Wednesday/Friday: 1:00PM-2:00PM
Earth Sciences Building 1013

TEACHING TEAM



NATASHA PARENT (she/her)
Instructor

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Teaching Assistant

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Zoom link on Canvas

The quickest way to get any question answered is via Piazza. However, if you need to contact any member of the teaching team directly, email us first (do NOT use Canvas messages).

DO YOU EVER WONDER...

WHY PEOPLE BEHAVE THE WAY THAT THEY DO?

**HOW TO KNOW WHICH INFORMATION YOU CAN
TRUST?**

CAN WE CHANGE OUR PERSONALITY?

WHY PEOPLE RESPOND DIFFERENTLY TO STRESS?

WHAT CAUSES MENTAL ILLNESS?

ARE SMART PEOPLE BORN THAT WAY?

WHAT ARE BABIES THINKING?



If so, you're in the right place! These are some of the questions that we will begin to answer in PSYC 102 as we survey seven areas of psychology: intelligence, personality, emotion and motivation, health, social, developmental, and clinical psychology. In this course, we will ask many "big questions" about what it means to be human and use psychology to help us better understand how we think and reason about the world, about ourselves, and about others.

UBC's Point Grey Campus is located on the traditional, ancestral, and unceded territory of the xwməθkwəyəm (Musqueam) people. The land it is situated on has always been a place of learning for the Musqueam people, who for millennia have passed on their culture, history, and traditions from one generation to the next on this site.

LEARNING OBJECTIVES

PSYC 102 is a survey course. This means that rather than giving you an in-depth look into one specific topic in psychology, we will instead be spending a little bit of time on many different topics. By the end of this course, you should have a good overview of several subfields of psychology and understand how different psychologists think about the world. One of the main goals of this course is to give you a solid foundation in the classic theories and research in psychology to prepare you for future specialty courses on these topics. That said, since psychology is ever-evolving, we will also explore some of the latest research!

In each section of the course, we will aim to meet four major goals:

1. **Understand the major theories, approaches, and findings.** By the end of the course, we expect you to have a firm grasp on the major theories in each of the seven subfields we will cover, as well as the pivotal experiments which contributed to these theories. We will help identify these major theories and experiments in each section separately – find Learning Outcomes for each week on Canvas.
2. **Understand the “big questions” driving research in psychology.** There are many questions that psychology has not been able to answer, after all – it is a young science! So, while we will cover many of the major questions that psychology has been able to answer, we will also emphasize the big unanswered questions that are behind most psychological research today.
3. **Understand psychology as a science.** Psychologists, like other scientists, use precise tools to measure human behaviour and data to inform their theories. Throughout this course, you will learn about a variety of scientific tools used by psychologists in their research.
4. **Apply Knowledge to real-world situations.** One of the best parts about learning about psychology is that psychology is applicable to what we do every day! Throughout this course, we will strive to apply theories to everyday situations to help us understand how these things play out in everyday life. We will often ask you to make these links yourself and think about how what we are learning relates to your own experience.

COURSE FORMAT

Lectures for this course will take place in-person and will not be recorded. If you have to miss class, you are responsible for covering the content you have missed.

COURSE PLATFORMS



CANVAS

- ✓ Access to the Digital Textbook
- ✓ Learning Objectives and textbook chapters you can skip (under Modules)
- ✓ Lecture Slides (posted before class)
- ✓ Online Units
- ✓ InQuizitives
- ✗ Contacting teaching team



ZOOM

- ✓ Weekly Scheduled Office Hours
- ✓ By-Appointment Office Hours



PIAZZA

- ✓ Quickest place to get any course-related question answered
- ✓ Anonymous to other students (but not instructors)
- ✗ Do NOT ask for clarification or reveal answers to midterms, exams, and quizzes (this is academic misconduct)



