

**Personality Psychology
PSYC 305A-003 (2023 Winter term 2)**

ACKNOWLEDGEMENT

UBC's Point Grey Campus is located on the traditional, ancestral, and unceded territory of the xwməθkwəyəm (Musqueam) people. The land it is situated on has always been a place of learning for the Musqueam people, who for millennia have passed on their culture, history, and traditions from one generation to the next on this site.

COURSE INFORMATION

Course Title	Time & location	Course Code Number	Credit Value
Personality Psychology	Tues/Thurs 11:00 am - 12:30 pm, Buchanan A102	PSYC 305A-003	3

TEACHING TEAM

Role	Name	Contact	Office hours
Instructor	Dr. Hyunjin Koo (she/her/hers)	hj.koo@psych.ubc.ca	Thursdays 1-2pm, Douglas T. Kenny 3524
Teaching Assistant	Aafreen Siddiqui (she/her/hers)	asiddi15@student.ubc.ca	Wednesdays 12-1 pm on Zoom: https://ubc.zoom.us/j/61166809338 Meeting ID: 611 6680 9338 Passcode: 583609 In-person meetings are available by appointment

CONTACTING THE TEACHING TEAM

Feel free to reach out to us! We are happy to answer any brief questions or comments via email (i.e., those that can be addressed in 1-2 sentences). Please use the emails above for communication, not Canvas messages as it creates confusion. We will only respond to emails. Please expect a response within 2 business days. For larger questions, we encourage you to visit our office hours or schedule an appointment. While we regularly respond on weekdays, we appreciate your patience if you contact us over the weekends.

Prior to emailing us, kindly consult the syllabus for information. If your question or concern is addressed in the syllabus, please be aware that you may not receive a response via email.

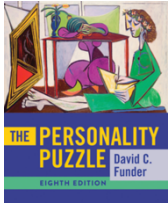
COURSE DESCRIPTION

Why do people feel, think, and behave in certain ways? In this course, we will study the nature and definition of personality as well as its development, structure, dynamic processes, maladaptive forms, and socioecological factors that may influence it.

PREREQUISITES

Prerequisite: Either (a) PSYC 100 or (b) two of PSYC 101, PSYC 102, PSYC 205, PSYC 207, PSYC 208, PSYC 216, PSYC 217, PSYC 277. Strongly recommended: PSYC 102 and either PSYC 216 or one of PSYC 217 or 277.

REQUIRED COURSE MATERIAL



Funder, D. C. (2019). *The Personality Puzzle* (8th edition). New York. W. W. Norton & Company.

We will be using the 8th edition of the textbook, available through the UBC bookstore. If financial pressures prevent you from purchasing the textbook, please contact me (Dr. Koo) so that we can find a way.

KEEPING UP WITH YOUR READING

It is recommended that you keep up with readings according to the schedule on the last page of this syllabus. It is not necessary to have read the corresponding chapter assignments before coming to class.

COURSE FORMAT

Lectures will be LIVE (unless unforeseen circumstances arise, in which case we may use Zoom or prerecorded lectures). Attendance in person is expected, as lectures will not be recorded. Lecture slides will be posted on Canvas, prior to each lecture (1 hour before the lecture at the latest). Class sessions will involve lecturing and in-class activities (e.g., worksheets, iClicker). If you miss a class, please review the slides, read the textbook, and consult peers for notes first. For further assistance, attend the TA or instructor (Dr. Koo)'s office hours.

COURSE WEBSITE/CANVAS

The course will be using Canvas (<http://canvas.ubc.ca>). Announcements, lecture slides, and course materials will be uploaded on Canvas, and you will be asked to submit your assignments through Turnitin and Canvas. It is your responsibility to enable Canvas notifications and stay updated with the latest information about the course, including class announcements.

ASSESSMENTS OF LEARNING

Assessment	% of final grade
2 highest exams out of 3	60% (30% each)
In-class participation	10%
Attendance	5%
Two small assignments	10% (5% each)
Term paper	15%

EXAMS (30% each, 60% total)

There will be three exams in total, and you have the option to drop one exam with the lowest score. The first two exams will be non-cumulative, scheduled during lecture time. Exams are mostly multiple-choice questions with a few short answer or essay questions. Exam questions will cover materials from the lectures, textbook, and additional materials presented in class (e.g., videos, activities, etc.). There will be overlap between the textbook and the lectures, but the lectures may also include material that is not in the textbook and vice versa. In addition, you have the option of taking an OPTIONAL cumulative final exam. Only your two highest exam scores will count toward your final grade. In this way, if you do badly on one of the exams or miss one altogether it is still possible to do well in the course.

