

PSYC 102: Introduction to Developmental, Social, Personality, and Clinical Psychology

Time: Tuesday and Thursday, 9:30am – 11am
Location: Earth Sciences Building (ESB) 1013
Instructor: E. David Klonsky, Ph.D.
Office Hours: Flexible, by email appointment
E-mail: EDKlonsky@psych.ubc.ca

Graduate TA

David Manuel (dmanuel@psych.ubc.ca), Kenny 1507 (office hour Wednesdays 4-5pm)
note: When you email please indicate you are in PSYC 102 and include your Student ID#.

Course Description

This course provides an introduction to basic methods and topics in psychology. Whereas Psychology 101 focuses on fundamental processes such as sensation, perception, learning, and memory, Psychology 102 focuses on more complex aspects such as relationships, personality, development, intelligence, and mental disorders. This course places particular emphasis on understanding *how* psychological researchers reveal knowledge about these important and fascinating aspects of psychology. The course website is: <https://canvas.ubc.ca/courses/155456>.

Text

Interactive Psychology, by Gross, Schmader, Hard, and Anderson. This text is required and available through the campus bookstore. By design, this is an online text. I chose it because its online format is user-friendly and engaging, it has received positive reviews from students, and it is cheaper than most hard-copy options.

Preparation and Attendance

It is important that you keep up with the assigned readings and review the lecture material regularly. Information taught in lecture will be beyond textbook material.

Participation

Asking questions in class is encouraged. I invite your questions. You do not have to worry about asking 'stupid' questions. You may also attend office hours if you have questions not answered in lecture. However, office hours are not for teaching students information they missed because they skipped class.

Academic Honesty

The University policy on "Student Conduct and Discipline" defines academic misconduct and guidelines of misconduct if suspected. Cheating includes but is not limited to: "i. falsification of any material subject to academic assessment, including research data; ii. use of or participation in unauthorized collaborative work; iii. use in an examination of any materials or devices not specifically permitted by the instructor or examiner; and iv. use or facilitation of unauthorized means to complete an examination or coursework."

Academic Resources and Accommodations

I strive to create a community that values you as a person, respects your ideas, and honours your identities (including but not limited to race, ethnicity, gender, sex, sexuality, socioeconomic background, religion, political affiliation, ability, age). I also welcome any feedback you have, and will do my best to work with you in a way that meets your learning needs. For instance, although I aspire to create an inclusive environment, I (or someone else in the class) may say or do

something inadvertently that is counter to this, in which case I would like to understand this. Please approach me at any time. Anonymous feedback is also an option.

In addition, UBC provides resources to support students. This webpage houses links to many programs available for graduate students that promote health and wellbeing, as well as provide assistance when crises arise: <https://www.grad.ubc.ca/current-students/health-wellbeing-safety>
There are also resources within UBC for conflict resolution or dealing with unsafe environments: <https://www.grad.ubc.ca/current-students/managing-your-program/conflict-resolution>

Finally, students with medical conditions or disabilities requiring accommodations are encouraged to contact the Centre for Accessibility at UBC: <https://students.ubc.ca/about-student-services/centre-for-accessibility>. They will consult with you about the various options and help you to obtain the appropriate documentation and recommended accommodations. We will 100% accommodate any recommendations from the Centre.

Grading

Your final grade in this course will be based on three components:

- 1. Mid-term exams = 58%** There will be two midterm exams. Both will be multiple-choice format. Each midterm exam will count for 29% of your final grade. Please take note of the midterm exam dates. Makeup exams will only be given in extreme circumstances (e.g., documented medical emergency).
- 2. Final exam = 40%** The final exam will be cumulative and cover all information taught during the semester. It will be similar in format to the mid-term exams.

- 3. Research Experience Component = 2% + 3% extra credit possible**

Developing an understanding of psychology as a science requires a working knowledge of how research psychologists study human behavior. One of the best ways to acquire this knowledge is to participate in psychological research. Students will be expected to earn at least 2 participation credits by participating in accredited psychology experiments at UBC. As an alternative to participating in studies, students can complete writing projects, in which you read and summarize a research article. See the HSP website for detailed information including due dates and submission procedures for the writing projects. Also see the "HSP Syllabus Supplement" on Canvas. To register and participate, visit <https://psych.ubc.ca/hsp>.

Grading Distribution

Based on Department of Psychology grading distribution requirements, it is expected that the mean class grade will be approximately 68-71 with a standard deviation of 14. If the class average deviates substantially from this mark, a curve may be instituted to ensure the proper grading distribution (though I avoid curves at all costs, have not had to use one in 14 years). In addition, some items on the midterm exams and/or final exam that represent more central concepts may count more than other items for grading purposes.

Lecture and Reading Schedule

Date	Event	Topic	Readings
Jan. 7		Introduction and Scientific Method	Syllabus, Chapter 1
Jan. 9		Scientific Method	Chapter 2
Jan. 14		Scientific Method	Chapter 2
Jan. 16		Social Psychology	Chapter 15
Jan. 21		Social Psychology	Chapter 15
Jan. 23		No Class – Instructor Away	
Jan. 28		Social Psychology	Chapter 15
Jan. 30		Personality	Chapter 12
Feb. 4		Personality	Chapter 12
Feb. 6		Intelligence	Chapter 8 (<u>only 8.16-8.22</u>)
Feb. 11		Intelligence	Chapter 8 (<u>only 8.16-8.22</u>)
Feb. 13	Midterm 1		
Feb. 18		No Class – Midterm Break	
Feb. 20		No Class – Midterm Break	
Feb. 25		Motivation	Chapter 9
Feb. 27		Emotion	Chapter 9
Mar. 4		Emotion	Chapter 9
Mar. 6		Stress and Health	Chapter 10
Mar. 11		Stress and Health	Chapter 10
Mar. 13		Development	Chapter 11
Mar. 18		Psychological Disorders	Chapter 13
Mar. 20		Psychological Disorders	Chapter 13
Mar. 25		Psychological Disorders	Chapter 13
Mar. 27	Midterm 2		
Apr. 1		Psychological Disorders/Therapies	Chapter 13/14
Apr. 3		Therapies	Chapter 14
Apr. 8.		Therapies	Chapter 14
TBA	FINAL EXAM		