iClicker

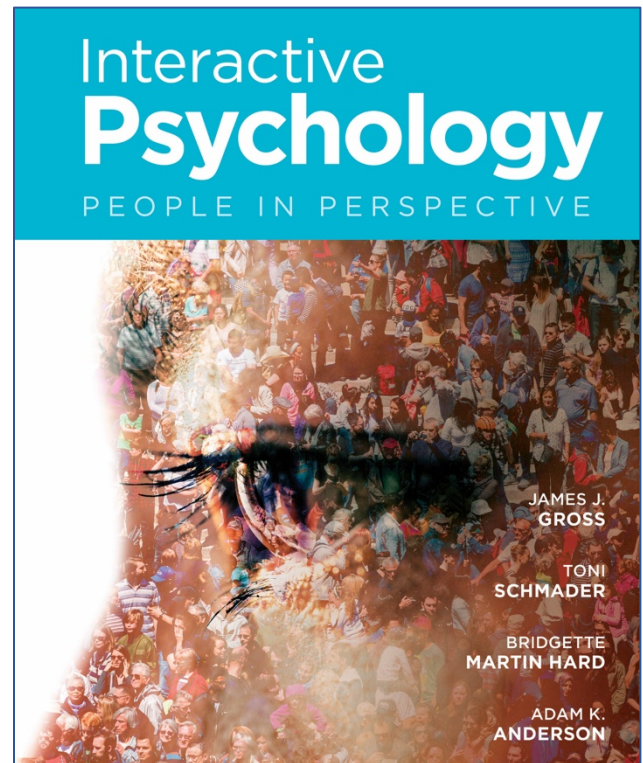
- ✓ In-class participation in polls
- ✓ Anonymous to other students (but not instructors)

TEXTBOOK

Gross, Schmader, Martin Hard, & Anderson (2020). *Interactive Psychology: People in Perspective* (1st Edition).

This textbook is interactive and online.

You can purchase the digital textbook through Canvas or from the Bookstore ("CANVAS DIGITAL" edition which is \$64.90). There are also limited looseleaf versions available at the bookstore ("CANVAS PRINT" for \$78). Our strong recommendation is that you purchase the digital version.



HOW MUCH TESTABLE CONTENT IS FROM THE TEXTBOOK?

About 50% of the content we cover in-class is also in the textbook – though in class we explain it in more detail and using different examples. Another 15% of the testable content is only found in the textbook. You are responsible for keeping up with your readings to learn this content. Any parts of the textbook that are not testable will be clearly identified on Canvas under Modules/Learning Objectives.

WHY AREN'T SPECIFIC PAGE NUMBERS LISTED FOR EACH INDIVIDUAL CLASS?

The lectures are not built directly from the textbook. Rather, topics that are covered in the textbook are elaborated, supplemented, and prioritized. As such, there is no clear one-to-one link between the textbook and the in-class topics (beyond listing the entire chapters). You can read on Canvas what pages to SKIP, but each week we expect you to read the whole chapter for all three lectures.

GRADING

35%

FINAL EXAM

The Final Exam is cumulative and consists entirely of multiple-choice questions. The Final Exam will be scheduled in-person during the Final Exam Period.

26%
x2

MIDTERMS

Midterms are non-cumulative and consist entirely of multiple-choice questions. Midterms will be held in-person during class time.

5%

INQUIZITIVES (OPTIONAL)

Each textbook chapter will have one online pass/fail activity which will give you feedback on which sections of the chapter you have learned well vs. need to review. Each is 0.5%.

5%

PARTICIPATION

Each in-person lecture will have iClicker polls for participation points (up to 3%). You will also have the opportunity to participate in psychological studies in the department (HSP credits) for 2%.