The exams are in person, and the dates are as follows:

Exam #1 – February 1; Exam #2 – March 21. OPTIONAL Cumulative Final – TBD.

Note that if you arrive more than 30 minutes late to an exam, you may be refused admittance to the exam and therefore be assigned a grade of “0” on the exam. Students who arrive to an exam after a classmate has completed the exam and left the exam room will not be permitted to write the exam.

Since you have the option to drop one exam, there will be no make-up exams. If you are unable to attend one of the three scheduled exams due to illness, injury, or being out of town, that particular exam will be the one dropped. If you anticipate not being able to take at least two of the scheduled exams, I recommend reconsidering taking this course. If you still wish to do so, please come speak with me as soon as possible, within the first two weeks of class.

SMALL ASSIGNMENTS (5% each, 10% total)

The two small assignments are designed to help you gain a deeper understanding of and apply the concepts you have learned in class. For the Small Assignment #1 (due Feb 13, 11:59 PST), you will complete a personality assessment about yourself and also ask a friend or family member to assess your personality, and compare how similar/different the results are. For the Small Assignment #2 (due Mar 26, 11:59 PST), you will write a reflection paper based on one of the in-class activities scheduled on

February 6th or March 19th. Detailed information and rubrics will be announced in class and on Canvas near the date.

Late assignments up to four days will be accepted, but with the following penalties: One-day late = 1% off; two-days late = 2% off; three-days late = 3% off; four-days late = 4% off. Points will be deducted according to these guidelines regardless of the reason it is late. You are always welcome to complete the assignment before it is due.

You will be asked to submit your assignments to 1) Turnitin and 2) Canvas. Only papers that are submitted both through Turnitin and through Canvas will be accepted and graded.

TERM PAPER (15%)

For the term paper (due Apr 20, 11:59 PST), you can choose to write about your own personality or that of a character from novels, movies, or TV shows (e.g., Harry Potter, Friends). Evaluate the chosen personality and explore how it shapes up, drawing from various personality theories you learn in class. Detailed information and rubrics will be announced in class and on Canvas near the date.

Late assignments up to four days will be accepted, but with the following penalties: One-day late = 1% off; two-days late = 2% off; three-days late = 3% off; four-days late = 4% off. Points will be deducted according to these guidelines regardless of the reason it is late. You are always welcome to complete the assignment before it is due.

You will be asked to submit your term paper to 1) Turnitin and 2) Canvas. Only papers that are submitted both through Turnitin and through Canvas will be accepted and graded.

ATTENDANCE (5%)

Attendance will be recorded using iClicker. Register for the course's iClicker promptly, preferably in the first week, using the code: <https://join.iclicker.com/WVRS>
You must complete 80% of the participation exercises during a lecture to receive participation points for the lecture.

Attendance will be recorded starting Week 3. You can miss up to five classes with no penalties (though you may miss the in-class participation points if there are in-class participation activities on the day you missed). Beyond the limit of five classes, a deduction of 0.5% will be applied for each missed class.

IN-CLASS PARTICIPATION (10%)

There can be several activities during a lecture (often using the course Canvas), and some of them will count toward the in-class participation. Please bring your laptop, tablet, or phone to class so you can access Canvas. If you don't have access to any of these devices, let me know so we can figure out a solution.

There are in-class activities on February 6th and March 19 that count toward the in-class participation percentage. Ensure that you attend at least one of them, as the small assignment 2 involves writing a reflection paper about one of these activities.

EXTRA CREDIT (up to 3%)

As part of this course, you are invited to earn 3% extra credit. There are two options:

1. Human Subject Pool (HSP): Most students will choose to earn these credits by spending three hours participating in psychology studies (worth 1% point for each hour) through the Department of Psychology's Human Subject Pool (HSP) system. You can locate, create an account, and sign up for studies by going to <https://hsp.psych.ubc.ca>. Please register in the system by the end of the first month of classes to have the opportunity to earn your first ½ hour credit with a brief online survey that will increase your eligibility for more studies.