3%

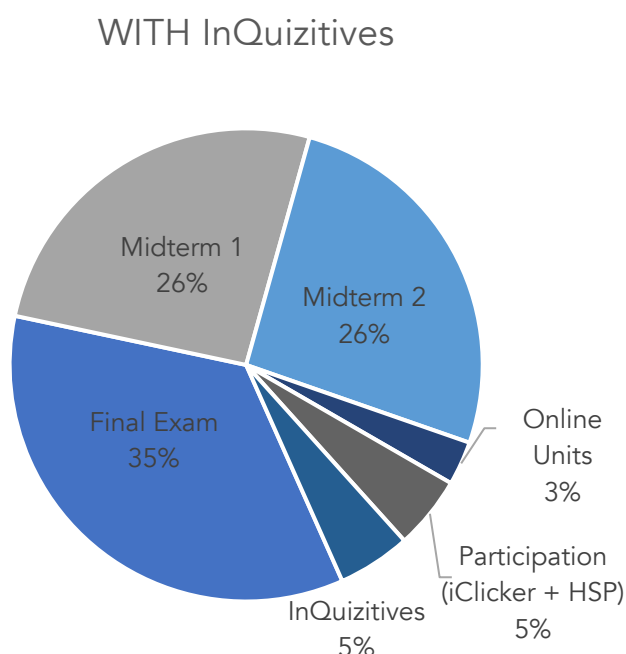
ONLINE UNITS

There will be three online units in lieu of three in-person classes (Jan 13th, Feb 3rd, Mar 24th). These units will include video lectures and quizzes on Canvas. Each is 1%.

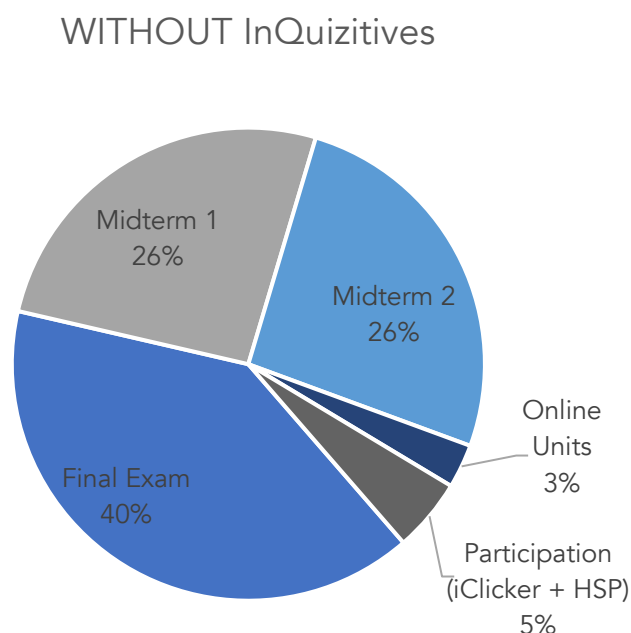
ASSESSMENT FLEXIBILITY: All of the InQuizitive activities for this class are optional. The value of each missed activity (0.5%) will be reweighed to the Final Exam, and you get a bonus 0.5% for completing 1. For example, if you complete 3/9 of the InQuizitives, you will get 2% (1.5% + 0.5% bonus) and the value of the remaining (3%) will be reweighed to your will Final Exam (35%+3%=38%).

GRADING EXAMPLES

This is an example of your grading distribution if you complete all 9/9 InQuizitives.



This is an example of your grading distribution if you complete 0/9 InQuizitives.



MORE GRADING DETAILS

HOW DO "HSP EXPERIMENTS" WORK?

As part of this course, you have the option to participate in research and get some "hands-on" experience with the research process. This component is worth 2% of your grade (this translates to 2 hours of participating in a study – or 0.5% per half-hour). To sign-up for studies, visit <http://hsp.psych.ubc.ca/>

BONUS HSP CREDITS!

After you have completed 2 credits, you can complete up to an additional 3 HSP credits and apply them towards our class for bonus percents. In other words, you can apply up to 5 total HSP credits towards our class to get up to 5%, even beyond the 2% that make up the grading (yes, that means that theoretically if you get perfect on all your assessments and do 5 credits, you can get 103% in this class!).

WHAT IF I DON'T WANT TO DO EXPERIMENTS?

You can do a Library Assignment instead of HSP Experiments for 2% of your grade, and an additional two for the bonus 3%. See "Library Assignments" on Canvas for details.

MORE GRADING DETAILS (cont)

HOW DO THE INQUIZITIVE ASSIGNMENTS WORK?