Once registered in the system, you will be able to browse through and select which studies you wish to participate in, sign up for an available timeslot, and confirm your accumulated credits afterward. At the end of the last day of class for the term, the subject pool is closed. At that point, you will no longer be able to receive credits. I strongly urge you to participate in and confirm your credits long before the last week of class since many studies will not offer timeslots near the end of the term and you may be locked out before allocating your credits to your desired course. Further instruction on how to use the HSP online system can be found at <https://psych.ubc.ca/undergraduate/opportunities/human-subject-pool/> in the document entitled "Subject Pool Information for Participants."

2. Alternative assignment: The Library Option

As an alternative to participation in psychology subject pool experiments, you may complete a library-writing project. Such projects consist of reading and summarizing 1) the research question, 2) the methods and 3) the results (in written form) of a research article from the peer reviewed journal Psychological Science. You will receive one (1) research participation credit for each article summary that meets the following requirements.

Requirements:

- The article must have been published in the journal titled "Psychological Science"
- The article must have a publication date from the year 2000 to present (i.e. papers from 2001 are acceptable; those from 1999 or earlier are not)
- The article must be a research article; it cannot be a review article, a news item, a notice, or a letter to the editor, for example
- The summary should be approximately 500 words in length
- You must include your name, student number, course, section, instructor and email address on each summary

- You must log on to the Human Subject Pool (HSP) system (<http://hsp.psych.ubc.ca/>) and create an account before submitting your article summaries. Your credit is assigned using the online system.

For each course, you may obtain the same number of extra credits via the library option as specified in the course syllabus (i.e. the same number of credits available for students who participate in research). Summaries must be submitted no later than 10 days before the end of classes.

You are to submit your article and your summary to turnitin.com. If you don't have a turnitin account already (from a previous course), you will need to create a user account in Turnitin. For the library assignment the class ID is 40264948, class name is "HSP W1 2023-2024" and password is "Research". See www.turnitin.com, and click on the "Training" link at the top of the page for detailed instructions on how to submit papers to Turnitin. Any student who is suspected of plagiarism will, at a minimum, not be granted credit, and their course instructor will be notified. Further action may be taken at a departmental or university level.

HSP Online Study Credit Limit (NEW PILOT PROGRAM):

We will no longer have an online credit limit. Instead, students are free to receive their HSP bonus credits from any combination of "in-lab" and "online" studies. However, "in-lab" studies will offer a bonus 0.5 credits on top of the standard 0.5 credits per 30 minutes of participation (e.g., a 1 hour "in-lab" study will award 1.5 credits, while an equivalent "online" study will award 1 credit).

Please note, that a) you cannot combine these two options (i.e., if you are participating in psychological studies to earn extra credit points for this course, please do not participate in the library option) and b) you cannot earn more than 3 extra credit percentage points under any circumstances.

Any extra credit percentage points that you earn will be added to your final course grade after any scaling has been applied (if at all).

SCALING OF GRADES

In order to reduce grade inflation and maintain equity across multiple course sections, all psychology courses are required to comply with departmental norms regarding grade distributions. The average grade in 100- and 200-level Psychology classes will be 72 for an exceptionally strong class, 70 for an average class, and 68 for a weak class, with a standard deviation of 14. The corresponding figures for 300-level classes will be 75, 73, and 71, with a standard deviation of 13. 400-level classes and selective-entry lower-level classes in the BSc and Honours programs (e.g., PSYC 277, 278, 312, 370, 371, 349, 359, 365) will be 82, 80, and 78, with standard deviations of 8-12. Scaling may be used in order to comply with these norms; grades may be scaled up or down as necessary by the professor or department. Grades are not official until they appear on a

student's academic record. Students receive both a percent and a letter grade for this course.