These assignments are meant to be an easy way of getting points while solidifying what you have read in the textbook. Each chapter will have one of these activities, which will be a mixture of fill-in-the-blank, matching, and other activities. Some students like to run the activities right after reading the chapter, some use them after the lectures, and others like to use them to review content before Midterms and/or the Final Exam. The choice is yours!

Each activity is worth 0.5% (up to a maximum of 5%) and we will give you a 0.5% for free if you complete any single one (so, you need to complete 9 of them for full points). Any that you do not attempt will not count against you. Instead, their worth will be reweighed to the Final Exam.

Each InQuizitive activity can be run from the Canvas Modules page, and has a particular number of “points” you need to collect in order to complete it. You will get points for every correct answer, and lose points for each incorrect answer. You can even “wager” points based on how confident you are in your answer. Since this is a pass/fail assignment, you simply need to collect the points and you will receive a pass. Each activity has a minimum of 10-15 questions and takes around 35 minutes to complete.

In the spirit of flexibility, all InQuizitive activities are due on the last day of class. We strongly recommend, however, that you attempt them when you are doing your readings to make sure that you are really grasping the content.

HOW DO THE ONLINE UNITS WORK?

There will be three online units in lieu of the in-person classes on Jan 13th, Feb 3rd, and Mar 24th – so we will not have in-person class on these dates. These units will be on the Canvas Modules page and are due at 11:59pm one week after the day of the scheduled class (e.g., the Jan 13th unit is due on Jan 20th at 11:59pm). Each unit will include short video lectures and quizzes to be completed on Canvas.

As with the in-person lectures, content covered in the video lectures is testable. The videos and quizzes in these units are designed to help you integrate and solidify your learning. Each unit should take about 1-1.5 hours to complete, including watching the videos and completing the quizzes. We strongly recommend that you complete the units during the scheduled class time to stay up to date.

MORE GRADING DETAILS (cont)

HOW DOES iCLICKER WORK?

We will be using iClicker for participation points for this class. Responding to at least one of the iClicker polls during a given lecture will give you 1 point. There are 30 in-person lectures for this course (not counting the Intro/Syllabus) – so you will have the opportunity to collect 30 points for 3% of your final grade (i.e., 0.1% per class). If you participate in 25/30 classes, you will get the full 3%. Otherwise, you will get the percentage associated with the number of classes in which you participated (i.e., 15/30 = 1.5%). You can find instructions for how to sign up for and use iClicker [here](#). Please note that you will need to sync your iClicker account to Canvas using iClicker Sync in the Course Navigation.

GENERAL COURSE POLICIES

CONTACT INFORMATION

The best way to contact the teaching team is - in this order - through (1) Piazza, (2) visiting us during office hours, and then (3) over email. **Avoid using Canvas' messaging system.** As instructors, we reserve the right to not check our emails over the weekend.

ACADEMIC CONCESSION

If you qualify for academic concession (e.g., you have to miss an exam) please contact Natasha directly. Details on UBC's policy for academic concession are available [here](#).

MAKE-UP ASSESSMENTS

If you are forced to miss a Midterm (e.g., you are sick) we will simply reweigh the value of the missed Midterm to the Final Exam. In other words, we will NOT schedule make-up Midterms. If you are forced to miss both Midterms or the Final Exam, however, we will make appropriate make-up considerations. Please contact Natasha about this.

DEPARTMENT OF PSYCHOLOGY SCALING POLICY

The Department of Psychology reserves the right to scale grades in order to maintain fairness across different sections or with school norms. **The anticipated distribution of grades is an average of 67-69% with SD of 14%.** Once submitted by us, the grades that you receive in this course may be scaled by the faculty (either up or down). Your grades are not official until they appear on your transcript.

GENERAL COURSE POLICIES (cont)

OFFICE HOURS

We will be holding office hours over Zoom and in-person. Information about office hours is available on Canvas and the first page of the syllabus. If you require a meeting with a specific team member but cannot make their office hours due to schedule conflicts or privacy concerns, please contact that team member directly and they will schedule a separate meeting for you.