UNIVERSITY POLICIES ON EQUITY, INCLUSION, DIVERSITY, & RESPECT

University courses should be conducive to learning and rigorous intellectual inquiry within a context in which everyone feels included and respected—regardless of race, ethnicity, gender identity, gender expression, sexual orientation, political or religious affiliations, ability, age, social status, etc. All students in this class are encouraged to express themselves thoughtfully when discussing course material; and, when you do express yourself, it's important that you do so in a manner that shows respect for every other member of this class. Therefore, please make sure that you're familiar with UBC's Student Code of Conduct and with UBC's policies on building and maintaining a respectful environment. You can find additional information about resources pertaining to equity, diversity, and inclusion on the Psychology Department's website:

<https://psych.ubc.ca/about/equity-inclusion/>

UBC provides resources to support student learning and to maintain healthy lifestyles but recognizes that sometimes crises arise and so there are additional resources to access including those for survivors of sexual violence. UBC values respect for the person and ideas of all members of the academic community. Harassment and discrimination are not tolerated nor is suppression of academic freedom. UBC provides appropriate accommodation for students with disabilities and for religious observances. UBC values academic honesty and students are expected to acknowledge the ideas generated by others and to uphold the highest academic standards in all of their actions. Details of the policies and how to access support are available on the UBC Senate website.

ACADEMIC INTEGRITY AND MISCONDUCT (DON'T CHEAT)

Psychology Department's Position on Academic Misconduct

Cheating, plagiarism, and other forms of academic misconduct are very serious concerns of the University, and the Department of Psychology has taken steps to alleviate them. In the first place, the Department has implemented software that can reliably detect cheating on multiple-choice exams by analyzing the patterns of students' responses. In addition, the Department subscribes to TurnItIn – a service designed to detect and deter plagiarism. All materials (term papers, lab reports, etc.) that students submit for grading will be scanned and compared to over 4.5 billion pages of content located on the Internet or in TurnItIn's own proprietary databases. The results of these comparisons are compiled into customized "Originality Reports" containing several sensitive measures of plagiarism; instructors receive copies of these reports for every student in their class. In all cases of suspected academic misconduct the parties involved will be pursued to the fullest extent dictated by the guidelines of the University. Strong evidence of cheating or plagiarism may result in a zero credit for the work in question.

According to the University Act (section 61), the President of UBC has the right to impose harsher penalties including (but not limited to) a failing grade for the course, suspension from the University, cancellation of scholarships, or a notation added to a student's transcript.

All graded work in this course, unless otherwise specified, is to be original work done independently by individuals. If you have any questions as to whether or not what you are doing is even a borderline case of academic misconduct, please consult your instructor. For details on pertinent University policies and procedures, please see Chapter 5 in the UBC Calendar (<http://students.ubc.ca/calendar>) and read the University's Policy 69 (available at <http://www.universitycounsel.ubc.ca/policies/policy69.html>).

UBC provides resources to support student learning and to maintain healthy lifestyles but recognizes that sometimes crises arise and so there are additional resources to access including those for survivors of sexual violence. UBC values respect for the person and ideas of all members of the academic community. Harassment and discrimination are not tolerated nor is suppression of academic freedom. UBC provides appropriate accommodation for students with disabilities and for religious and cultural observances. UBC values academic honesty and students are expected to acknowledge the ideas generated by others and to uphold the highest academic standards in all of their actions. Details of the policies and how to access support are available here (<https://senate.ubc.ca/policies-resources-support-student-success/>)

ACADEMIC ACCOMMODATION FOR STUDENTS WITH DISABILITIES

Academic accommodations help students with a disability or ongoing medical condition overcome challenges that may affect their academic success. Students requiring academic accommodations must register with the Centre for Accessibility. The Centre will determine that student's eligibility for accommodations in accordance with Policy LR7: Academic Accommodation for Students with Disabilities. Academic accommodations are not determined by your instructors, and instructors should not ask you about the nature of your disability or ongoing medical condition, or request copies of your disability documentation. However, instructors may consult with the Centre for Accessibility should the accommodations affect the essential learning outcomes of a course.

ACADEMIC CONCESSIONS

Under UBC's academic concession policy, students who are unable to complete required coursework in a timely way might qualify for academic concession for any of three reasons: conflicting responsibilities; medical circumstances; and compassionate grounds. You should make sure that you are familiar with these policies prior to seeking any form of academic concession. If you miss marked coursework and, after reviewing those policies carefully, you believe that you qualify for academic concession, here's what you should do:

If you are a student in the Faculty of Arts, review the Faculty of Arts' academic concession page and then complete Arts Academic Advising's online academic concession form, so that an Arts Academic Advisor can evaluate your concession case. If you are a student in a different Faculty, please consult your Faculty's webpage on academic concession, and then contact your instructor if appropriate.

ADDITIONAL RESOURCES

Additional resources may also be helpful as you contend with the challenges of taking university courses during a pandemic, and just dealing with life's challenges more broadly.

- Guidance for online classes: <https://keeplearning.ubc.ca/>
- Assistance with working remotely: <https://it.ubc.ca/ubc-it-guide-working-campus>
- Guidance on useful skills for students: <https://learningcommons.ubc.ca/student-toolkits/>
- Student's guide to Canvas: <https://students.canvas.ubc.ca/>
- COVID-19 health guidance: <https://covid19.ubc.ca/health-guidance-and-vaccines/>
- Mental health support: <https://students.ubc.ca/health/mental-health-during-covid-19>
- Counselling Services: <https://students.ubc.ca/health/counselling-services>
- Wellness Centre: <https://students.ubc.ca/health/wellness-centre>
- Student Health Services: <http://students.ubc.ca/health/student-health-service>

COPYRIGHT, INTELLECTUAL PROPERTY, AND AUTHORSHIP OF THIS SYLLABUS

Course materials are the intellectual property of the instructor and these cannot be redistributed (e.g., posted on any other website, or shared in any other way) without the instructor's permission. Violation of these policies may lead to academic discipline.

This syllabus was written by Hyunjin Koo (hj.koo@psych.ubc.ca) and heavily draws upon the syllabus written by Holly Engstrom, Lucy De Souza, Friedrich Götz, Azim Shariff, David King, Oliver Sng, the UBC Psychology Community of Practice, and the Faculty of Arts Syllabus Guide.

TENTATIVE COURSE SCHEDULE

W	Date	Topic	Reading	Due dates
1	Jan 9	Course introduction		
1	Jan 11	Introduction to Personality Psychology	Ch 1	
2	Jan 16	Personality Research Methods & Assessment	Ch 2, 3	
2	Jan 18	Persons & Situations	Ch 4	
3	Jan 23	Personality Judgment	Ch 5	
3	Jan 25	Traits and types: The Big Five and Beyond 1	Ch 6	
4	Jan 30	Traits and types: The Big Five and Beyond 2	Ch 6	
4	Feb 1	Exam 1 (in class)		
5	Feb 6	In Class Activity Day (Friend-speed-dating)		
5	Feb 8	Guest lecture via Zoom		
6	Feb 13	Personality Stability, Development, and Change 1	Ch 7	Small assignment 1 (due Feb 13th, 11:59 PST)
6	Feb 15	Personality Stability, Development, and Change 2	Ch 7	
7	Feb 20 & 22	Family Day & Midterm break!		
8	Feb 27	The Anatomy and Physiology of Personality	Ch 8	
8	Feb 29	The inheritance of Personality	Ch 9	
9	Mar 5	Humanistic Psychology and Positive Psychology	Ch 12	
9	Mar 7	Science of Happiness	Ch 12	

10	Mar 12	Cultural variations in Experience, Behavior, and Personality 1	Ch 13	
10	Mar 14	Cultural variations in Experience, Behavior, and Personality 2	Ch 13	
11	Mar 19	In Class Activity Day (Become a personality psychologist yourself!)		
11	Mar 21	Exam 2 (in class)		
12	Mar 26	Personality Processes: Learning, Motivation, Emotion, and Thinking 1	Ch 14	Small assignment 2 (due Mar 26th, 11:59 PST)
12	Mar 28	Personality Processes: Learning, Motivation, Emotion, and Thinking 2	Ch 14	
13	Apr 2	The Self	Ch 15	
13	Apr 4	Mental and Physical Health	Ch 17	
14	Apr 9	Applications of Personality Psychology 1		
14	Apr 11	Applications of Personality Psychology 2		Term paper (due Apr 20th, 11:59 PST)
April 16-27		Final Exam (TBD)		

* This schedule is subject to change, and any modifications will be announced in class. Please regularly check the syllabus for the most up-to-date information.