ACADEMIC MISCONDUCT

The University of British Columbia has a very precise definition of which behaviours count as academic misconduct ([link here](#)). You are strongly encouraged to read and make sure you understand this policy. If you have any questions, please ask us.

If you are struggling with the course, come chat with us.

WELLNESS RESOURCES

In this class, we take your mental health and wellbeing seriously. We know how stressful being a university student can be and we understand that you have other things going on in your lives outside of school.

If you are struggling for any reason, please feel free to contact us directly, so that we can connect you with resources that can help. We promise that you will have our empathy and our understanding.

Below, you will also find a series of resources that are helpful in case you would like to explore them on your own:

- [UBC Wellness Center](#).
- [UBC Thrive Campaign](#).
- [UBC Counselling](#).
- [UBC Psychology Clinic](#).
- [UBC Early Alert Program](#) (if you are concerned about another student).

COURSE SCHEDULE

MONDAY	WEDNESDAY	FRIDAY
Jan 9 INTRO/SYLLABUS <u>Reading:</u> Ch 2	Jan 11 METHODS I <u>Reading:</u> Ch 2	Jan 13 **ONLINE** METHODS II <u>Reading:</u> Ch 2
Jan 16 INTELLIGENCE I <u>Reading:</u> Ch 8.16+	Jan 18 INTELLIGENCE II <u>Reading:</u> Ch 8.16+	Jan 20 INTELLIGENCE III <u>Reading:</u> Ch 8.16+
Jan 23 PERSONALITY I <u>Reading:</u> Ch 12	Jan 25 PERSONALITY II <u>Reading:</u> Ch 12	Jan 27 PERSONALITY III <u>Reading:</u> Ch 12
Jan 30 EMOTION & MOTIVATION I <u>Reading:</u> Ch 9	Feb 1 EMOTION & MOTIVATION II <u>Reading:</u> Ch 9	Feb 3 **ONLINE** EMOTION & MOTIVATION III <u>Reading Ch:</u> 9
Feb 6 MIDTERM #1	Feb 8 HEALTH I <u>Reading:</u> Ch 10	Feb 10 HEALTH II <u>Reading:</u> Ch 10

COURSE SCHEDULE (cont)

MONDAY	WEDNESDAY	FRIDAY
Feb 13 HEALTH III <u>Reading:</u> Ch 10	Feb 15 HEALTH IV <u>Reading:</u> Ch 10	Feb 17 HEALTH V <u>Reading:</u> Ch 10
<i>READING BREAK (Feb 20-24)</i>		
Feb 27 SOCIAL I <u>Reading:</u> Ch 15	Mar 1 SOCIAL II <u>Reading:</u> Ch 15	Mar 3 SOCIAL III <u>Reading Ch:</u> 15
Mar 6 SOCIAL IV <u>Reading:</u> Ch 15	Mar 8 SOCIAL V <u>Reading:</u> Ch 15	Mar 10 SOCIAL VI <u>Reading:</u> Ch 15
Mar 13 <u>MIDTERM #2</u>	Mar 15 DEVELOPMENT I <u>Reading:</u> Ch 11	Mar 17 DEVELOPMENT II <u>Reading:</u> Ch 11
Mar 20 DEVELOPMENT III <u>Reading:</u> Ch 11	Mar 22 DEVELOPMENT IV <u>Reading:</u> Ch 11	Mar 24 **ONLINE*** DEVELOPMENT V <u>Reading:</u> Ch 11

COURSE SCHEDULE (cont)

MONDAY	WEDNESDAY	FRIDAY
Mar 27 DISORDERS I <u>Reading:</u> Ch 13	Mar 29 DISORDERS II <u>Reading:</u> Ch 13	Mar 31 DISORDERS III <u>Reading Ch:</u> 13
Apr 3 TREATMENT I <u>Reading:</u> Ch 14	Apr 5 TREATMENT III <u>Reading:</u> Ch 14	Apr 7 NO CLASS (GOOD FRIDAY)
Apr 10 NO CLASS (EASTER MONDAY)	Apr 12 TREATMENT III <u>Reading:</u> Ch 14	April 14 EXAM REVIEW POSTED